

MY LIFE
AS A MOM

Issue 5
May 2026



Love Life As It Is, Enjoy What You Do



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FROM THE EDITOR'S DESK



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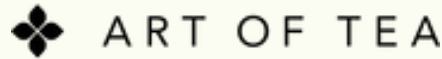
Hello, Friends!

As May arrives, it brings the full bloom of late spring, making it the perfect time for vibrant gatherings and new beginnings! This month, I'm excited to share my garden plans, daily routine, and insights into my everyday life. I'll also introduce creative ideas for my spring garden, unveil new recipes, spotlight a book of the month, and much more. Additionally, I'll be including some delightful spring décor ideas. I warmly invite you to join me on my blog and can't wait to see you there!

Sincerely,

Paquela Hudson
Blogger & Editor





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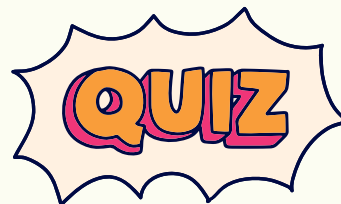
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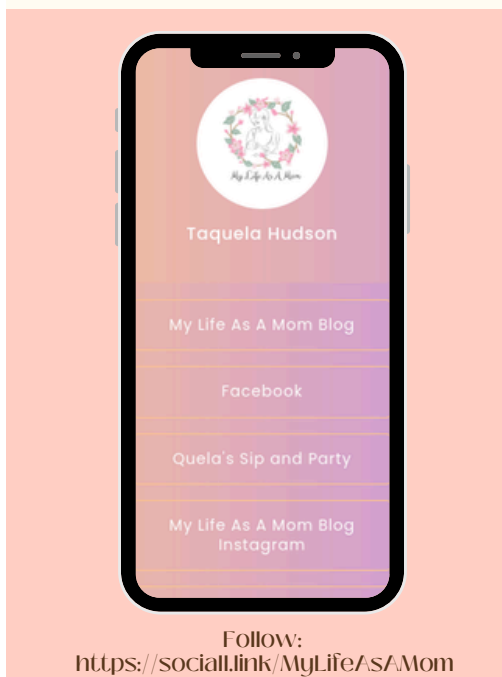


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Make it personal

My Life As A Mom Newsletter



What to look for?

Top Podcast - Sharing my favorite podcast

Affiliate Post - Check out some deals from some of my affiliates

All About Wine - Wine Wine Winesday every Wednesday

Garden Saturday - Take a Scroll in my garden

MOMENT AS
A MOTHER
LEARN THE STRENGTH
WITHIN

MOM
#Momlife

Natural
Cleaning Recipes

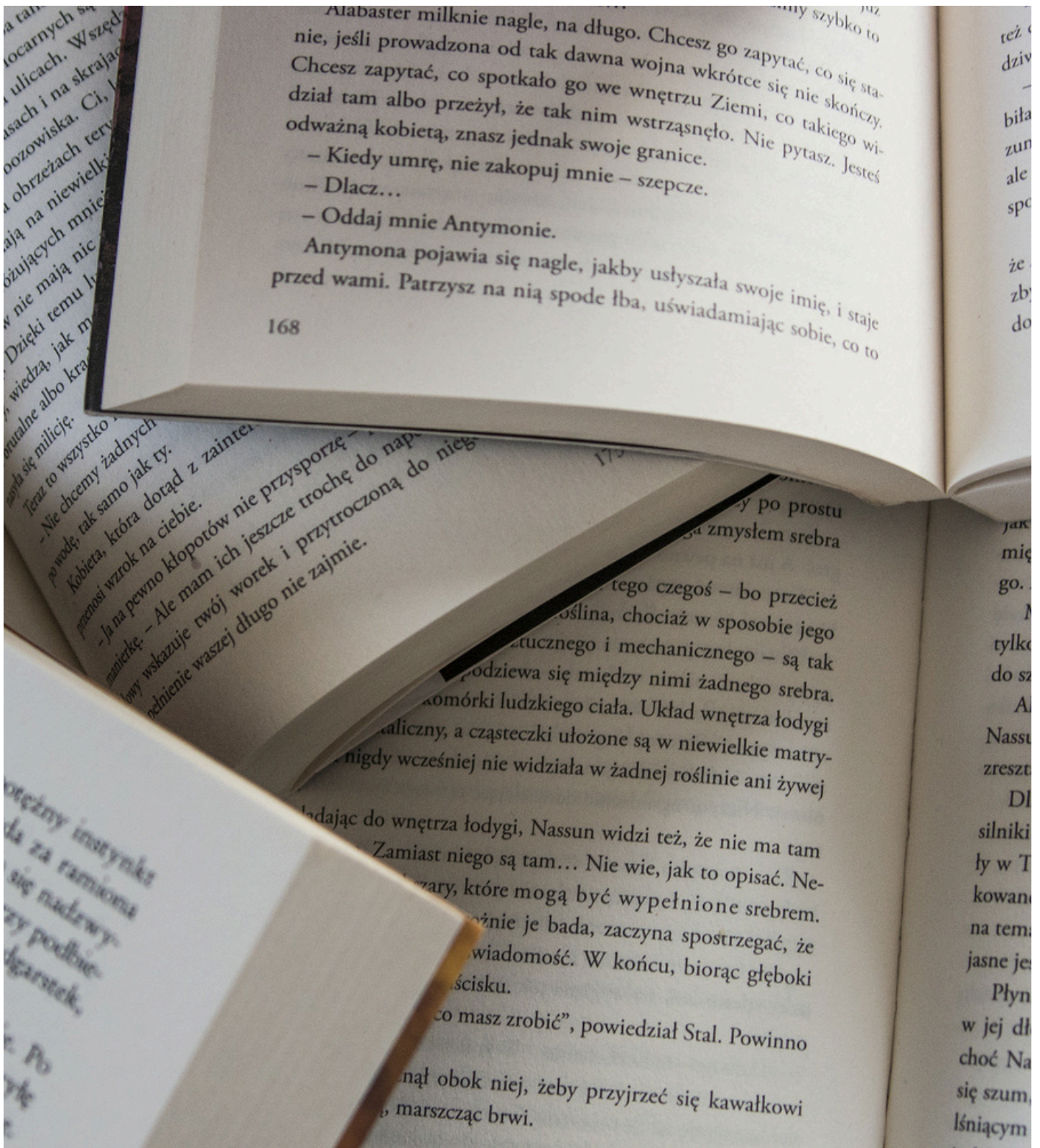
Come make homemade sanitizers, disinfectants, and more with me on My Life As A Mom Blog



Design

START A

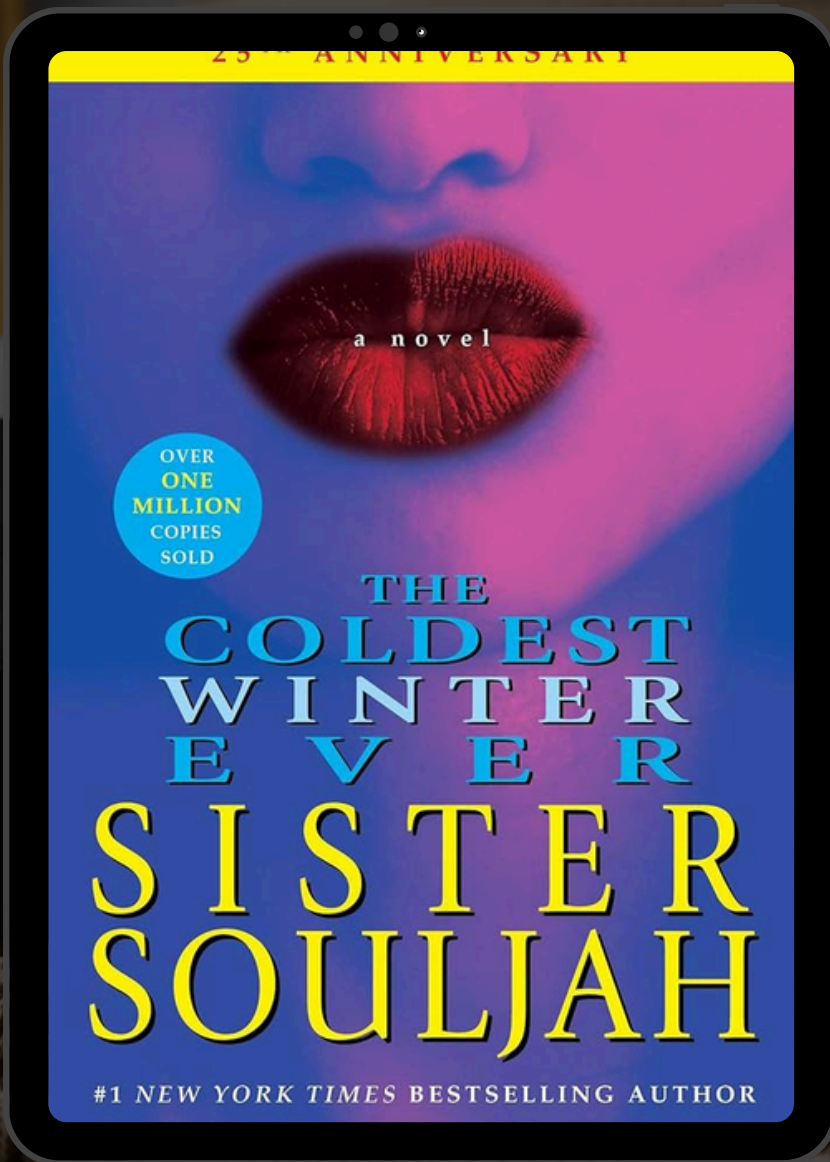
BOOK CLUB



START A BOOK CLUB

BOOK OF THE MONTH

The Coldest Winter Ever



The instant classic from the #1 New York Times bestselling author of *Life After Death* brings the streets of New York to life in a powerful and utterly unforgettable novel.

I came busting into the world during one of New York's worst snowstorms, so my mother named me Winter.

Ghetto-born, Winter is the young, wealthy daughter of a prominent Brooklyn drug-dealing family. Quick-witted, sexy, and business-minded, she knows and loves the streets like the curves of her own body. But when a cold Winter wind blows her life in a direction she doesn't want to go, her street smarts and seductive skills are put to the test of a lifetime. Unwilling to lose, this ghetto girl will do anything to stay on top.

Twenty-five years and over one million copies later, *The Coldest Winter Ever* is a bestseller and a national treasure, a classic handed down from one reading generation to the next. Whether you are reading it for the first time or have cherished it for years, you will never forget this Winter's tale.



Mom Cocktail Series: *A Weekly Sip of Self-Care*

Motherhood is beautiful, chaotic, exhausting, and rewarding—often all within the same hour. Between school runs, work deadlines, laundry piles, and the constant mental checklist, it's easy to forget one very important person: you. That's exactly where the Mom Cocktail Series comes in—a simple, fun reminder that you deserve a moment to unwind.

This weekly series is all about carving out a little “me time” in a way that feels light, enjoyable, and totally judgment-free. Whether it's five quiet minutes after the kids go to bed or a rare afternoon to yourself, the idea is to create a small ritual you can look forward to each week.

Each post in the series features an easy-to-make cocktail (and sometimes a mocktail option), designed with busy moms in mind. No complicated ingredients. No fancy bar tools required. Just simple recipes that bring a touch of joy to your routine. Think refreshing, pretty, and just a little indulgent—because you've earned it.

But this series isn't really about the drinks. It's about what they represent.

It's about pausing instead of rushing.

It's about savoring instead of multitasking.

It's about reconnecting with yourself outside of your role as “mom.”

Maybe your version of this moment includes a cozy blanket and your favorite show. Maybe it's music in the background and a quiet kitchen. Or maybe it's laughter shared with a friend over FaceTime. However it looks, this is your time—and it matters.

The Mom Cocktail Series is your weekly invitation to slow down, breathe, and enjoy something just for you. Because taking care of yourself isn't extra—it's essential.

So go ahead—pour a glass, take a sip, and celebrate the small moments. You deserve them.

The Late Night Read

*Look for The Late Nighty Read on
My Life As A Mom Blog*



*Check out the book
review on
My Life As A Mom Blog.*

Join me for some crafting lessons. I love to make things in my spare time, as it allows me to express my creativity and unwind from the hustle and bustle of daily life. Crafting offers a wonderful opportunity to explore different materials and techniques, whether it's through knitting, woodworking, painting, or any other form of art that speaks to you. It's a chance to immerse yourself in the process, finding joy in the act of creating something with your own hands.

In these lessons, we'll not only focus on the technical skills needed to bring your ideas to life but also on the importance of infusing your personal style into each project. Crafting is about more than just the final product—it's about the journey, the experimentation, and the satisfaction of making something uniquely yours.

Whether you are a beginner eager to learn the basics or an experienced crafter looking for new inspiration, these sessions will cater to all skill levels. Together, we will explore a variety of projects that you can customize to suit your taste and home decor. So gather your supplies, bring your enthusiasm, and let's embark on this creative adventure together!



CRAFT WITH ME

It's a beautiful way to blend creativity with emotion, resulting in pieces that hold personal significance and tell a story. Each handmade item becomes a cherished keepsake, a tangible reminder of the love and effort poured into its creation.

In our crafting sessions, we'll explore how to infuse heartwarming sentiments into your projects, transforming everyday materials into extraordinary expressions of affection. Whether you're crafting a gift for a loved one or creating something special for yourself, the process allows you to slow down and savor the moment, making each stitch or brushstroke a celebration of love and creativity.

So, let's gather our tools, let our imaginations run wild, and create beautiful pieces that not only enhance our surroundings but also touch our hearts.



Craft Made by You

Together, we'll dive into a world of color, texture, and form, discovering innovative ways to bring your creative visions to life. With each lesson, you'll gain confidence in your abilities and uncover the joy of experimentation, all while developing a style that is distinctly yours.

Our sessions are designed to be interactive and engaging, encouraging you to share your ideas and draw inspiration from fellow crafters. We'll explore a range of materials, from traditional to unconventional, and learn how to combine them in unexpected ways to create stunning results.

Whether it's mastering the basics of a new medium or perfecting advanced techniques, you'll find that each project is a stepping stone towards greater artistic expression. So, let's get started on this exciting journey of discovery and creativity. Your masterpiece awaits!

TOOLS FOR CRAFTING

My Crafting Tool

Knitting



Cricut Explore 3



Cricut Heat Press

Wood Burning Tool

Candle Making



Cup Turner Tumbler



Sewing Machine

Etch Drill





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Spring Tasting



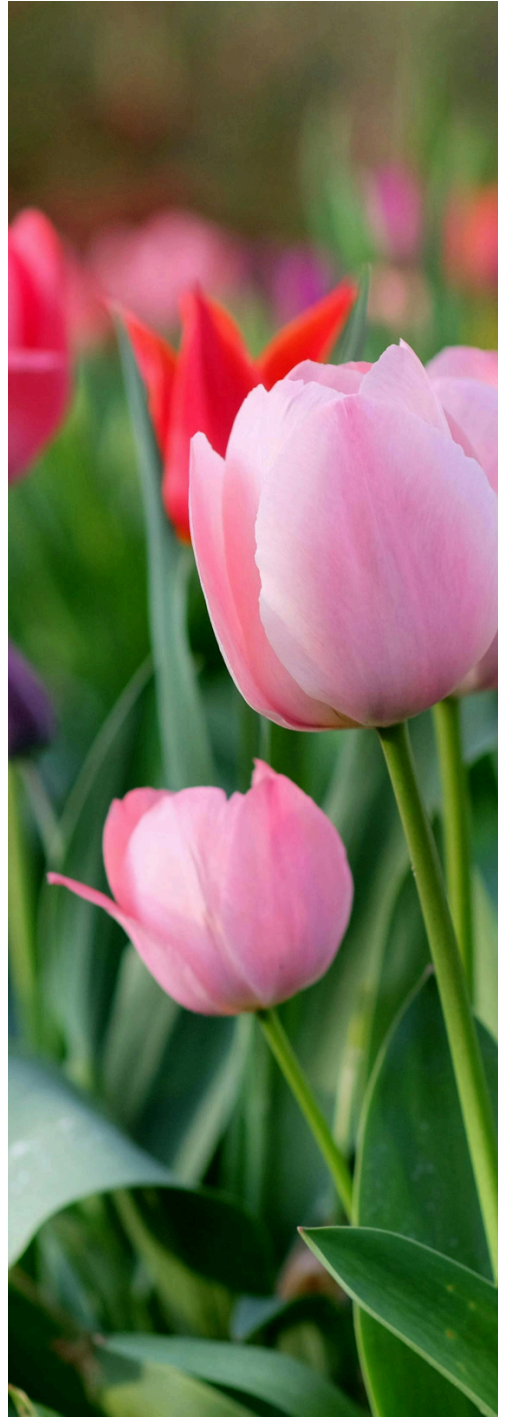
Celebrate the Holiday Season with OneHope

Every Bottle Matters: Today and Every Day
Take advantage of 20% OFF SITEWIDE on wines that contribute to meaningful causes. Every purchase helps support initiatives that create a genuine impact.

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Maximized Your Space

1. EXPLORE THE POSSIBILITIES

See how real customers have brought the potential of their space to life and get ideas for how you can too. Discover layout ideas, smart storage solutions, and organizing tips to spark your imagination.

2. MEASURE YOUR SPACE

Taking accurate measurements is a simple and essential step. It helps us ensure a flawless, custom-fit solution.

3. DESIGN YOUR SOLUTION, YOUR WAY

Use our free design tool or design service to get started.

4. RECEIVE YOUR ORDER AND INSTALL

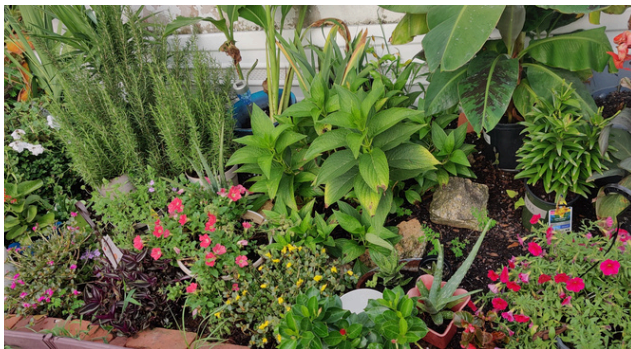
Our DIY installation method is designed with first-time do-it-yourselfers in mind.

5. ORGANIZE, ENJOY, AND SHARE

Place your belongings into their newly functional and organized space and enjoy for years to come.

Getting Ready for Spring

Planning Your Spring Garden



Plan Your Garden

With the New Year comes fresh plans and a new garden! This month, I'm excited to map out all the plants I intend to cultivate. I enjoy strategizing the layout of my garden, deciding where each plant will thrive and where they won't. Over time, I've discovered which plants grow well together and which do not. Having a clear plan for where everything will be planted ahead of time makes spring planting so much easier. Join me on my journey of planning and planting!

Seed Collection

If you have a seed collection similar to mine, take the time to review it and ensure that none of the seeds are open, sprouting, damp, or moldy. For any seeds exhibiting these issues, seal them properly, dispose of those with mold, or plant any that have started to sprout roots.



Get Your Seedlings Ready for Planting

I prefer to categorize my seedlings into groups such as vegetables, flowers, fruits, and herbs, and then plant them together in sections. To prepare your seedlings for planting, you'll need the following items:

- Soil
- Seedling containers
- Plant food
- Water
- A sunny and warm location



Plan Your Garden Layout

One important lesson I've learned over the years is to carefully determine where to position your plants. Identifying the right spots for your plants is crucial, as each one requires specific amounts of sunlight, water, and nutrients to thrive.





1st in Coffee is the first choice for discerning coffee drinkers.



Welcome, Coffee Enthusiasts!

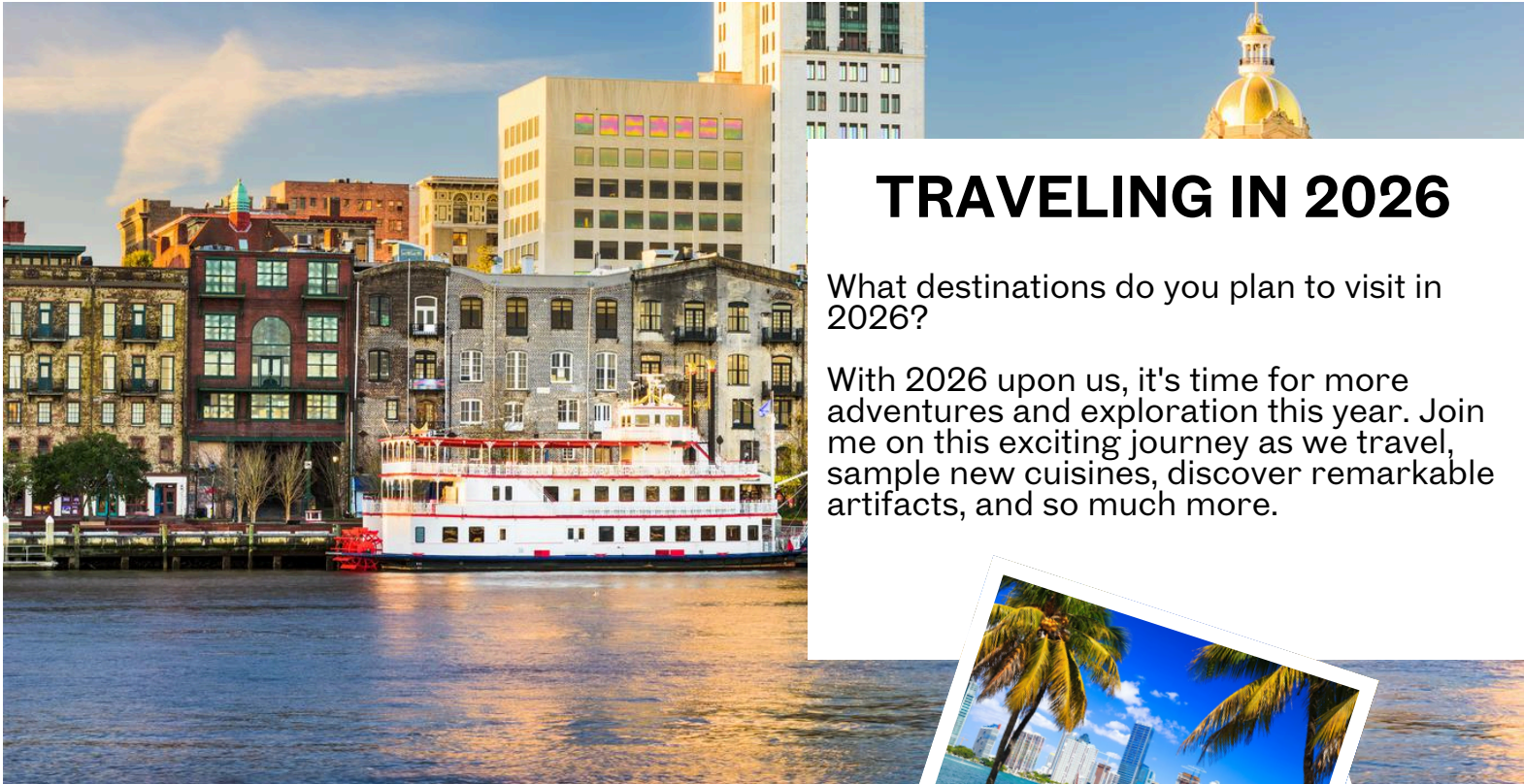
At 1st in Coffee, we offer premium espresso machines from renowned brands such as Jura, Elektra, Rocket, and Rancilio. Our inventory also includes essential supplies like coffee, filters, capsules, pods, cleaners, espresso cups, cappuccino cups, milk frothers, tampers, and more. Additionally, we feature an extensive selection of gourmet coffee beans and exquisite espresso coffee. With competitive prices and free shipping on orders over \$75, 1st in Coffee has become the go-to online destination for espresso lovers. We pride ourselves on providing expert guidance as well. Our dedicated support team, passionate about coffee, is available to assist you with any inquiries from 8 a.m. to 10 p.m. every day of the week. This commitment to exceptional customer service truly makes us first in the field!

YFN



Valentine's Day is approaching get your sweetheart something special with YFN. Save up to 20% off and get a free elegant gift box - perfect for gifting. Whether your sweetheart is a coffee connoisseur or simply enjoys a cozy morning ritual, consider pairing this delightful gift with a selection from 1st in Coffee's gourmet offerings. Imagine the joy on their face when they unwrap a lovingly curated set that includes a premium espresso machine, a variety of rich coffee beans, and delicate espresso cups, all wrapped in YFN's elegant gift box. It's a combination that speaks to both love and the art of coffee making, ensuring that every sip shared is a moment cherished.

VACATION



TRAVELING IN 2026

What destinations do you plan to visit in 2026?

With 2026 upon us, it's time for more adventures and exploration this year. Join me on this exciting journey as we travel, sample new cuisines, discover remarkable artifacts, and so much more.

Top travel destinations for 2026 include 12:

- Kyoto, Japan: This city offers a serene blend of ancient temples and modern culture, with stunning cherry blossoms painting the landscape in spring.
- Santorini, Greece: Known for its breathtaking sunsets and white-washed architecture, Santorini is a dream destination for those seeking romance and relaxation.
- Cape Town, South Africa: With its dramatic landscapes, vibrant culture, and rich history, Cape Town provides a unique blend of adventure and refinement.
- Marrakech, Morocco: Dive into the vibrant colors and bustling markets of Marrakech, where the scents of spices and the rhythm of life create an unforgettable experience.
- Queenstown, New Zealand: Known as the adventure capital of the world, Queenstown offers thrilling activities like bungee jumping and breathtaking hikes.
- Reykjavik, Iceland: Explore the otherworldly landscapes of Iceland, from majestic glaciers to the surreal beauty of the Northern Lights.
- Buenos Aires, Argentina: Immerse yourself in the passionate culture of Buenos Aires, where tango music fills the air and culinary delights await at every corner.
- Rome, Italy: Step back in time in Rome, where ancient ruins and timeless art coexist with vibrant street life and exquisite cuisine.



**Need a Travel Agent for your next Vacation contact
LaToya Jenkins
at newhorizontravelers@gmail.com**

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Instagram: @mylifeasamomblog | @quelasdesign

@quelassipnparty

Website

Blog: www.mylifehobbiesasamom.com

One Hope Wine:

<https://www.onehopewine.com/myshop/taquela-hudson>

doTerra: my.doterra.com/quelascents

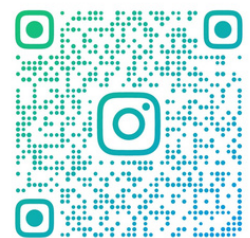
Etsy Shop: www.etsy.com/shop/quelasdesign



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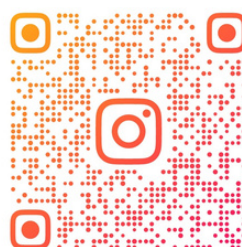
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On My Life As A Mom
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NEW
GREENHOUSE
GARDEN
BOOK
COMING IN
MARCH





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Log into your account, copy your personalized link, and share with your friends. When someone uses your link to place an initial order, you'll receive doTERRA dollars in your account as a thank-you!

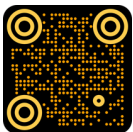
This program is a win for your friends too. If they use your link, they receive their first year of doTERRA membership for free, no matter the size of the order! You'll earn 20% of their initial order back in doTERRA dollars.

doTERRA Dollars

doTERRA dollars are credits you can use toward doTERRA product purchases—just like cash or store credit. You can apply your doTERRA dollars—visible at checkout or in your account profile—toward any cost (products, shipping, taxes) on doterra.com. When friends with new Wellness Advocate or Wholesale Customer accounts place their first order using your link, the doTERRA dollars you earned will appear in your account within 10 calendar days.† You can receive up to \$599 doTERRA dollars in a calendar year, so what are you waiting for? Start sharing now!

Find Your Personal Link

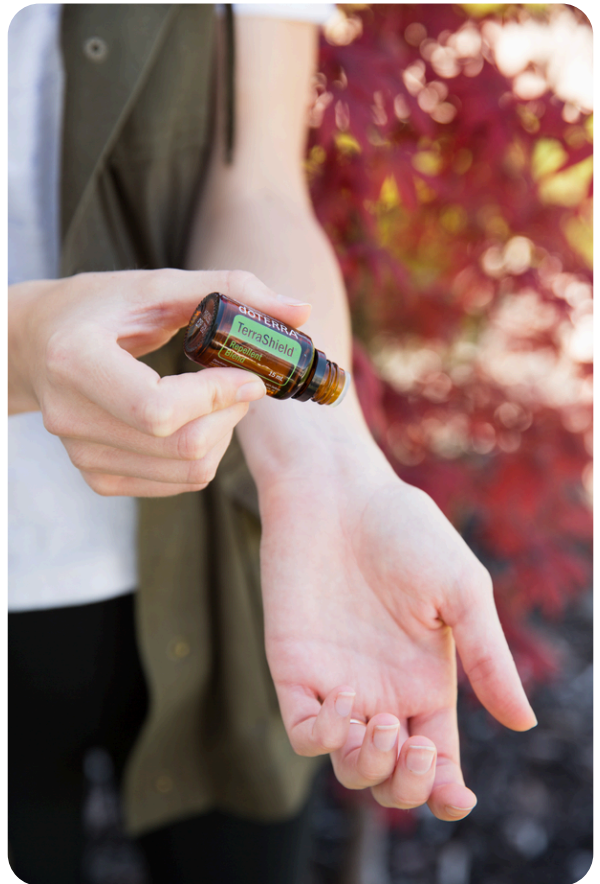
When you log into doterra.com, there will be a popup with your link.



Scan QR to Contact Me



Shop My Bag





MAY PROMO

Don't miss out on the special promotions doTERRA offers every month! Discounts, free product opportunities, and other deals are always on this page. Come back each month to check out our latest promotions.

FREE TEA TREE



May is all about the shift into early summer—fresh routines, meaningful connections, and time spent outdoors. This month's promotions focus on simple, elevated wellness and thoughtful gifting, with offers designed to support you throughout the season.

May Highlights

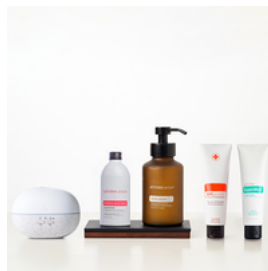
- **NEW Shinrin-Yoku Beard & Hair Oil:** A balanced blend of argan, jojoba, avocado, and sunflower oils that helps hydrate the skin, soften and condition hair, reduce itch, tame flyaways, and protect against breakage.
- **NEW Shinrin-Yoku Bath Bar:** This Bath Bar gently cleanses and delivers deep moisture and hydration, leaving your skin soft, replenished, and perfectly balanced from head to toe.
- **doTERRA sun Travel Essentials Kit:** Everything you need for a perfect day in the sun, delivering incredible benefits so your skin can look and act as young as you feel!
- **Tea Tree 5 mL:** It comes free with a 125 PV Rewards order or anytime this month with a Foundational Wellness Bundle purchase on doTERRA Rewards.
- **20% Off Enrollment:** Now extended through June 30! New members who enroll with an order of at least \$250 will receive 20% off their enrollment order.

There's truly something for everyone: customers, new members, and builders. These limited-time offers are designed to celebrate you, support your wellness, and help you share what you love with others.



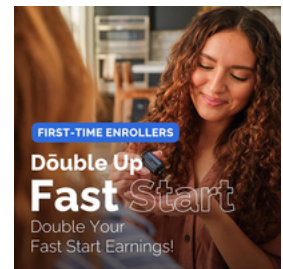
FREE Product Points!

New or returning customers place an initial 100 PV order in January, shop again with 100 PV in February, and enjoy 100 free product points in March!



Free Membership Gifts!





































New members who join doTERRA with at least 150 PV get to pick from three free gifts! Share this amazing opportunity with everyone you know.









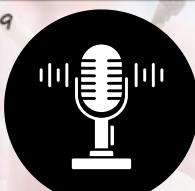







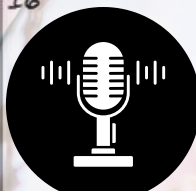







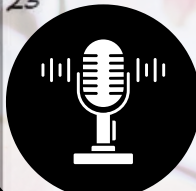










Doubled Fast Start!

Double Up Fast Start is back, now for **first-time enrollers!** If you've never enrolled anyone before, take advantage of this incredible promotion!

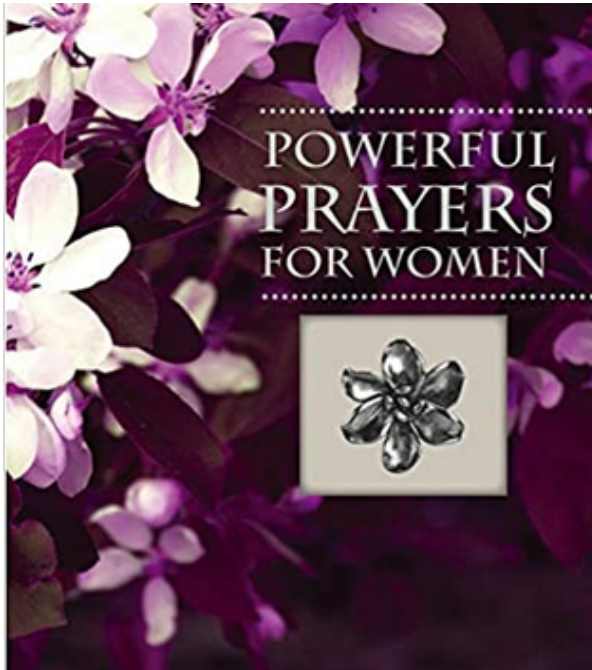
May

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 THE LATE  NIGHT READ	2  GARDEN UPDATE  ARTS & CRAFT
3  NEW'S LETTER OVERVIEW	4 	5  FAVORITE PODCAST OF THE WEEK	6 WINE WINE WINESDAY 	7  THIRSTY THURSDAY	8  NIGHT READ	9  GARDEN UPDATE  ARTS & CRAFT
 HAPPY MOTHER'S DAY!	11 	12  FAVORITE PODCAST OF THE WEEK	13 WINE WINE WINESDAY 	14  THIRSTY THURSDAY	15  NIGHT READ	16  GARDEN UPDATE  ARTS & CRAFT
17  SKIN CARE  BIBLE STUDY  NEW'S LETTER OVERVIEW	18 	19  FAVORITE PODCAST OF THE WEEK	20 WINE WINE WINESDAY 	21  THIRSTY THURSDAY	22  NIGHT READ	23  GARDEN UPDATE  ARTS & CRAFT
24  SKIN CARE  BIBLE STUDY	25 	26  FAVORITE PODCAST OF THE WEEK	27 WINE WINE WINESDAY 	28  THIRSTY THURSDAY	29  NIGHT READ	30  GARDEN UPDATE  ARTS & CRAFT
31  NEW'S LETTER OVERVIEW						

JUNE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3 WINE WINE WINESDAY 	4  THIRSTY THURSDAY	5 THE LATE  NIGHT READ	6  GARDEN UPDATE  ARTS & CRAFT
7	8 	9  FAVORITE PODCAST OF THE WEEK	10 WINE WINE WINESDAY 	11  THIRSTY THURSDAY	12 THE LATE  NIGHT READ	13  GARDEN UPDATE  ARTS & CRAFT
14  NEWS LETTER OVERVIEW	15 	16  FAVORITE PODCAST OF THE WEEK	17 WINE WINE WINESDAY 	18  THIRSTY THURSDAY	19 THE LATE  NIGHT READ	20  GARDEN UPDATE  ARTS & CRAFT
	22 	23  FAVORITE PODCAST OF THE WEEK	24 WINE WINE WINESDAY 	25  THIRSTY THURSDAY	26 THE LATE  NIGHT READ	27  GARDEN UPDATE  ARTS & CRAFT
28  NEWS LETTER OVERVIEW	29 	30  FAVORITE PODCAST OF THE WEEK	WINE WINE WINESDAY 	 THIRSTY THURSDAY		

SUNDAY MOTIVATION



TAKE A MOMENT TO BREATHE AND PRAY BIBLE STUDY WITH ME

Pause for a moment
to breathe and reflect.
Engage in prayer.

Allow your thoughts to settle like leaves on a still pond. Embrace the tranquility that surrounds you and let gratitude fill your heart. In these moments of reflection, find strength and inspiration to carry you through the week. Let your spirit be rejuvenated, ready to embrace new challenges and opportunities with a renewed sense of purpose and optimism.

FAVORITE LISTENING APPS

Bible study apps are crucial for enhancing scripture understanding, featuring study guides, daily devotionals, and interactive reading plans. They accommodate various learning styles with audio versions, verse-by-verse analysis, and theologian commentaries. Users can personalize their experience with highlighting, annotating, and bookmarking. Many apps also offer community forums for discussion and support, benefiting individual and group studies.

Bible.com
YouVersion
BibleProject App

STUDY



Welcome to our Bible Study. As we gather to explore the scriptures, let us open our hearts and minds to the teachings within. Together, we will delve into the profound wisdom and timeless truths, seeking to deepen our understanding and strengthen our faith. Let's begin this journey of spiritual growth and discovery.

TOOLS



Bible Study Tools are essential for enhancing your understanding of scripture. They can help you delve deeper into the text, providing historical context, language insights, and thematic connections. Whether you're using commentaries, concordances, or digital resources, these tools can enrich your study and facilitate a more meaningful exploration of biblical teachings.

Mom Life

🌸 What “Mom Life” Means on My Life As A Mom

My Life Hobbies as a Mom is a lifestyle and motherhood blog focused on the everyday realities of being a mom balancing family, personal interests, faith, home life, and self-care. The Mom Life category centers on real-life experiences and encouragement for mothers at different stages of parenting.

📝 Core Themes You’ll See in “Mom Life”

The Mom Life content typically includes:

- Everyday motherhood experiences
- Reflections on parenting highs and lows, routines, challenges, and growth as a mom
- Encouragement & inspiration
- Posts meant to uplift moms emotionally and spiritually, especially during overwhelming seasons of life
- Personal stories
- Honest, relatable moments from the author’s own life as a mother—often written in a warm, conversational tone
- Faith & family values
- Many posts reflect faith-based encouragement woven into parenting and daily life
- Balance & self-care
- Finding time for hobbies, rest, and personal fulfillment while raising children

**BUSY MOM'S
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21 smoothie blends

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Choose your bundle:

- **Quick Start Pack:** 14 blends for a fast, affordable health boost.
- **Busy Mom's Bundle:** 21 blends, free shipping, and nutritionist access.
- **Ultimate Pack:** 28 blends, free shipping, an exclusive wellness download, and nutritionist access.

Each bundle features our top 7 blends:

Strawberry Superwoman, Peanut Butter Cup, Cherry Dreams, Cookie Dough, Banging Banana Split, Cinnamon Chai, and Berry Awake.

Crafted by a dietitian and made by moms, every sip is packed with balanced nutrition and care.

tea

Special Occasion Shop
From festive family matching looks to dresses like delicate confections, we have sweet styles to make every occasion merry and bright.

Shop My Affiliates

Cricut is hosting a month-long sale on a variety of popular crafting supplies, such as vinyl, cutting tools, mats, and machines. Be sure to check out My Life As A Mom for exclusive coupons and discount codes. Whether you're a seasoned crafter or just starting, this sale is the perfect opportunity to stock up on essentials and explore new creative possibilities. From personalizing home décor to creating unique gifts, the options are endless with Cricut's versatile tools. Don't miss out on the chance to bring your imaginative ideas to life with high-quality materials at unbeatable prices. Happy crafting!



Enrich Your Space with the Albert Levi Art Collection

Infuse your environment with a splash of creativity through the Albert Levi art collection. Whether you seek a hint of elegance or a vibrant pop of color, Albert Levi's artworks will undoubtedly transform any room into a gallery of inspiration.

- Each piece is meticulously crafted, showcasing vibrant hues and dynamic compositions that resonate deeply.
- Ideal for those who cherish the finer things in life, this collection features a variety of styles and themes to suit diverse tastes.

Elevate the aesthetic of your home with a breathtaking piece from the collection, allowing your walls to narrate a tale of creativity and passion.



Enjoy a 30% discount on wallpaper at Walls Republic!

Outfit of the Week



Wine Wine Wednesday



On Wine Wine Wednesday, people often gather to enjoy a glass of wine and unwind. It's a midweek tradition that provides a moment of relaxation and socialization. Check out the Wine of the week every Wednesday.

Thirsty Thursday



Welcome to Thirsty Thursday! Here are some delightful cocktail recipes to try:

🍑 White Peach Sangria (light & refreshing)

What you need:

- White wine (like Pinot Grigio)
- Sliced peaches + green apples
- Peach juice or nectar
- Sparkling water

Vibe: Fresh, slightly sweet, perfect for warmer days.

🍍 Tropical Sangria

What you need:

- White wine
- Pineapple juice
- Orange slices + pineapple chunks
- Splash of coconut water
- Optional: rum

Vibe: Feels like a mini vacation in your kitchen 🌴

ish with a lime wedge and jalapeño slice.

Enjoy your cocktail Thursday with these refreshing drinks!



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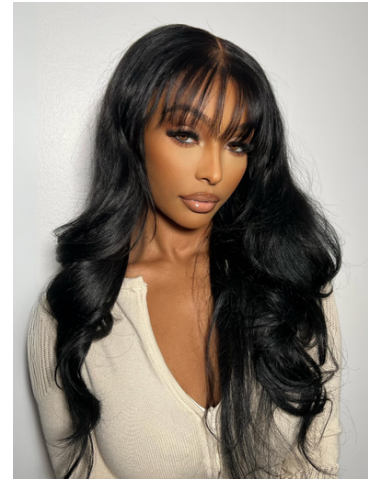
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9th Anniversary Presale up to \$180 dollars off Code: BF! Celebrate with us and enjoy incredible savings on your favorite items. Whether you're looking to treat yourself or find the perfect gift, our anniversary sale has something special for everyone. Don't miss out—shop now and take advantage of this limited-time offer. Thank you for being part of our journey!



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May

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March 2026