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# MY LIFE AS A MOM

Issue 4  
April 2026



Love Life As It Is, Enjoy What You Do



# *In this edition*



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# FROM THE EDITOR'S DESK



minted



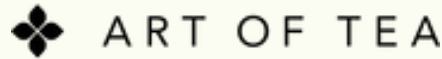
Hello, Friends!

As April arrives, it brings the blossoming beauty of mid-spring, making it the perfect time for vibrant gatherings and new beginnings! This month, I'm excited to share my garden plans, daily routine, and insights into my everyday life. I'll also introduce creative ideas for my spring garden, unveil new recipes, spotlight a book of the month, and much more. Additionally, I'll be including some delightful spring décor ideas. I warmly invite you to join me on my blog and can't wait to see you there!

Sincerely,

*Paquela Hudson*  
Blogger & Editor





## WHY ART OF TEA?

We source from the top 2% of all teas produced in the world



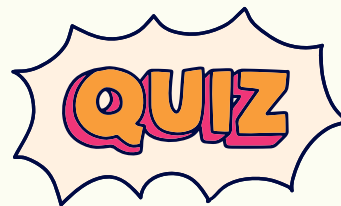
**Join the Tea Club**  
Subscribe and Save

Allow us to take you on a journey into the world of tea, where you can experience tea classics, rare finds, and specialty blends delivered straight to your doorstep!

## ART OF TEA X HOLLAND AMERICA

Holland America Line is a recognized leader in cruising, offering award-winning service and unforgettable journeys.

Enjoy our exclusive Dutch Tea Time blend, custom crafted in partnership with Holland America. Bright citrus, florals, and orange shine in this signature blend, available in a curated sampler with Earl Grey Crème and Pacific Coast Mint.



**Need Help Deciding?**  
Take our tea quiz to get matched up with the best teas for your taste.

### Best Sellers



**6 months Tea Subscription**

**Blue Pineapple Ice Tea**

**Assorted 50 Count Tea Bag**

website: [www.artoftea.com](http://www.artoftea.com)



Explore grad-approved announcements, invitations, gifts, signs, & more.

# minted



Spread the Joy with Minted

Share your special announcements with friends and family, whether it's for your wedding, graduation, engagement, baby shower, or any other exciting event. Minted offers beautifully crafted designs that add a personalized touch, perfectly capturing the essence of your memorable moments.

- Choose from classic, modern, or whimsical styles to find the ideal expression of your happiness and invite your loved ones to celebrate with you.
- Explore a wide selection of luxurious paper options, vibrant colors, and elegant typography to create an announcement that truly represents your unique story.

With Minted, every occasion becomes unforgettable, and every detail is valued.

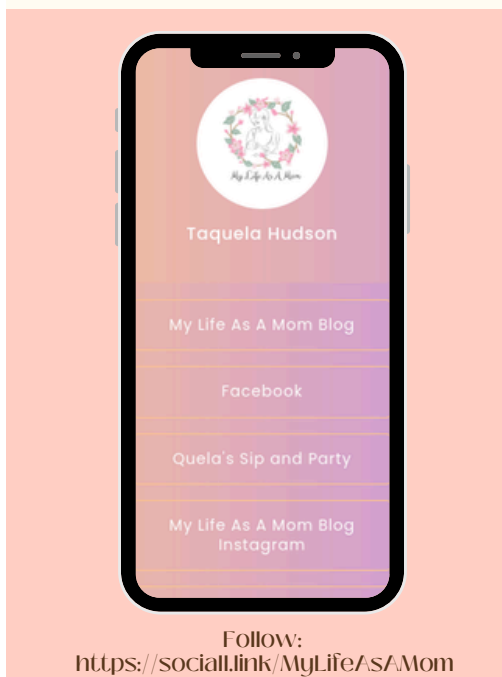


## mintedwedding



*Make it personal*

# My Life As A Mom Newsletter



## What to look for?

Top Podcast - Sharing my favorite podcast

Affiliate Post - Check out some deals from some of my affiliates

All About Wine - Wine Wine Winesday every Wednesday

Garden Saturday - Take a Scroll in my garden

MOMENT AS  
A MOTHER  
LEARN THE STRENGTH  
WITHIN

MOM  
#Momlife

Natural  
Cleaning Recipes

Come make homemade sanitizers, disinfectants, and more with me on My Life As A Mom Blog

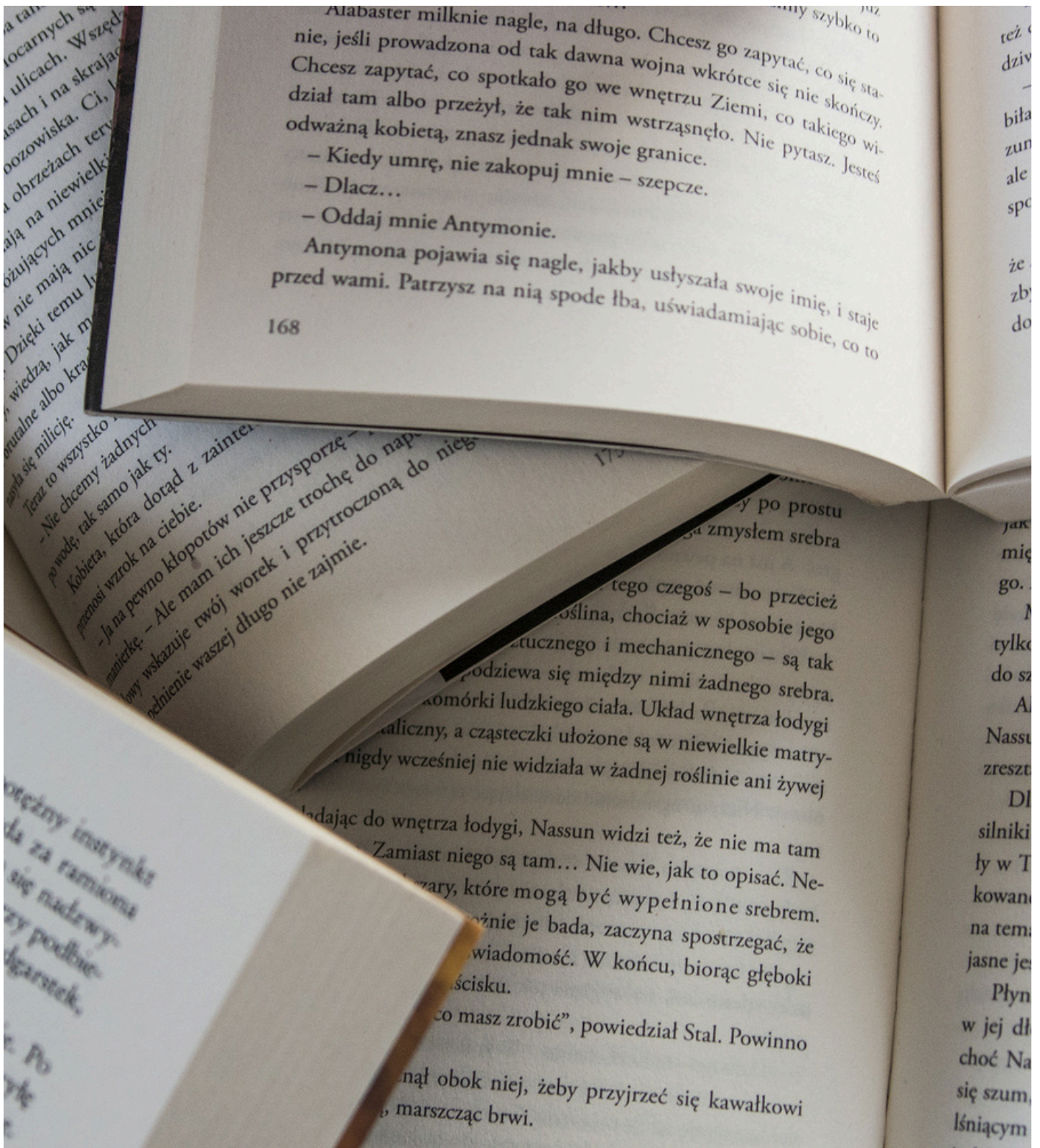


Design

START A

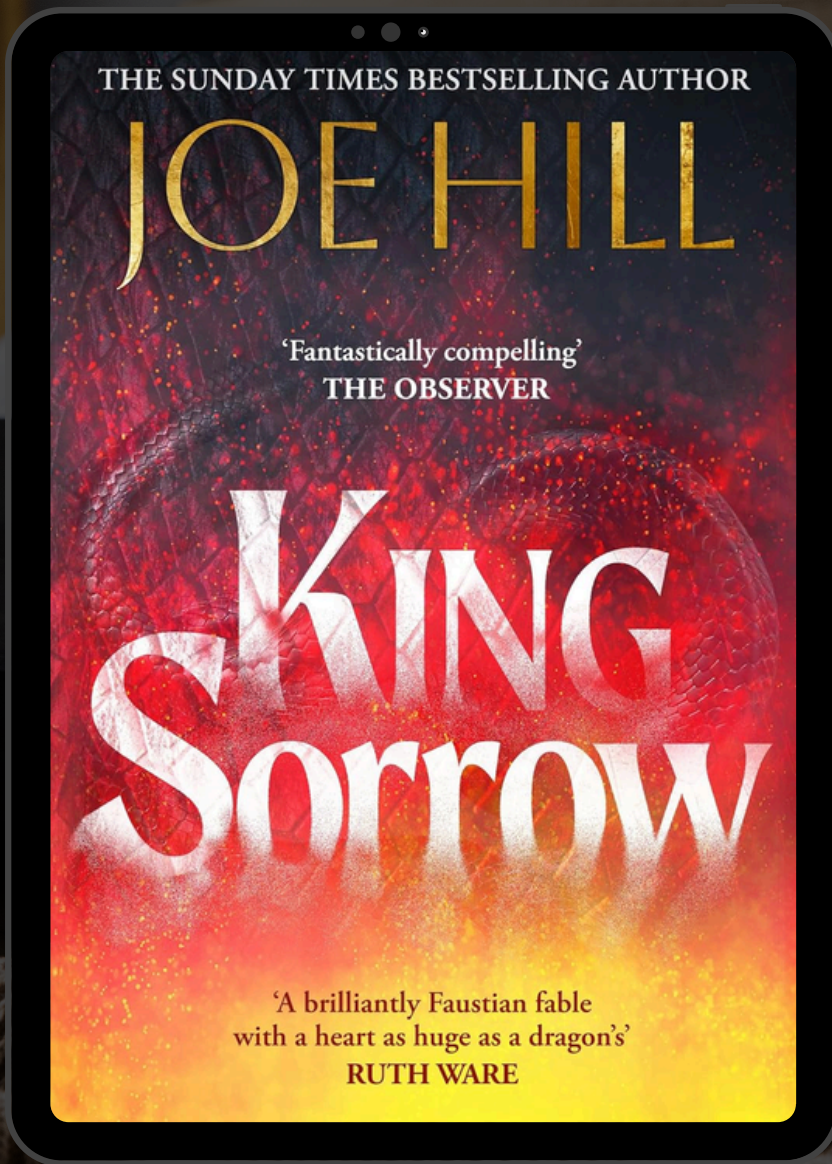
# BOOK CLUB

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# BOOK OF THE MONTH

## *King Sorrow*



From #1 *New York Times* bestselling author Joe Hill, a chilling tale of modern-world dangers, dark academia, and the unexpected consequences of revenge as six friends dabble in the occult and are tragically, horrifyingly successful... calling forth an evil entity that demands regular human sacrifice.

“A brilliantly Faustian fable with a heart as huge as a dragon’s, and a stinging twist in its tail. I devoured it.” —Ruth Ware, *New York Times* bestselling author of *The Woman in Suite 11*

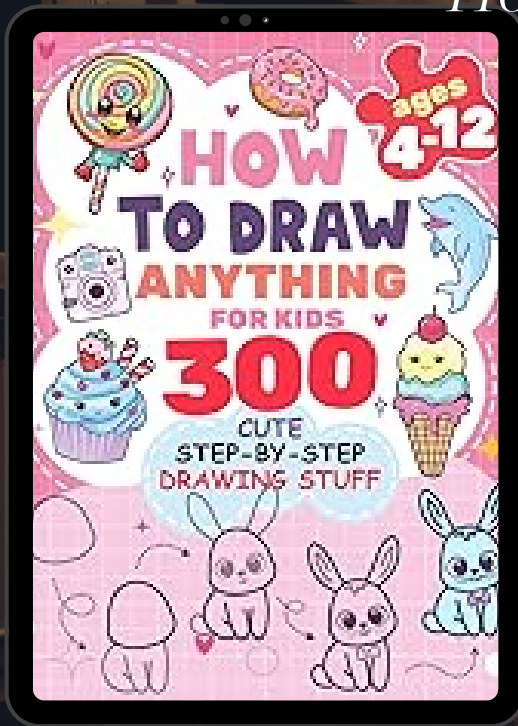
Arthur Oakes is a reader, a dreamer, and a student at Rackham College, Maine, renowned for its frosty winters, exceptional library, and beautiful buildings. But his idyll—and burgeoning romance with Gwen Underfoot—is shattered when a local drug dealer and her partner corner him into one of the worst crimes he can imagine: stealing rare books from the college library.

Trapped and desperate, Arthur turns to his closest friends for comfort and help. Together they dream up a wild, fantastical scheme to free Arthur from the cruel trap in which he finds himself. Wealthy, irrepressible Colin Wren suggests using the unnerving Crane journal (bound in the skin of its author) to summon a dragon to do their bidding. The others—brave, beautiful Alison Shiner; the battling twins Donna and Donovan McBride; and brainy, bold Gwen—don’t hesitate to join Colin in an effort to smash reality and bring a creature of the impossible into our world.

But there’s nothing simple about dealing with dragons, and their pact to save Arthur becomes a terrifying bargain in which the six must choose a new sacrifice for King Sorrow every year—or become his next meal.

# DAUGHTER'S CHOICE

## *How to Draw Anything For Kids*



**Spark Your Child's Creativity with 300 Cute Drawings!**

*How to Draw Anything for Kids* makes learning to draw fun and easy! With step-by-step guides, kids can draw adorable animals, tasty food, kawaii gifts, and much more — even if they've never drawn before.

**Inside this book:**

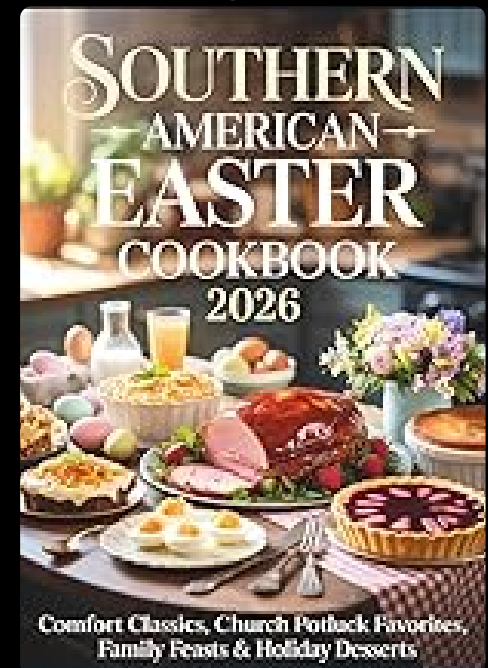
- **Simple Step-by-Step Instructions** that show kids exactly what to draw next.
- **Draw & Color Fun** — kids can color their finished drawings for extra creativity.
- **Variety of Cute Things** — animals, snacks, objects, and fun surprises!
- **Perfect Gift Idea** for birthdays, holidays, or rainy days.

## COOKBOOK OF THE MONTH

### *Southern American Easter Cookbook*

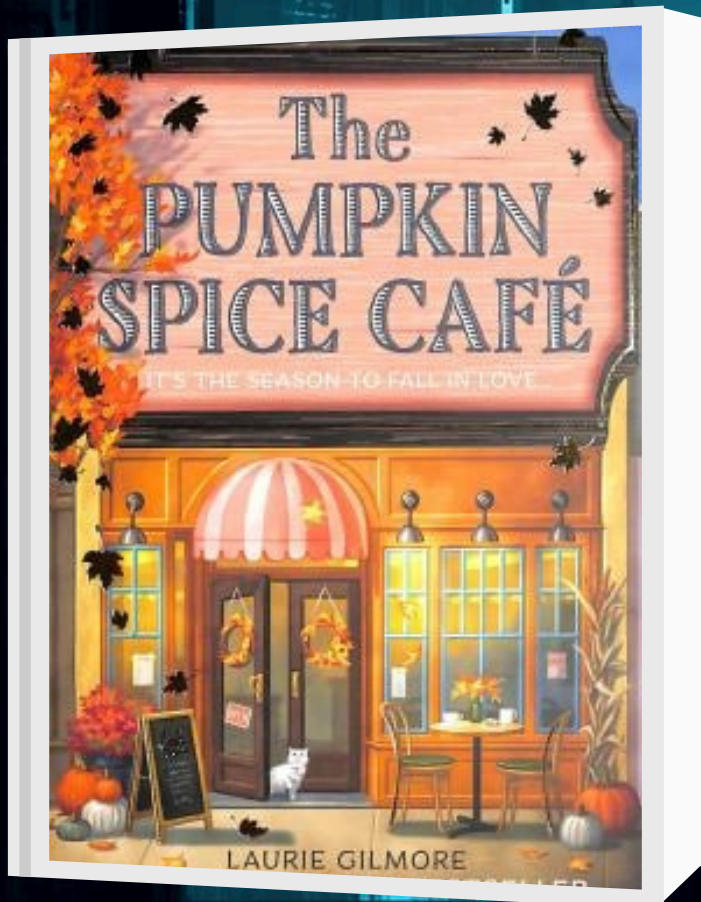
Imagine the smell of brown sugar-glazed ham wafting through the house, deviled eggs disappearing before you can blink, and a towering coconut cake stealing the show at your Easter table. Sound like the Southern Easter you remember? Or the one you've always dreamed of?

In the *Southern American Easter Cookbook 2026*, you'll find over 50 soul-warming recipes that bring back those cherished family traditions —without the stress. From make-ahead breakfast casseroles and cheesy grits for a relaxed Easter brunch, to creamy mac and cheese, fluffy biscuits, collard greens, and heavenly desserts like hummingbird cake, banana pudding, and fresh strawberry pie, every dish is tested, foolproof, and packed with that down-home flavor we all crave.



# *The Late Night Read*

*Look for The Late Nighty Read on  
My Life As A Mom Blog*



*Check out the book  
review on  
My Life As A Mom Blog.*

Join me for some crafting lessons. I love to make things in my spare time, as it allows me to express my creativity and unwind from the hustle and bustle of daily life. Crafting offers a wonderful opportunity to explore different materials and techniques, whether it's through knitting, woodworking, painting, or any other form of art that speaks to you. It's a chance to immerse yourself in the process, finding joy in the act of creating something with your own hands.

In these lessons, we'll not only focus on the technical skills needed to bring your ideas to life but also on the importance of infusing your personal style into each project. Crafting is about more than just the final product—it's about the journey, the experimentation, and the satisfaction of making something uniquely yours.

Whether you are a beginner eager to learn the basics or an experienced crafter looking for new inspiration, these sessions will cater to all skill levels. Together, we will explore a variety of projects that you can customize to suit your taste and home decor. So gather your supplies, bring your enthusiasm, and let's embark on this creative adventure together!



# CRAFT WITH ME

It's a beautiful way to blend creativity with emotion, resulting in pieces that hold personal significance and tell a story. Each handmade item becomes a cherished keepsake, a tangible reminder of the love and effort poured into its creation.

In our crafting sessions, we'll explore how to infuse heartwarming sentiments into your projects, transforming everyday materials into extraordinary expressions of affection. Whether you're crafting a gift for a loved one or creating something special for yourself, the process allows you to slow down and savor the moment, making each stitch or brushstroke a celebration of love and creativity.

So, let's gather our tools, let our imaginations run wild, and create beautiful pieces that not only enhance our surroundings but also touch our hearts.



## Craft Made by You

Together, we'll dive into a world of color, texture, and form, discovering innovative ways to bring your creative visions to life. With each lesson, you'll gain confidence in your abilities and uncover the joy of experimentation, all while developing a style that is distinctly yours.

Our sessions are designed to be interactive and engaging, encouraging you to share your ideas and draw inspiration from fellow crafters. We'll explore a range of materials, from traditional to unconventional, and learn how to combine them in unexpected ways to create stunning results.

Whether it's mastering the basics of a new medium or perfecting advanced techniques, you'll find that each project is a stepping stone towards greater artistic expression. So, let's get started on this exciting journey of discovery and creativity. Your masterpiece awaits!

# TOOLS FOR CRAFTING

## My Crafting Tool

Knitting



Cricut Explore 3



Cricut Heat Press

Wood Burning Tool

Candle Making



Cup Turner Tumbler



Sewing Machine

Etch Drill





  
Quela's Designs & Planning  
LLC

*Shop in Style*



# **DISCOVER THE JOY OF MAKING A PRINTABLE BOOK ONLINE IN MINUTES**

## **Why Bookemon?**

**Best Price Everyday for All Products! no  
promotion gimmicks to disguise high prices  
Existing Content into a Quality Book no time! no  
new software to learn.**

**Free to Join and Free Book Creator to Use  
Add Multimedia Elements like Video and Audio  
voice of your passion and expression to include  
See Details**





# Spring Tasting



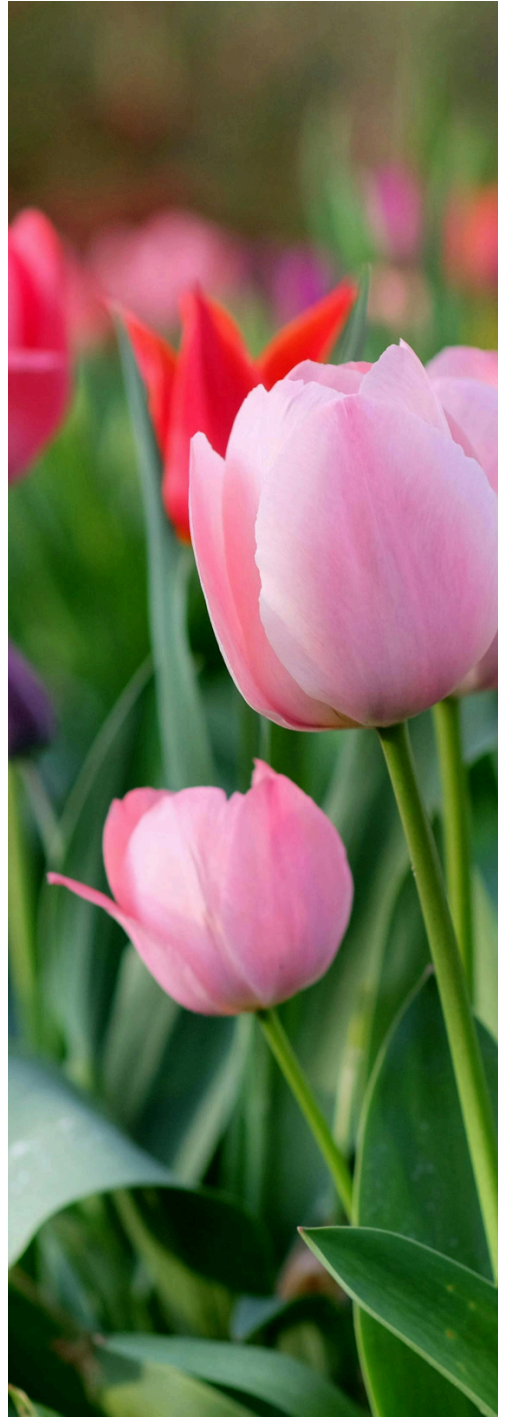
Celebrate the Holiday Season with OneHope

Every Bottle Matters: Today and Every Day  
Take advantage of 20% OFF SITEWIDE on wines that contribute to meaningful causes. Every purchase helps support initiatives that create a genuine impact.

The Exclusive Impact-Driven Wine Clu



Bookmarks  
Print on Card-stock | Laminated | Enjoy





# Maximized Your Space

## 1. EXPLORE THE POSSIBILITIES

See how real customers have brought the potential of their space to life and get ideas for how you can too. Discover layout ideas, smart storage solutions, and organizing tips to spark your imagination.

## 2. MEASURE YOUR SPACE

Taking accurate measurements is a simple and essential step. It helps us ensure a flawless, custom-fit solution.

## 3. DESIGN YOUR SOLUTION, YOUR WAY

Use our free design tool or design service to get started.

## 4. RECEIVE YOUR ORDER AND INSTALL

Our DIY installation method is designed with first-time do-it-yourselfers in mind.

## 5. ORGANIZE, ENJOY, AND SHARE

Place your belongings into their newly functional and organized space and enjoy for years to come.

# Getting Ready for Spring

## Planning Your Spring Garden



### Plan Your Garden

With the New Year comes fresh plans and a new garden! This month, I'm excited to map out all the plants I intend to cultivate. I enjoy strategizing the layout of my garden, deciding where each plant will thrive and where they won't. Over time, I've discovered which plants grow well together and which do not. Having a clear plan for where everything will be planted ahead of time makes spring planting so much easier. Join me on my journey of planning and planting!

### Seed Collection

If you have a seed collection similar to mine, take the time to review it and ensure that none of the seeds are open, sprouting, damp, or moldy. For any seeds exhibiting these issues, seal them properly, dispose of those with mold, or plant any that have started to sprout roots.



### Get Your Seedlings Ready for Planting

I prefer to categorize my seedlings into groups such as vegetables, flowers, fruits, and herbs, and then plant them together in sections. To prepare your seedlings for planting, you'll need the following items:

- Soil
- Seedling containers
- Plant food
- Water
- A sunny and warm location



### Plan Your Garden Layout

One important lesson I've learned over the years is to carefully determine where to position your plants. Identifying the right spots for your plants is crucial, as each one requires specific amounts of sunlight, water, and nutrients to thrive.





1st in Coffee is the first choice for discerning coffee drinkers.



### Welcome, Coffee Enthusiasts!

At 1st in Coffee, we offer premium espresso machines from renowned brands such as Jura, Elektra, Rocket, and Rancilio. Our inventory also includes essential supplies like coffee, filters, capsules, pods, cleaners, espresso cups, cappuccino cups, milk frothers, tampers, and more. Additionally, we feature an extensive selection of gourmet coffee beans and exquisite espresso coffee. With competitive prices and free shipping on orders over \$75, 1st in Coffee has become the go-to online destination for espresso lovers. We pride ourselves on providing expert guidance as well. Our dedicated support team, passionate about coffee, is available to assist you with any inquiries from 8 a.m. to 10 p.m. every day of the week. This commitment to exceptional customer service truly makes us first in the field!

# YFN

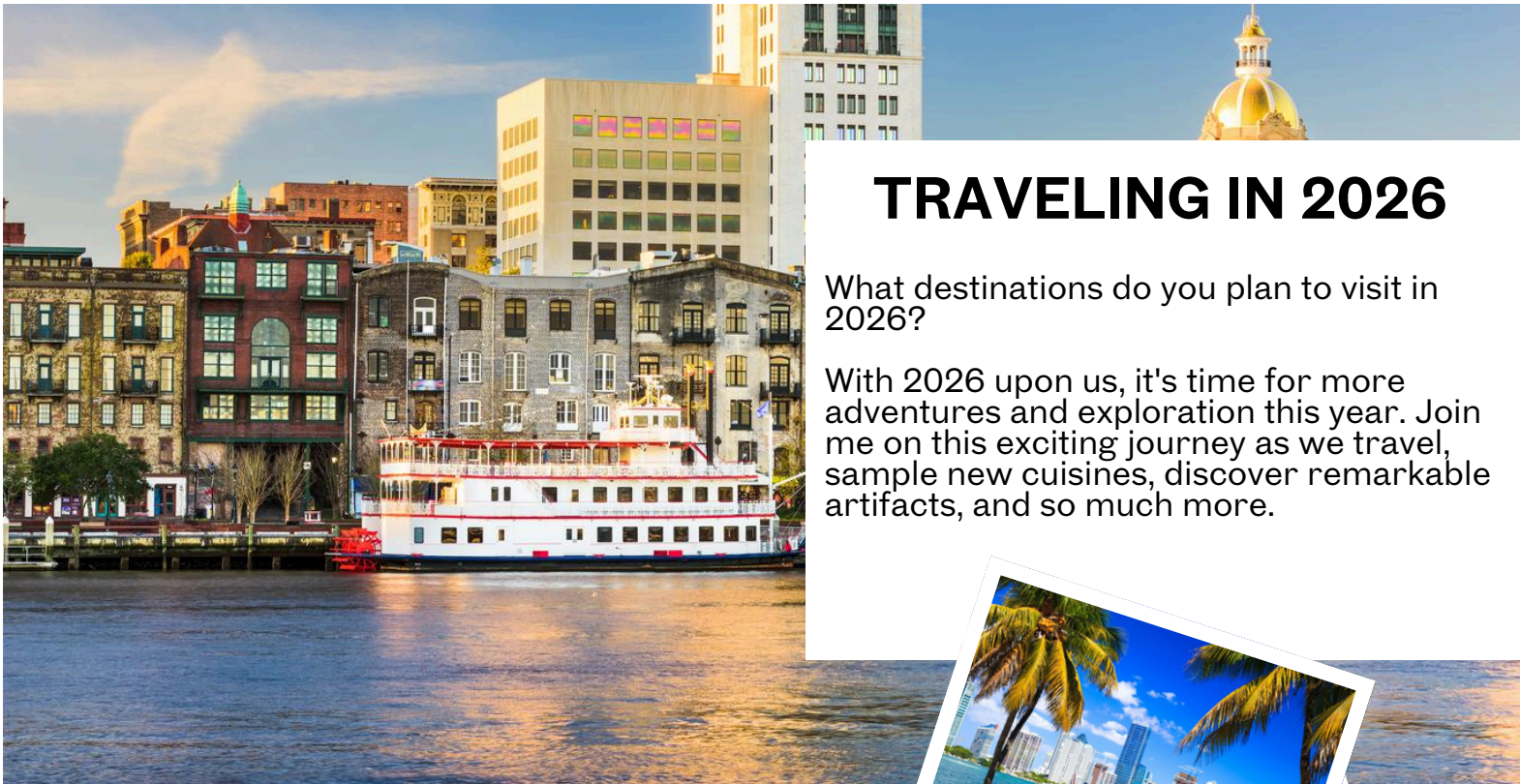


Valentine's Day is approaching get your sweetheart something special with YFN. Save up to 20% off and get a free elegant gift box - perfect for gifting. Whether your sweetheart is a coffee connoisseur or simply enjoys a cozy morning ritual, consider pairing this delightful gift with a selection from 1st in Coffee's gourmet offerings. Imagine the joy on their face when they unwrap a lovingly curated set that includes a premium espresso machine, a variety of rich coffee beans, and delicate espresso cups, all wrapped in YFN's elegant gift box. It's a combination that speaks to both love and the art of coffee making, ensuring that every sip shared is a moment cherished.

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# VACATION

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## TRAVELING IN 2026

What destinations do you plan to visit in 2026?

With 2026 upon us, it's time for more adventures and exploration this year. Join me on this exciting journey as we travel, sample new cuisines, discover remarkable artifacts, and so much more.

### Top travel destinations for 2026 include 12:

- Kyoto, Japan: This city offers a serene blend of ancient temples and modern culture, with stunning cherry blossoms painting the landscape in spring.
- Santorini, Greece: Known for its breathtaking sunsets and white-washed architecture, Santorini is a dream destination for those seeking romance and relaxation.
- Cape Town, South Africa: With its dramatic landscapes, vibrant culture, and rich history, Cape Town provides a unique blend of adventure and refinement.
- Marrakech, Morocco: Dive into the vibrant colors and bustling markets of Marrakech, where the scents of spices and the rhythm of life create an unforgettable experience.
- Queenstown, New Zealand: Known as the adventure capital of the world, Queenstown offers thrilling activities like bungee jumping and breathtaking hikes.
- Reykjavik, Iceland: Explore the otherworldly landscapes of Iceland, from majestic glaciers to the surreal beauty of the Northern Lights.
- Buenos Aires, Argentina: Immerse yourself in the passionate culture of Buenos Aires, where tango music fills the air and culinary delights await at every corner.
- Rome, Italy: Step back in time in Rome, where ancient ruins and timeless art coexist with vibrant street life and exquisite cuisine.



**Need a Travel Agent for your next Vacation contact  
LaToya Jenkins  
at [newhorizontravelers@gmail.com](mailto:newhorizontravelers@gmail.com)**

# SOCIAL MEDIA

FOLLOW MY JOURNEY AS A MOM ON SOCIAL MEDIA AND STAY UP-TO-DATE WITH  
OUR WEEKLY NEWSLETTER AND MUCH MORE.

## SUBSCRIBE ONLINE

### **Social Media**

Facebook: @mylifehobbiesasamom | @quelasdesign

Facebook Group: Quela's Sip & Party

Instagram: @mylifeasamomblog | @quelasdesign

@quelassipnparty

### **Website**

Blog: [www.mylifehobbiesasamom.com](http://www.mylifehobbiesasamom.com)

One Hope Wine:

<https://www.onehopewine.com/myshop/taquela-hudson>

doTerra: [my.doterra.com/quelascents](http://my.doterra.com/quelascents)

Etsy Shop: [www.etsy.com/shop/quelasdesign](http://www.etsy.com/shop/quelasdesign)



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# MISS AN ISSUE DOWNLOAD TODAY

On My Life As A Mom  
[mylifehobbiesasamom.com](http://mylifehobbiesasamom.com)

NEW  
GREENHOUSE  
GARDEN  
BOOK  
COMING IN  
MARCH





## INVITE FRIENDS AND YOU'RE BOTH REWARDED!



Do you love doTERRA products? Do you enjoy sharing how much you love them and receiving free products? If so, the Refer-a-Friend program is for you!

All it takes is three easy steps:

*Love*

Love doTERRA products? You already share your favorite products with friends, now you can be rewarded for it.

**SHARE**

You share your link with friends. Tell your friends about doTERRA and share your link via email, text, or social media.

**EARN**

You earn doTERRA dollars. You receive 20% of their first order in doTERRA dollars, which you can spend at [doterra.com](http://doterra.com).

Log into your account, copy your personalized link, and share with your friends. When someone uses your link to place an initial order, you'll receive doTERRA dollars in your account as a thank-you!

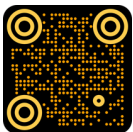
This program is a win for your friends too. If they use your link, they receive their first year of doTERRA membership for free, no matter the size of the order! You'll earn 20% of their initial order back in doTERRA dollars.

### doTERRA Dollars

doTERRA dollars are credits you can use toward doTERRA product purchases—just like cash or store credit. You can apply your doTERRA dollars—visible at checkout or in your account profile—toward any cost (products, shipping, taxes) on [doterra.com](http://doterra.com). When friends with new Wellness Advocate or Wholesale Customer accounts place their first order using your link, the doTERRA dollars you earned will appear in your account within 10 calendar days.† You can receive up to \$599 doTERRA dollars in a calendar year, so what are you waiting for? Start sharing now!

### Find Your Personal Link

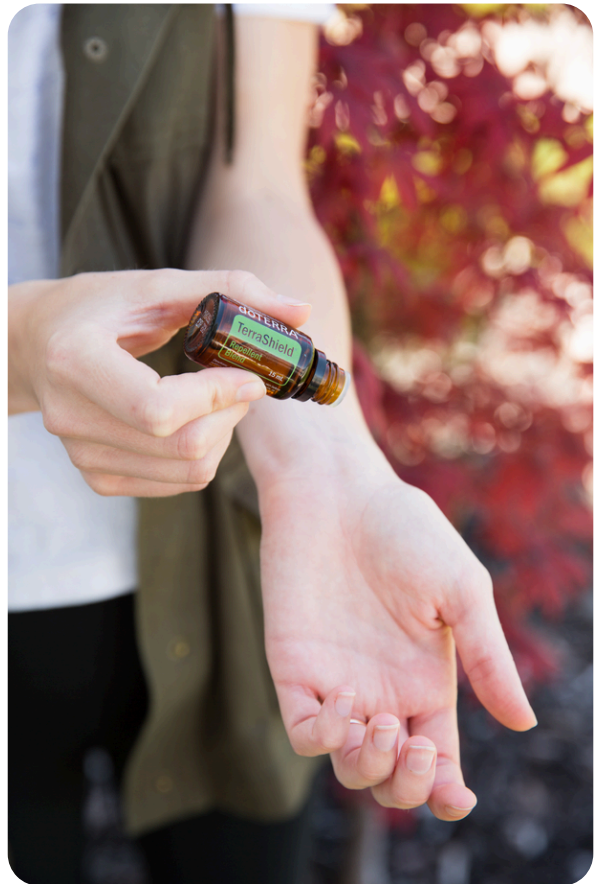
When you log into [doterra.com](http://doterra.com), there will be a popup with your link.



Scan QR to Contact Me



Shop My Bag





# APRIL PROMO

Don't miss out on the special promotions doTERRA offers every month! Discounts, free product opportunities, and other deals are always on this page. Come back each month to check out our latest promotions.

## CELEBRATE YOUR RADIANCE



April is a special time to celebrate the inspiring women in your life, who deserve to feel confident, supported, and beautiful. And that includes you! We've curated two meaningful gifts so you can gift with intention and enjoy exclusive expressions of care and celebration!

### Celebrate Your Timeless Essence

The limited-time doTERRA Timeless Trio is a meaningful, easy-to-gift collection that inspires confidence and everyday luxury. This exclusive set includes three portable, prediluted roller bottles featuring returning favorites: Beautiful Touch, Shine Touch, and Whisper® Touch.

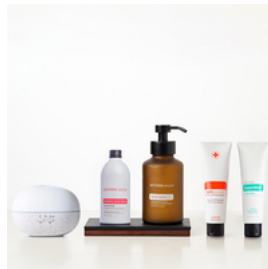
This incredible gift:

- Delivers a range of uplifting, warming, and energizing aromas to support different moods and moments.
- Offers three distinct sensory experiences, allowing for personal choice whenever desired.
- Encourages confidence, comfort, and self-expression.



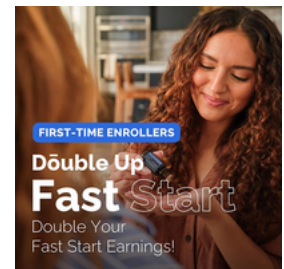
### FREE Product Points!

New or returning customers place an initial 100 PV order in January, shop again with 100 PV in February, and enjoy 100 free product points in March!



### Free Membership Gifts!





































New members who join doTERRA with at least 150 PV get to pick from three free gifts! Share this amazing opportunity with everyone you know.




































### Doubled Fast Start!

**Double Up Fast Start** is back, now for **first-time enrollers!** If you've never enrolled anyone before, take advantage of this incredible promotion!

# APRIL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			<p>WINE WINE WINESDAY</p> 	 <p>THIRSTY THURSDAY</p>	<p>THE LATE</p>  <p>NIGHT READ</p>	 <p>GARDEN UPDATE</p>  <p>ARTS &amp; CRAFT</p>
6	7	8	9	10	11	
<p>EASTER SUNDAY</p> 	<p>Planning</p> 	 <p>FAVORITE PODCAST OF THE WEEK</p>	<p>WINE WINE WINESDAY</p> 	 <p>THIRSTY THURSDAY</p>	<p>THE LATE</p>  <p>NIGHT READ</p>	 <p>GARDEN UPDATE</p>  <p>ARTS &amp; CRAFT</p>
12	13	14	15	16	17	18
 <p>NEWS LETTER</p> <p>OVERVIEW</p>	<p>Planning</p> 	 <p>FAVORITE PODCAST OF THE WEEK</p>	<p>WINE WINE WINESDAY</p> 	 <p>THIRSTY THURSDAY</p>	<p>THE LATE</p>  <p>NIGHT READ</p>	 <p>GARDEN UPDATE</p>  <p>ARTS &amp; CRAFT</p>
19	20	21	22	23	24	25
 <p>NEWS LETTER</p> <p>OVERVIEW</p>  <p>SKIN CARE</p>  <p>BIBLE STUDY</p>	<p>Planning</p> 	 <p>FAVORITE PODCAST OF THE WEEK</p>	<p>WINE WINE WINESDAY</p> 	 <p>THIRSTY THURSDAY</p>	<p>THE LATE</p>  <p>NIGHT READ</p>	 <p>GARDEN UPDATE</p>  <p>ARTS &amp; CRAFT</p>
26	27	28	29	30		
 <p>NEWS LETTER</p> <p>OVERVIEW</p>	<p>Planning</p> 	 <p>FAVORITE PODCAST OF THE WEEK</p>	<p>WINE WINE WINESDAY</p> 	 <p>THIRSTY THURSDAY</p>		

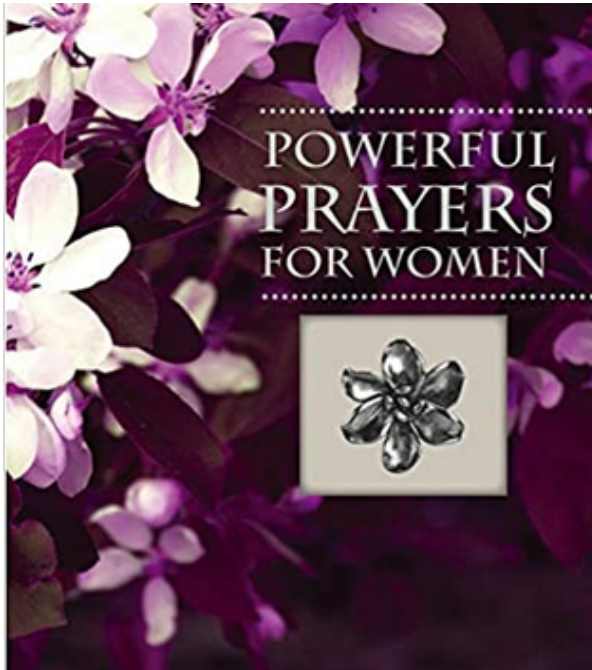
# May

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 <b>THE LATE</b>  <b>NIGHT READ</b>	2  <b>GARDEN UPDATE</b>  <b>ARTS &amp; CRAFT</b>
3  <b>NEW'S LETTER</b> <b>OVERVIEW</b>	4 	5  <b>FAVORITE PODCAST OF THE WEEK</b>	6 <b>WINE WINE WINESDAY</b> 	7  <b>THIRSTY THURSDAY</b>	8 <b>THE LATE</b>  <b>NIGHT READ</b>	9  <b>GARDEN UPDATE</b>  <b>ARTS &amp; CRAFT</b>
 <b>HAPPY MOTHER'S DAY!</b>	11 	12  <b>FAVORITE PODCAST OF THE WEEK</b>	13 <b>WINE WINE WINESDAY</b> 	14  <b>THIRSTY THURSDAY</b>	15 <b>THE LATE</b>  <b>NIGHT READ</b>	16  <b>GARDEN UPDATE</b>  <b>ARTS &amp; CRAFT</b>
17  <b>SKIN CARE</b>  <b>BIBLE STUDY</b>  <b>NEW'S LETTER</b> <b>OVERVIEW</b>	18 	19  <b>FAVORITE PODCAST OF THE WEEK</b>	20 <b>WINE WINE WINESDAY</b> 	21  <b>THIRSTY THURSDAY</b>	22 <b>THE LATE</b>  <b>NIGHT READ</b>	23  <b>GARDEN UPDATE</b>  <b>ARTS &amp; CRAFT</b>
24  <b>SKIN CARE</b>  <b>BIBLE STUDY</b>	25 	26  <b>FAVORITE PODCAST OF THE WEEK</b>	27 <b>WINE WINE WINESDAY</b> 	28  <b>THIRSTY THURSDAY</b>	29 <b>THE LATE</b>  <b>NIGHT READ</b>	30  <b>GARDEN UPDATE</b>  <b>ARTS &amp; CRAFT</b>
31  <b>NEW'S LETTER</b> <b>OVERVIEW</b>						

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# SUNDAY MOTIVATION

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## TAKE A MOMENT TO BREATHE AND PRAY BIBLE STUDY WITH ME

Pause for a moment  
to breathe and reflect.  
Engage in prayer.

Allow your thoughts to settle like leaves on a still pond. Embrace the tranquility that surrounds you and let gratitude fill your heart. In these moments of reflection, find strength and inspiration to carry you through the week. Let your spirit be rejuvenated, ready to embrace new challenges and opportunities with a renewed sense of purpose and optimism.

### FAVORITE LISTENING APPS

Bible study apps are crucial for enhancing scripture understanding, featuring study guides, daily devotionals, and interactive reading plans. They accommodate various learning styles with audio versions, verse-by-verse analysis, and theologian commentaries. Users can personalize their experience with highlighting, annotating, and bookmarking. Many apps also offer community forums for discussion and support, benefiting individual and group studies.

Bible.com  
YouVersion  
BibleProject App

### STUDY



Welcome to our Bible Study. As we gather to explore the scriptures, let us open our hearts and minds to the teachings within. Together, we will delve into the profound wisdom and timeless truths, seeking to deepen our understanding and strengthen our faith. Let's begin this journey of spiritual growth and discovery.

### TOOLS



Bible Study Tools are essential for enhancing your understanding of scripture. They can help you delve deeper into the text, providing historical context, language insights, and thematic connections. Whether you're using commentaries, concordances, or digital resources, these tools can enrich your study and facilitate a more meaningful exploration of biblical teachings.

# Mom Life

What “Mom Life” Means on My Life As A Mom  
My Life Hobbies as a Mom is a lifestyle and motherhood blog focused on the everyday realities of being a mom balancing family, personal interests, faith, home life, and self-care. The Mom Life category centers on real-life experiences and encouragement for mothers at different stages of parenting.

Core Themes You’ll See in “Mom Life”  
The Mom Life content typically includes:

- Everyday motherhood experiences
- Reflections on parenting highs and lows, routines, challenges, and growth as a mom
- Encouragement & inspiration
- Posts meant to uplift moms emotionally and spiritually, especially during overwhelming seasons of life
- Personal stories
- Honest, relatable moments from the author’s own life as a mother—often written in a warm, conversational tone
- Faith & family values
- Many posts reflect faith-based encouragement woven into parenting and daily life
- Balance & self-care
- Finding time for hobbies, rest, and personal fulfillment while raising children

**BUSY MOM'S  
BREAKFAST BUNDLE**

**21** smoothie blends

**BUNDLE DEAL**  
\* **SAVE \$45** \*  
\* **FREE SHIPPING** \*

+ 24/7 Nutritionist Access

BUMPIN  
BLENDS

## ONE-TIME MOM BUNDLE

Transform your mornings with Bumpin Blends—the perfect breakfast solution for busy moms. Our smoothie bundles make healthy eating easy, even on the busiest days.

Choose your bundle:

- **Quick Start Pack:** 14 blends for a fast, affordable health boost.
- **Busy Mom's Bundle:** 21 blends, free shipping, and nutritionist access.
- **Ultimate Pack:** 28 blends, free shipping, an exclusive wellness download, and nutritionist access.

Each bundle features our top 7 blends: Strawberry Superwoman, Peanut Butter Cup, Cherry Dreams, Cookie Dough, Banging Banana Split, Cinnamon Chai, and Berry Awake. Crafted by a dietitian and made by moms, every sip is packed with balanced nutrition and care.

*tea*

**Special Occasion Shop**  
From festive family matching looks to dresses like delicate confections, we have sweet styles to make every occasion merry and bright.

# Shop My Affiliates

Cricut is hosting a month-long sale on a variety of popular crafting supplies, such as vinyl, cutting tools, mats, and machines. Be sure to check out My Life As A Mom for exclusive coupons and discount codes. Whether you're a seasoned crafter or just starting, this sale is the perfect opportunity to stock up on essentials and explore new creative possibilities. From personalizing home décor to creating unique gifts, the options are endless with Cricut's versatile tools. Don't miss out on the chance to bring your imaginative ideas to life with high-quality materials at unbeatable prices. Happy crafting!



Enrich Your Space with the Albert Levi Art Collection

Infuse your environment with a splash of creativity through the Albert Levi art collection. Whether you seek a hint of elegance or a vibrant pop of color, Albert Levi's artworks will undoubtedly transform any room into a gallery of inspiration.

- Each piece is meticulously crafted, showcasing vibrant hues and dynamic compositions that resonate deeply.
- Ideal for those who cherish the finer things in life, this collection features a variety of styles and themes to suit diverse tastes.

Elevate the aesthetic of your home with a breathtaking piece from the collection, allowing your walls to narrate a tale of creativity and passion.



Enjoy a 30% discount on wallpaper at Walls Republic!

## Outfit of the Week



## Wine Wine Wednesday



On Wine Wine Wednesday, people often gather to enjoy a glass of wine and unwind. It's a midweek tradition that provides a moment of relaxation and socialization. Check out the Wine of the week every Wednesday.

## Thirsty Thursday



Welcome to Thirsty Thursday! Here are some delightful cocktail recipes to try:

White Peach Sangria (light & refreshing)

What you need:

- White wine (like Pinot Grigio)
- Sliced peaches + green apples
- Peach juice or nectar
- Sparkling water

Vibe: Fresh, slightly sweet, perfect for warmer days.

Tropical Sangria

What you need:

- White wine
- Pineapple juice
- Orange slices + pineapple chunks
- Splash of coconut water
- Optional: rum

Vibe: Feels like a mini vacation in your kitchen

ish with a lime wedge and jalapeño slice.

Enjoy your cocktail Thursday with these refreshing drinks!



*Spring Planting  
Coming Soon*



HOTEL  
COLLECTION®

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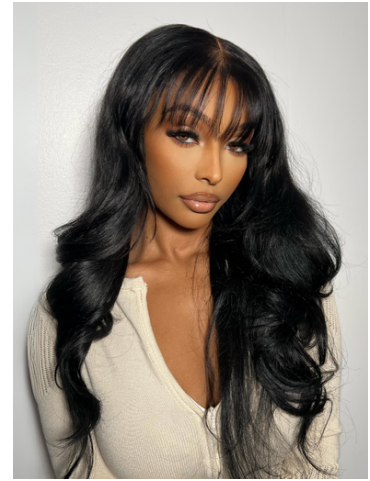
Cold-air diffuses oils into a dry mist for lasting, superior coverage.

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9th Anniversary Presale up to \$180 dollars off Code: BF! Celebrate with us and enjoy incredible savings on your favorite items. Whether you're looking to treat yourself or find the perfect gift, our anniversary sale has something special for everyone. Don't miss out—shop now and take advantage of this limited-time offer. Thank you for being part of our journey!



Welcome to Sleep & Beyond, your ultimate destination for 100% organic and natural cotton and wool bedding.



*May*

**COMING  
SOON**

**March 2026**