My Life As A Mom

Issue 10 October 2026

Love Life As It Is, Enjoy What You Do.

2026 Fall Garden Plans

Book of the Month:
Behind A Locked Door

Crafting
Projects & Tools

The Mom
Cocktail Series

Sunday
Motivation



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FROM THE EDITOR'S DESK



Hello, Friends!

As November arrives, it brings the cool embrace of late autumn, making it the perfect time for cozy gatherings and fresh beginnings! This month, I'm excited to share my garden plans, daily routine, and insights into my everyday life. I'll also introduce creative ideas for my fall garden, unveil new recipes, spotlight a book of the month, and much more. Additionally, I'll be including some delightful autumn décor ideas. I warmly invite you to join me on my blog and can't wait to see you there!

Sincerely,

Jagwela Hudson

Blogger & Editor

minted

Quélas Designs & Planning

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Quela's SIP & PARTY

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Take our tea quiz to get matched up with the best teas for your taste.

Best Sellers

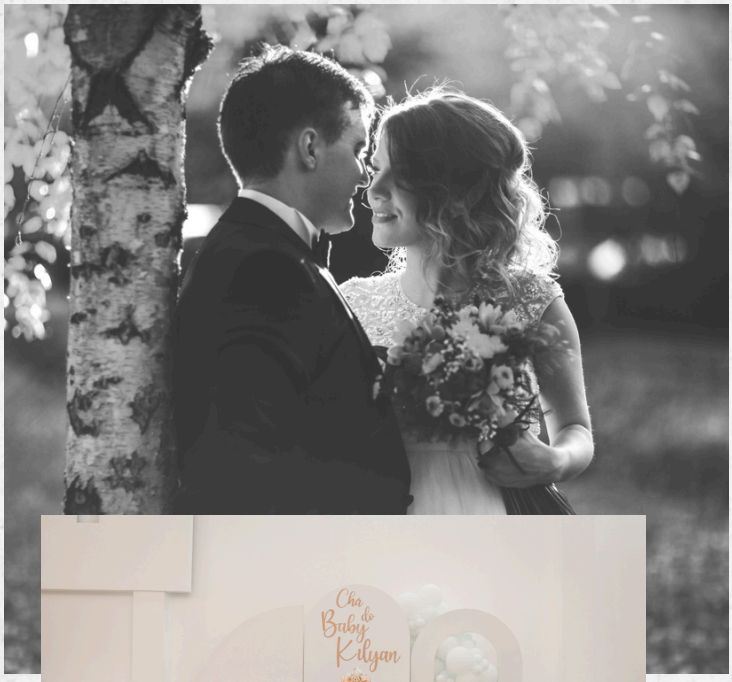


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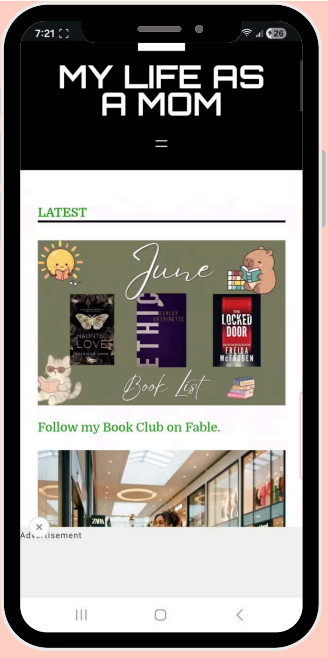
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Make it personal

My Life As A Mom Newsletter





What to look for?

Top Podcast - Sharing my favorite podcast
Affiliate Post - Check out some deals from some of my affiliates
All About Wine - Wine Wine Winesday every Wednesday
Garden Saturday - Take a Scroll in my garden

MOMENT AS A MOTHER

LEARN THE STRENGTH WITHIN

MOM

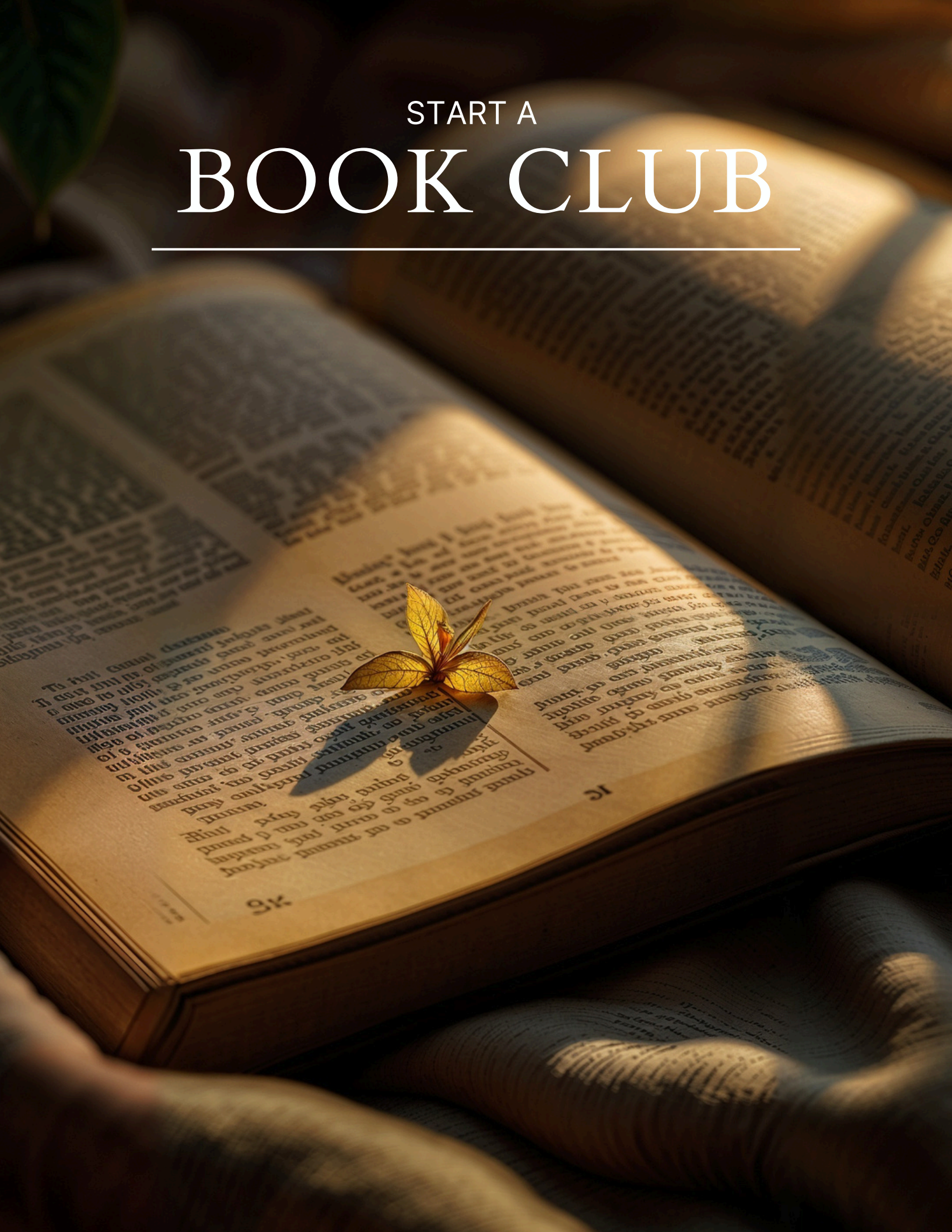
#Momlife

Natural Cleaning Recipes

Come make homemade sanitizers, disinfectants, and more with me on My Life As A Mom Blog



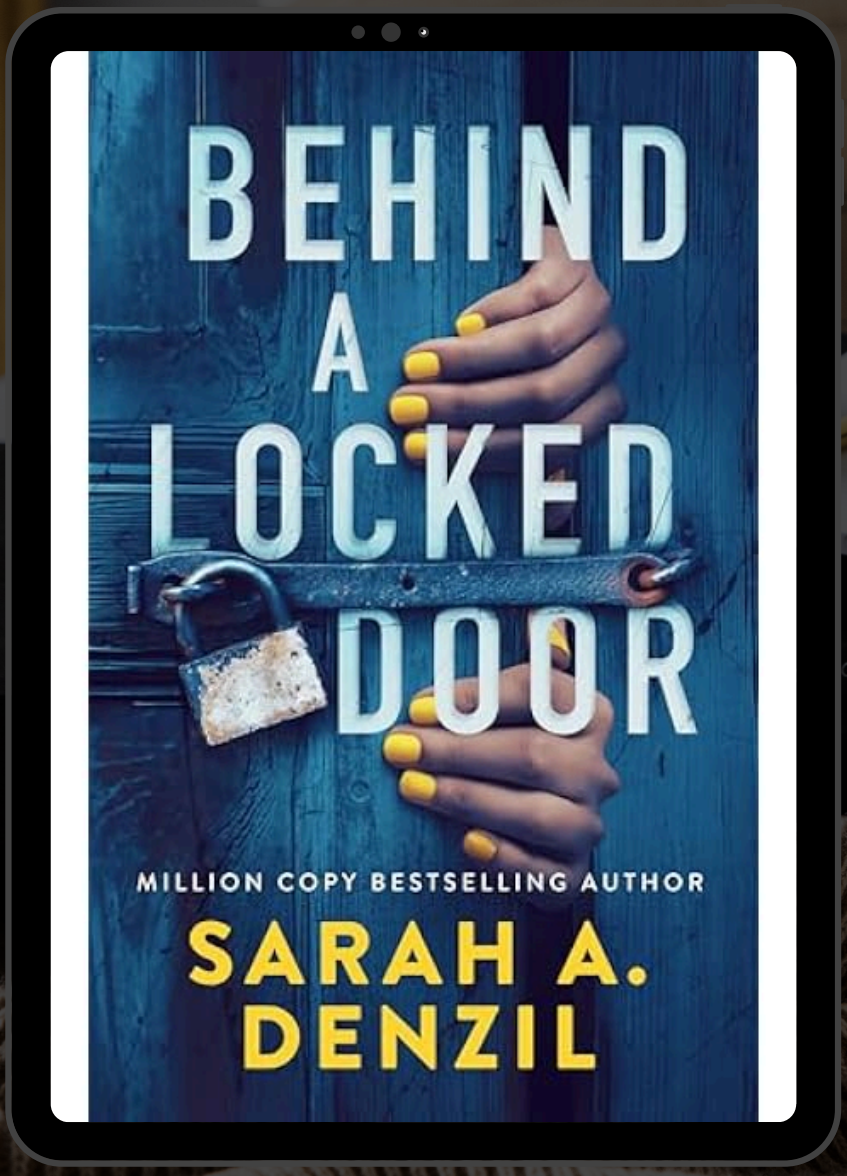
Qesign


START A
BOOK CLUB

START A BOOK CLUB

BOOK OF THE MONTH

Behind A Locked Door



She opened the wrong door. Now her life will never be the same.

When Lucy Foster visits her old friend, she doesn't expect to hear a baby crying behind a locked cellar door. But what she finds shatters everything she thought she knew: a terrified teenage girl and a newborn, hidden away like a secret shame.

As Lucy's quiet life spirals into a media frenzy, and as the town turns against her, one thing becomes clear—someone is watching. And they want Lucy to stop helping the girl in the cellar.

Because the truth is darker than anyone imagines. And unlocking it may cost Lucy everything.



Mom Cocktail Series:

A Weekly Sip of Self-Care

Motherhood is beautiful, chaotic, exhausting, and rewarding—often all within the same hour. Between school runs, work deadlines, laundry piles, and the constant mental checklist, it's easy to forget one very important person: you. That's exactly where the Mom Cocktail Series comes in—a simple, fun reminder that you deserve a moment to unwind.

This weekly series is all about carving out a little "me time" in a way that feels light, enjoyable, and totally judgment-free. Whether it's five quiet minutes after the kids go to bed or a rare afternoon to yourself, the idea is to create a small ritual you can look forward to each week.

Each post in the series features an easy-to-make cocktail (and sometimes a mocktail option), designed with busy moms in mind. No complicated ingredients. No fancy bar tools required. Just simple recipes that bring a touch of joy to your routine. Think refreshing, pretty, and just a little indulgent—because you've earned it.

But this series isn't really about the drinks. It's about what they represent.

It's about pausing instead of rushing.

It's about savoring instead of multitasking.

It's about reconnecting with yourself outside of your role as "mom."

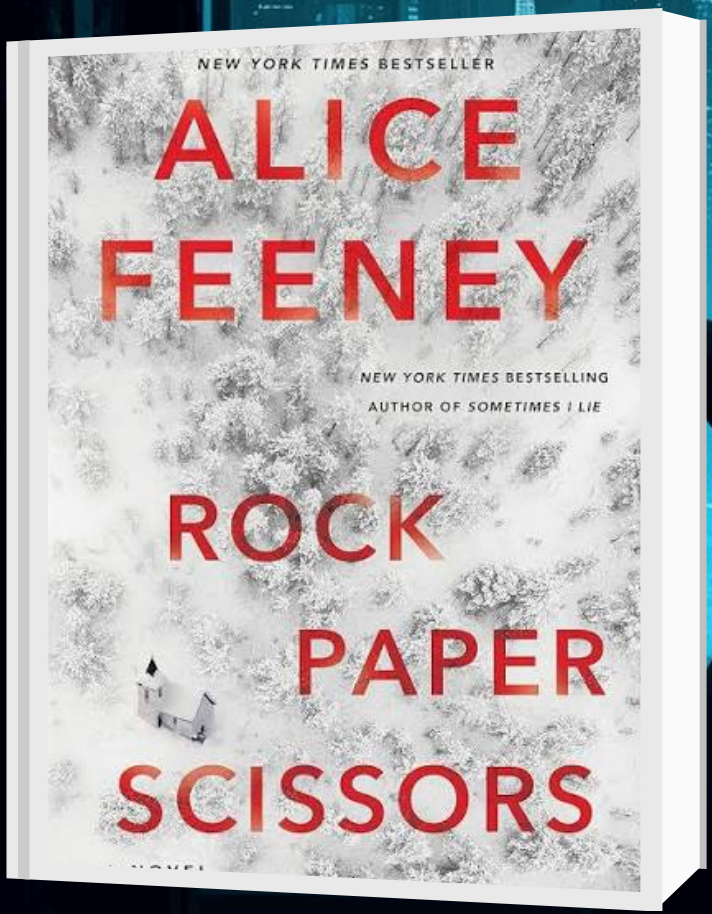
Maybe your version of this moment includes a cozy blanket and your favorite show. Maybe it's music in the background and a quiet kitchen. Or maybe it's laughter shared with a friend over FaceTime. However it looks, this is your time—and it matters.

The Mom Cocktail Series is your weekly invitation to slow down, breathe, and enjoy something just for you. Because taking care of yourself isn't extra—it's essential.

So go ahead—pour a glass, take a sip, and celebrate the small moments. You deserve them.

The Late Night Read

Look for The Late Nighy Read on My Life As A Mom Blog



Check out the book review on My Life As A Mom Blog.

Craft with Me

Join me for some crafting lessons. I love to make things in my spare time, as it allows me to express my creativity and unwind from the hustle and bustle of daily life. Crafting offers a wonderful opportunity to explore different materials and techniques, whether it's through knitting, woodworking, painting, or any other form of art that speaks to you. It's a chance to immerse yourself in the process, finding joy in the act of creating something with your own hands.

In these lessons, we'll not only focus on the technical skills needed to bring your ideas to life but also on the importance of infusing your personal style into each project. Crafting is about more than just the final product—it's about the journey, the experimentation, and the satisfaction of making something uniquely yours.

Whether you are a beginner eager to learn the basics or an experienced crafter looking for new inspiration, these sessions will cater to all skill levels. Together, we will explore a variety of projects that you can customize to suit your taste and home decor. So gather your supplies, bring your enthusiasm, and let's embark on this creative adventure together!





It's a beautiful way to blend creativity with emotion, resulting in pieces that hold personal significance and tell a story. Each handmade item becomes a cherished keepsake, a tangible reminder of the love and effort poured into its creation.

In our crafting sessions, we'll explore how to infuse heartwarming sentiments into your projects, transforming everyday materials into extraordinary expressions of affection. Whether you're crafting a gift for a loved one or creating something special for yourself, the process allows you to slow down and savor the moment, making each stitch or brushstroke a celebration of love and creativity.

So, let's gather our tools, let our imaginations run wild, and create beautiful pieces that not only enhance our surroundings but also touch our hearts.



Craft Made by You

Together, we'll dive into a world of color, texture, and form, discovering innovative ways to bring your creative visions to life. With each lesson, you'll gain confidence in your abilities and uncover the joy of experimentation, all while developing a style that is distinctly yours.

Our sessions are designed to be interactive and engaging, encouraging you to share your ideas and draw inspiration from fellow crafters. We'll explore a range of materials, from traditional to unconventional, and learn how to combine them in unexpected ways to create stunning results.

Whether it's mastering the basics of a new medium or perfecting advanced techniques, you'll find that each project is a stepping stone towards greater artistic expression. So, let's get started on this exciting journey of discovery and creativity. Your masterpiece awaits!

TOOLS FOR CRAFTING

My Crafting Tool

Knitting





Cricut Explore 3



Cricut Heat Press



Wood Burning Tool



Candle Making



Cup Turner Tumbler



Sewing Machine



Etch Drill

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Streamline your festive preparations with one handy planner for budgeting, shopping, menus, gift lists, and more.

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Fall Tasting

Celebrate the Holiday Season with OneHope

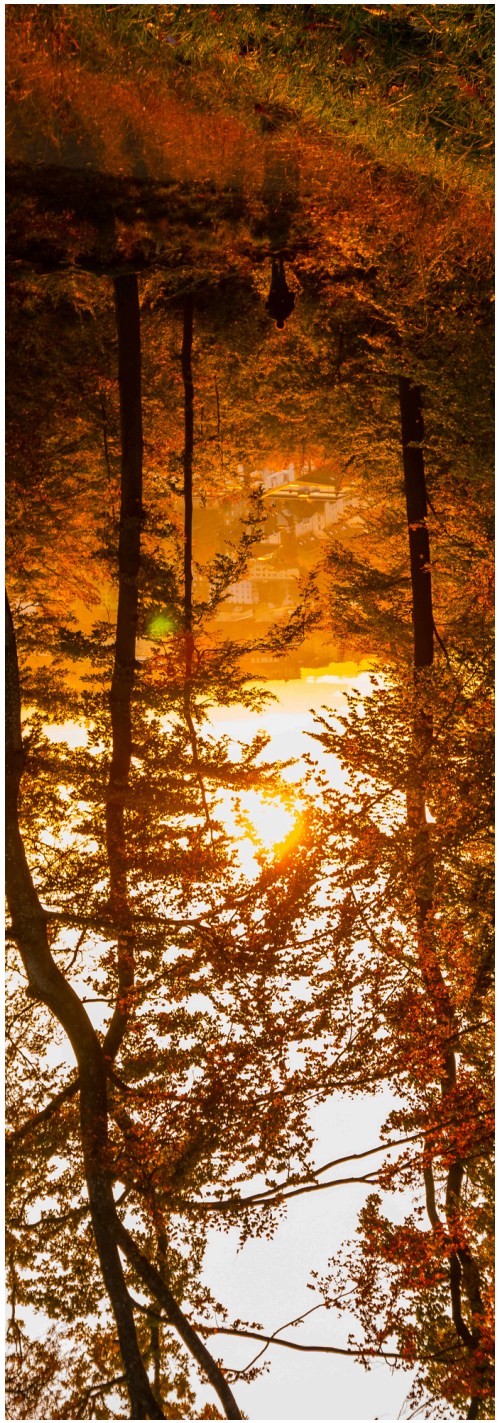
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1 **1. Explore the Possibilities**

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2 **2. measure your space**

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3 **3. Design Your Solution, Your Way**

Use our free design tool or design service to get started.

4 **4. Receive Your Order and Install**

Our DIY installation method is designed with first-time do-it-yourselfers in mind.

5 **5. Organize, Enjoy, and Share**

Place your belongings into their newly functional and organized space and enjoy for years to come.

Getting Ready for Winter

Planning Your Winter Garden





Plan Your Garden

With the New Year comes fresh plans and a new garden! This month, I'm excited to map out all the plants I intend to cultivate. I enjoy strategizing the layout of my garden, deciding where each plant will thrive and where they won't. Over time, I've discovered which plants grow well together and which do not. Having a clear plan for where everything will be planted ahead of time makes spring planting so much easier. Join me on my journey of planning and planting!

Seed Collection

If you have a seed collection similar to mine, take the time to review it and ensure that none of the seeds are open, sprouting, damp, or moldy. For any seeds exhibiting these issues, seal them properly, dispose of those with mold, or plant any that have started to sprout roots.



Get Your Seedlings Ready for Planting

I prefer to categorize my seedlings into groups such as vegetables, flowers, fruits, and herbs, and then plant them together in sections. To prepare your seedlings for planting, you'll need the following items:

- Soil
- Seedling containers
- Plant food
- Water
- A sunny and warm location

Plan Your Garden Layout

One important lesson I've learned over the years is to carefully determine where to position your plants. Identifying the right spots for your plants is crucial, as each one requires specific amounts of sunlight, water, and nutrients to thrive.

Frost Protection

One crucial task for winter is ensuring that your plants are either covered or brought indoors to shield them from frostbite. This will help safeguard your plants.

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hey happiness







The holiday season is just around the corner, and it's the perfect time to surprise your loved ones with something truly special. Why not explore the enchanting collection at Hey Happiness? Their exquisite jewelry pieces are crafted to express love and affection in the most beautiful way. Each item is delicately packaged, adding a touch of elegance to your gift. Whether it's a sparkling necklace, a pair of heart flutter. Celebrate this holiday season with a gift that captures the essence of your feelings, making every moment together unforgettable.

FACE19

Traveling in 2027







With 2027 upon us, it's time for more adventures and exploration this year. Join me on this exciting journey as we travel, sample new cuisines, discover remarkable artifacts, and so much more.

What destinations do you plan to visit in 2027?

Mexico: Cancun, Cozumel
Aruba: Oranjestad
Bonaire: Kalendijk
Curaçao: Willemstad
Dominican Republic: Punta Cana, Puerto Plata
Turks and Caicos
Grand Caymen Islands
St. Marteen
Bahamas: Nassau, Grand Bahamas, Freeport
Jamaica: Montego Bay, Ocho Rios, Negril

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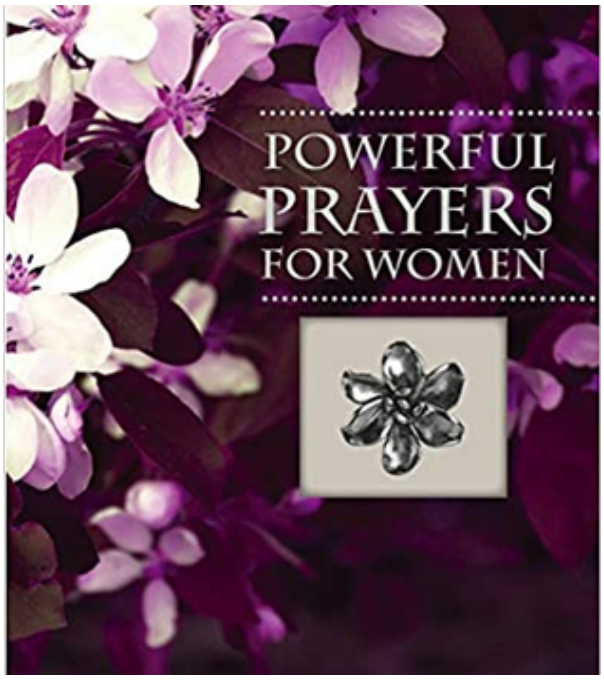


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Diffuse while relaxing or meditating to foster a calm, centered mindset.
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Terms:
Limit of one Product of the Month per account while supplies last. Available November 1–15, 2026, with a 125 PV Rewards order or anytime in November with a Foundational Wellness Bundle purchase on doTERRA Rewards.

SUNDAY MOTIVATION



TAKE A MOMENT TO BREATHE AND PRAY BIBLE STUDY WITH ME

Pause for a moment
to breathe and reflect.
Engage in prayer.

Allow your thoughts to settle like leaves on a still pond. Embrace the tranquility that surrounds you and let gratitude fill your heart. In these moments of reflection, find strength and inspiration to carry you through the week. Let your spirit be rejuvenated, ready to embrace new challenges and opportunities with a renewed sense of purpose and optimism.

FAVORITE LISTENING APPS

Bible study apps are crucial for enhancing scripture understanding, featuring study guides, daily devotionals, and interactive reading plans. They accommodate various learning styles with audio versions, verse-by-verse analysis, and theologian commentaries. Users can personalize their experience with highlighting, annotating, and bookmarking. Many apps also offer community forums for discussion and support, benefiting individual and group studies.

Bible.com
YouVersion
BibleProject App

STUDY



Welcome to our Bible Study. As we gather to explore the scriptures, let us open our hearts and minds to the teachings within. Together, we will delve into the profound wisdom and timeless truths, seeking to deepen our understanding and strengthen our faith. Let's begin this journey of spiritual growth and discovery.

TOOLS



Bible Study Tools are essential for enhancing your understanding of scripture. They can help you delve deeper into the text, providing historical context, language insights, and thematic connections. Whether you're using commentaries, concordances, or digital resources, these tools can enrich your study and facilitate a more meaningful exploration of biblical teachings.

Mom Life

🌸 What “Mom Life” Means on My Life As A Mom

My Life Hobbies as a Mom is a lifestyle and motherhood blog focused on the everyday realities of being a mom balancing family, personal interests, faith, home life, and self-care. The Mom Life category centers on real-life experiences and encouragement for mothers at different stages of parenting.

🍼 Core Themes You’ll See in “Mom Life”

The Mom Life content typically includes:

- Everyday motherhood experiences
- Reflections on parenting highs and lows, routines, challenges, and growth as a mom
- Encouragement & inspiration
- Posts meant to uplift moms emotionally and spiritually, especially during overwhelming seasons of life
- Personal stories
- Honest, relatable moments from the author’s own life as a mother—often written in a warm, conversational tone
- Faith & family values
- Many posts reflect faith-based encouragement woven into parenting and daily life
- Balance & self-care
- Finding time for hobbies, rest, and personal fulfillment while raising children

Outfit of the Week



Wine Wine Wednesday



On Wine Wine Wednesday, people often gather to enjoy a glass of wine and unwind. It's a midweek tradition that provides a moment of relaxation and socialization. Check out the Wine of the week every Wednesday.

Thirsty Thursday



Welcome to Thirsty Thursday! Get cozy with these delightful fall drink recipes:

🍂 Spiced Apple Cider Sangria
What you need:

- Apple cider
- Red wine (like Merlot)
- Sliced apples and oranges
- Cinnamon sticks
- A splash of brandy

Vibe: Warm, spicy, and perfect for crisp autumn evenings.

🍊 Pumpkin Spice White Russian
What you need:

- Vodka
- Coffee liqueur
- Pumpkin spice creamer
- Ice cubes
- Whipped cream and a sprinkle of nutmeg for garnish

Vibe: Creamy and indulgent, ideal for pumpkin spice lovers.

Enjoy your fall Thursday with these comforting drinks!



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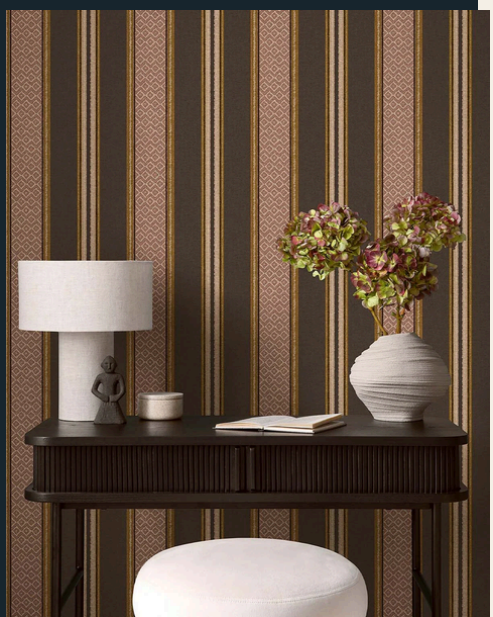
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DŌTERRA

a season of WONDER



Cherished memories, new traditions, and people who make the holidays feel like home. For some, it's sharing gifts and memories by the fire. For others, it's filling the kitchen with familiar aromas and creating new ones. This season, we invite you to rediscover the warmth and connection of gathering together.

From sharing familiar favorites like Cinnamon Drops and Holiday Joy to starting a new countdown tradition with the doTERRA Advent Calendar, discover thoughtful ways to bring beloved traditions to life and welcome new ones!

Celebrate holiday moments, make room for something new, and fill the season with wonder.


December
COMING SOON
Ocotber 2026