

MY LIFE AS A MOM

Issue 2
February 2026

Love Life As It Is, Enjoy What You Do



In this edition



From the Editor's Desk

Recipe of the Month

Sign Up for Newsletter

Social Media

Book of the Month

doTerra

Craft with Me

February & March Calendar

One Hope Wine

Sunday Motivation

2026 Garden Plans



FROM THE EDITOR'S DESK



Hello, Friends!

As March arrives, it ushers in the gentle warmth of early spring, making it the ideal season for refreshing gatherings and new beginnings! This month, I'm thrilled to share my garden plans, daily routine, and insights into my everyday life. I'll also introduce creative ideas for my spring garden, unveil new recipes, spotlight a book of the month, and much more. Additionally, I'll be including some delightful spring décor ideas. I warmly invite you to join me on my blog and can't wait to see you there!

Sincerely,

Paquela Hudson
Blogger & Editor



minted





WHY ART OF TEA?

We source from the top 2% of all teas produced in the world



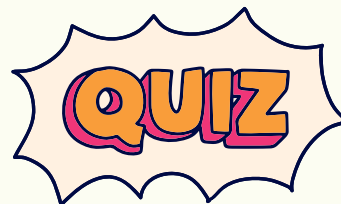
Join the Tea Club
Subscribe and Save

Allow us to take you on a journey into the world of tea, where you can experience tea classics, rare finds, and specialty blends delivered straight to your doorstep!

ART OF TEA X HOLLAND AMERICA

Holland America Line is a recognized leader in cruising, offering award-winning service and unforgettable journeys.

Enjoy our exclusive Dutch Tea Time blend, custom crafted in partnership with Holland America. Bright citrus, florals, and orange shine in this signature blend, available in a curated sampler with Earl Grey Crème and Pacific Coast Mint.



Need Help Deciding?
Take our tea quiz to get matched up with the best teas for your taste.

Best Sellers



6 months
Tea
Subscription

Blue Pineapple
Ice Tea

Assorted 50
Count Tea Bag

website: www.artoftea.com



*Explore grad-approved announcements,
invitations, gifts, signs, & more.*

minted

Spread the Joy with Minted

Share your special announcements with friends and family, whether it's for your wedding, graduation, engagement, baby shower, or any other exciting event. Minted offers beautifully crafted designs that add a personalized touch, perfectly capturing the essence of your memorable moments.

- Choose from classic, modern, or whimsical styles to find the ideal expression of your happiness and invite your loved ones to celebrate with you.
- Explore a wide selection of luxurious paper options, vibrant colors, and elegant typography to create an announcement that truly represents your unique story.

With Minted, every occasion becomes unforgettable, and every detail is valued.

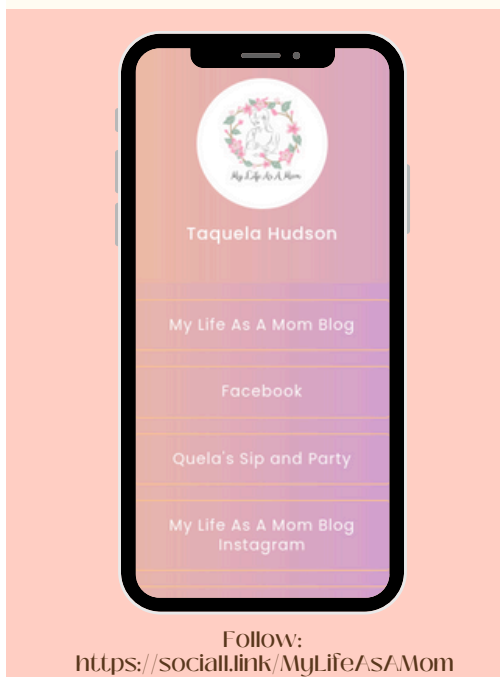


Make it personal

mintedwedding



My Life As A Mom Newsletter



What to look for?

Top Podcast - Sharing my favorite podcast

Affiliate Post - Check out some deals from some of my affiliates

All About Wine - Wine Wine Winesday every Wednesday

Garden Saturday - Take a Scroll in my garden

MOMENT AS
A MOTHER
LEARN THE STRENGTH
WITHIN

MOM
#Momlife

Natural Cleaning Recipes

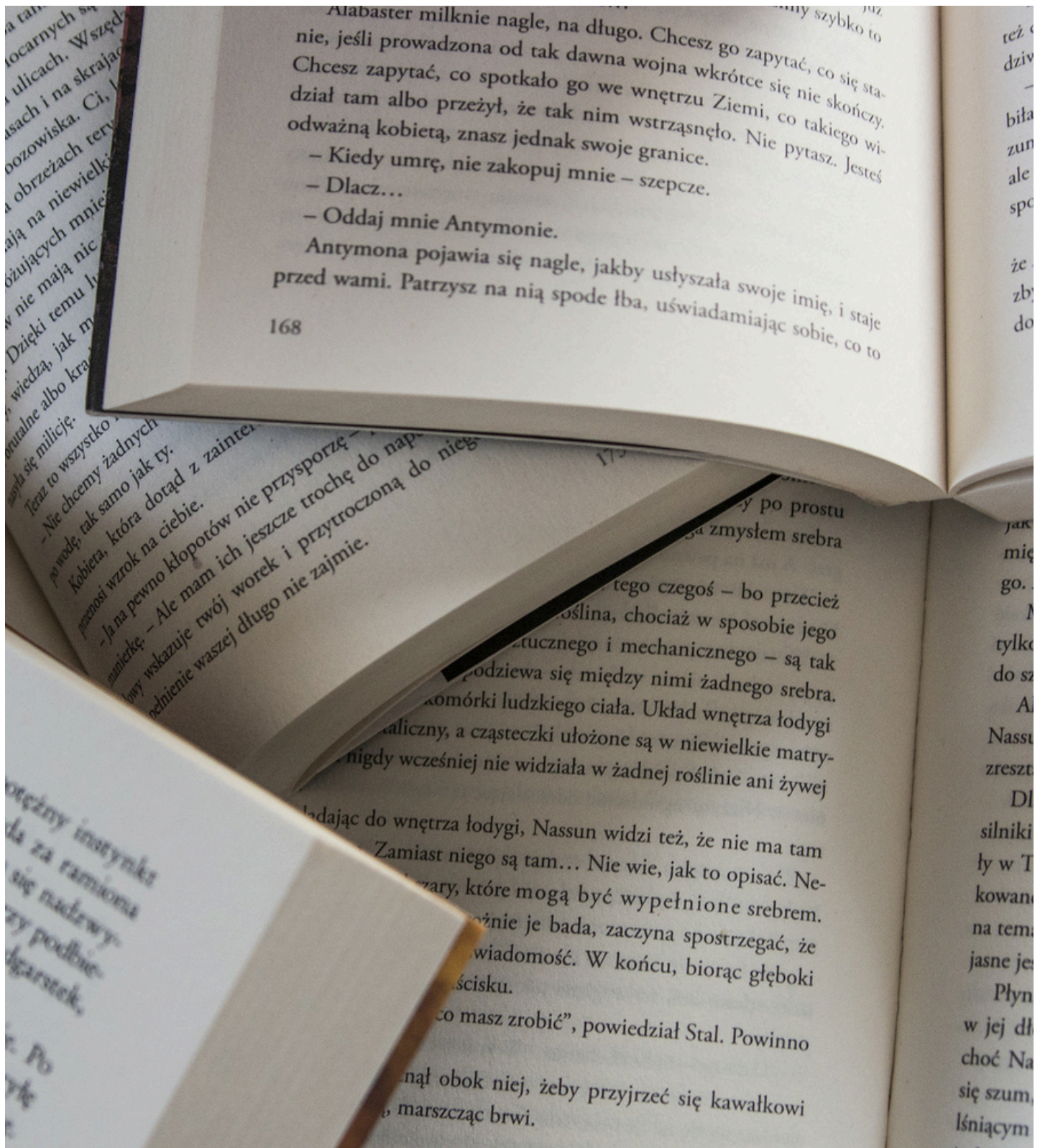
Come make homemade sanitizers, disinfectants, and more with me on My Life As A Mom Blog



Design

START A

BOOK CLUB

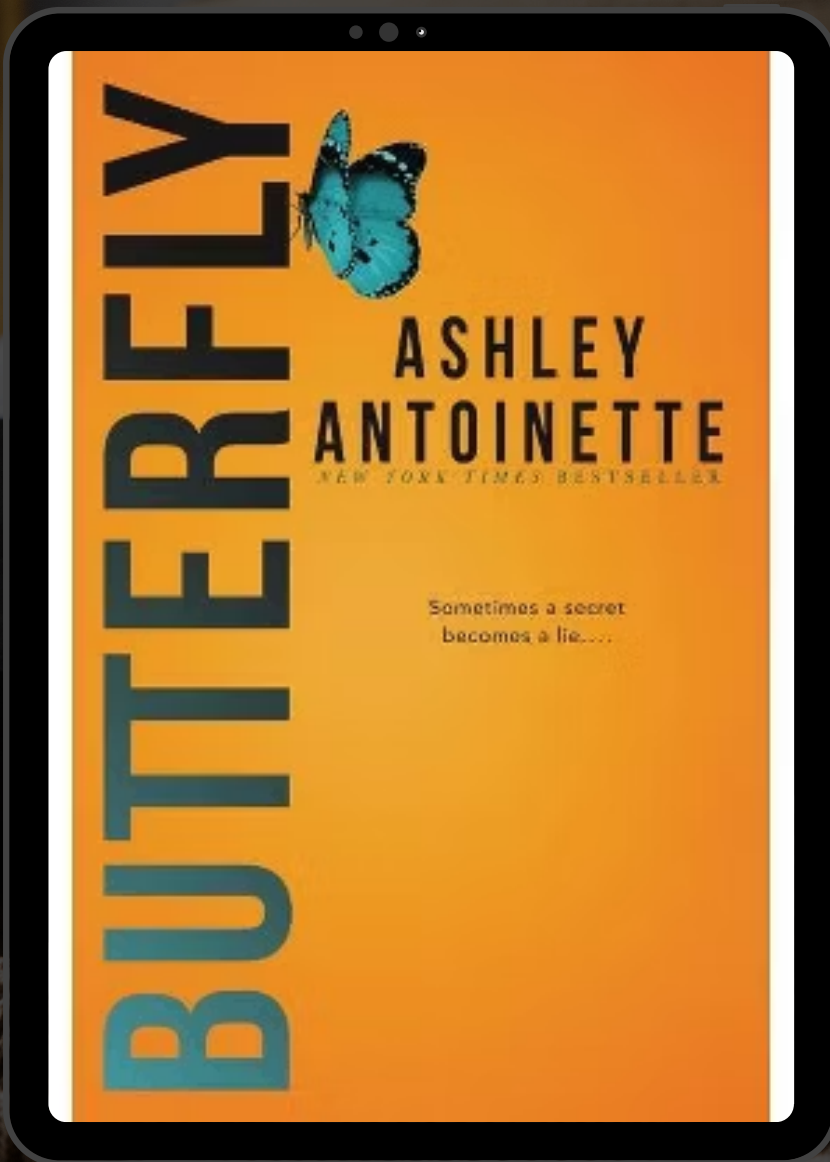


START A BOOK CLUB

BOOK OF THE MONTH

Butterfly

Check out book 2 - 5



***Butterfly* is the first novel in an all new series by New York Times bestselling author Ashley Antoinette and an instant USA Today bestseller!**

"Run away from the boy that gives you butterflies, he's going to break your heart."

Morgan Atkins had been told that phrase ever since she was a little girl and still she allowed herself to fall for the boy that made her heart flutter. After losing her first love, Morgan is terrified to love again. She's settled for a comfortable life with a respectable man. She has everything. She's living in the lap of luxury and although she's comfortable, she's bored out of her mind.

When a ghost from her past blows into town, she finds herself entangled in an illicit affair. It's wrong, but she can't fight the butterflies he gives her and honestly, she doesn't want to. She can't hide the natural attraction she feels and soon, she's so deep involved that she can no longer tell where the boundary between right and wrong lies. Her heart is telling her one thing, but her head is saying another. Morgan Atkins has always been a spoiled girl and she tries to have it all, but when she's forced to choose between a good man and a bad boy, someone will end up hurt. Someone just may end up dead.

Morgan Atkins has been through more tragedy than one girl can bear. Will she weather this storm? Or will the ultimate heartbreak ruin her for good?

DAUGHTER'S CHOICE

Self Love & Spirituality

**SILVER MEDAL WINNER — READERS' FAVORITE
INTERNATIONAL BOOK AWARD**

*Recognized with the 2025 READERS' FAVORITE SILVER MEDAL in one of the world's largest international book competitions, **Glow Up: Self-Love & Spirituality for Teens** by award-winning author Charlotte Swift is a powerful guide to confidence, resilience, and self-discovery for today's teens.*

Confidence. Clarity. Connection. A Glow-Up for the Soul. School. Friendships. Social media. Trying to figure out who you are while dealing with everything life throws your way can feel overwhelming.

Glow Up: Self-Love & Spirituality for Teen Girls isn't about chasing perfection—it's about coming home to yourself. It's a guide to building the kind of confidence, peace, and self-respect that no one can take away.



COOKBOOK OF THE MONTH

Made with Love

Made With Love

Sweet Baking Recipes for Giving, Sharing & Celebrating Someone Special

Some desserts are made to impress.

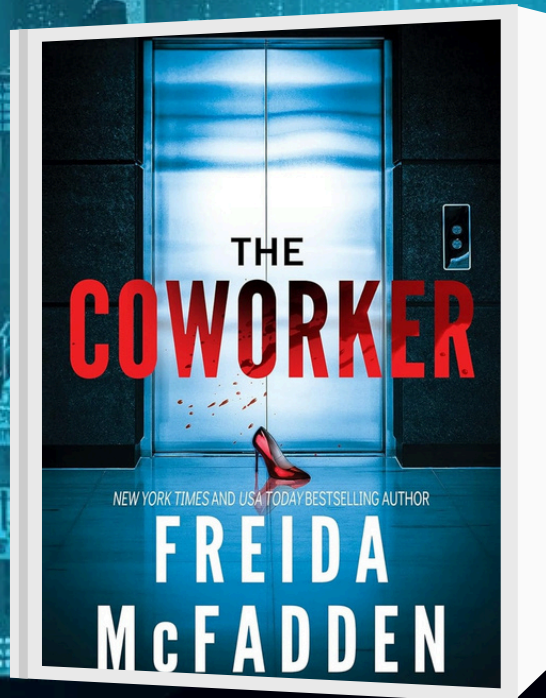
Others are made to be shared.

Made With Love is a beautifully styled baking cookbook created for moments that matter — when you want to give something thoughtful, homemade, and heartfelt. This is not a technical baking manual or a complicated pastry guide. It's a collection of elegant, approachable dessert recipes designed for gifting, sharing, and celebrating the people you care about.



The Late Night Read

*Look for The Late Nighty Read on
My Life As A Mom Blog*

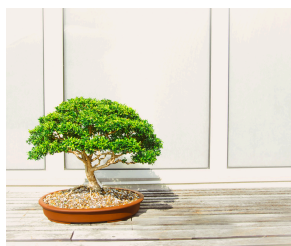


*Check out the book review on
My Life As A Mom Blog.*

Join me for some crafting lessons. I love to make things in my spare time, as it allows me to express my creativity and unwind from the hustle and bustle of daily life. Crafting offers a wonderful opportunity to explore different materials and techniques, whether it's through knitting, woodworking, painting, or any other form of art that speaks to you. It's a chance to immerse yourself in the process, finding joy in the act of creating something with your own hands.

In these lessons, we'll not only focus on the technical skills needed to bring your ideas to life but also on the importance of infusing your personal style into each project. Crafting is about more than just the final product—it's about the journey, the experimentation, and the satisfaction of making something uniquely yours.

Whether you are a beginner eager to learn the basics or an experienced crafter looking for new inspiration, these sessions will cater to all skill levels. Together, we will explore a variety of projects that you can customize to suit your taste and home decor. So gather your supplies, bring your enthusiasm, and let's embark on this creative adventure together!



CRAFT WITH ME

It's a beautiful way to blend creativity with emotion, resulting in pieces that hold personal significance and tell a story. Each handmade item becomes a cherished keepsake, a tangible reminder of the love and effort poured into its creation.

In our crafting sessions, we'll explore how to infuse heartwarming sentiments into your projects, transforming everyday materials into extraordinary expressions of affection. Whether you're crafting a gift for a loved one or creating something special for yourself, the process allows you to slow down and savor the moment, making each stitch or brushstroke a celebration of love and creativity.

So, let's gather our tools, let our imaginations run wild, and create beautiful pieces that not only enhance our surroundings but also touch our hearts.



Craft Made by You

Together, we'll dive into a world of color, texture, and form, discovering innovative ways to bring your creative visions to life. With each lesson, you'll gain confidence in your abilities and uncover the joy of experimentation, all while developing a style that is distinctly yours.

Our sessions are designed to be interactive and engaging, encouraging you to share your ideas and draw inspiration from fellow crafters. We'll explore a range of materials, from traditional to unconventional, and learn how to combine them in unexpected ways to create stunning results.

Whether it's mastering the basics of a new medium or perfecting advanced techniques, you'll find that each project is a stepping stone towards greater artistic expression. So, let's get started on this exciting journey of discovery and creativity. Your masterpiece awaits!

TOOLS FOR CRAFTING

My Crafting Tool

Knitting



Cricut Explore 3



Cricut Heat Press

Wood Burning Tool



Candle Making



Cup Turner Tumbler



Sewing Machine



Etch Drill



Designs

Quela's Designs & Planning
LLC



Shop in Style

Quela's Designs & Planning, LLC, a premier boutique known for its exquisite taste and attention to detail, offers a curated selection of bespoke fashion and event planning services. Nestled in the heart of the city, Quela's Designs & Planning, LLC has become synonymous with elegance and sophistication, attracting a discerning clientele who seek unique and personalized experiences. Whether you're searching for the perfect outfit to make a statement or planning an unforgettable event, Quela's expert team is dedicated to bringing your vision to life with creativity and flair. With a commitment to quality and a passion for excellence, Quela's Designs & Planning ensures every detail is meticulously crafted to reflect your individual style.



DISCOVER THE JOY OF MAKING A PRINTABLE BOOK ONLINE IN MINUTES

Why Bookemon?

**Best Price Everyday for All Products! no
promotion gimmicks to disguise high prices
Existing Content into a Quality Book no time! no
new software to learn.**

**Free to Join and Free Book Creator to Use
Add Multimedia Elements like Video and Audio
voice of your passion and expression to include
See Details**



Celebrate the Holiday Season with OneHope

**Every Bottle Matters:
Today and Every Day
Take advantage of 20% OFF
SITEWIDE
on wines that contribute to
meaningful causes.
Every purchase helps support
initiatives that create a
genuine impact.**

**The Exclusive
Impact-Driven Wine Clu**



Bookmarks

Print on Card-stock | Laminated | Enjoy





Maximized Your Space

1. EXPLORE THE POSSIBILITIES

See how real customers have brought the potential of their space to life and get ideas for how you can too. Discover layout ideas, smart storage solutions, and organizing tips to spark your imagination.

2. MEASURE YOUR SPACE

Taking accurate measurements is a simple and essential step. It helps us ensure a flawless, custom-fit solution.

3. DESIGN YOUR SOLUTION, YOUR WAY

Use our free design tool or design service to get started.

4. RECEIVE YOUR ORDER AND INSTALL

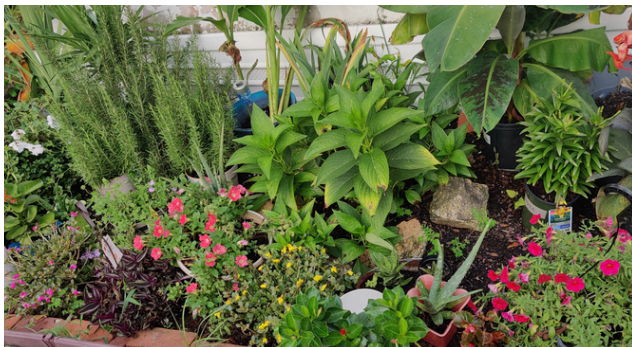
Our DIY installation method is designed with first-time do-it-yourselfers in mind.

5. ORGANIZE, ENJOY, AND SHARE

Place your belongings into their newly functional and organized space and enjoy for years to come.

Getting Ready for Spring

Planning Your Spring Garden



Plan Your Garden

With the New Year comes fresh plans and a new garden! This month, I'm excited to map out all the plants I intend to cultivate. I enjoy strategizing the layout of my garden, deciding where each plant will thrive and where they won't. Over time, I've discovered which plants grow well together and which do not. Having a clear plan for where everything will be planted ahead of time makes spring planting so much easier. Join me on my journey of planning and planting!

Seed Collection

If you have a seed collection similar to mine, take the time to review it and ensure that none of the seeds are open, sprouting, damp, or moldy. For any seeds exhibiting these issues, seal them properly, dispose of those with mold, or plant any that have started to sprout roots.



Get Your Seedlings Ready for Planting

I prefer to categorize my seedlings into groups such as vegetables, flowers, fruits, and herbs, and then plant them together in sections. To prepare your seedlings for planting, you'll need the following items:

- Soil
- Seedling containers
- Plant food
- Water
- A sunny and warm location



Plan Your Garden Layout

One important lesson I've learned over the years is to carefully determine where to position your plants. Identifying the right spots for your plants is crucial, as each one requires specific amounts of sunlight, water, and nutrients to thrive.





1st in Coffee is the first choice for discerning coffee drinkers.



Welcome, Coffee Enthusiasts!

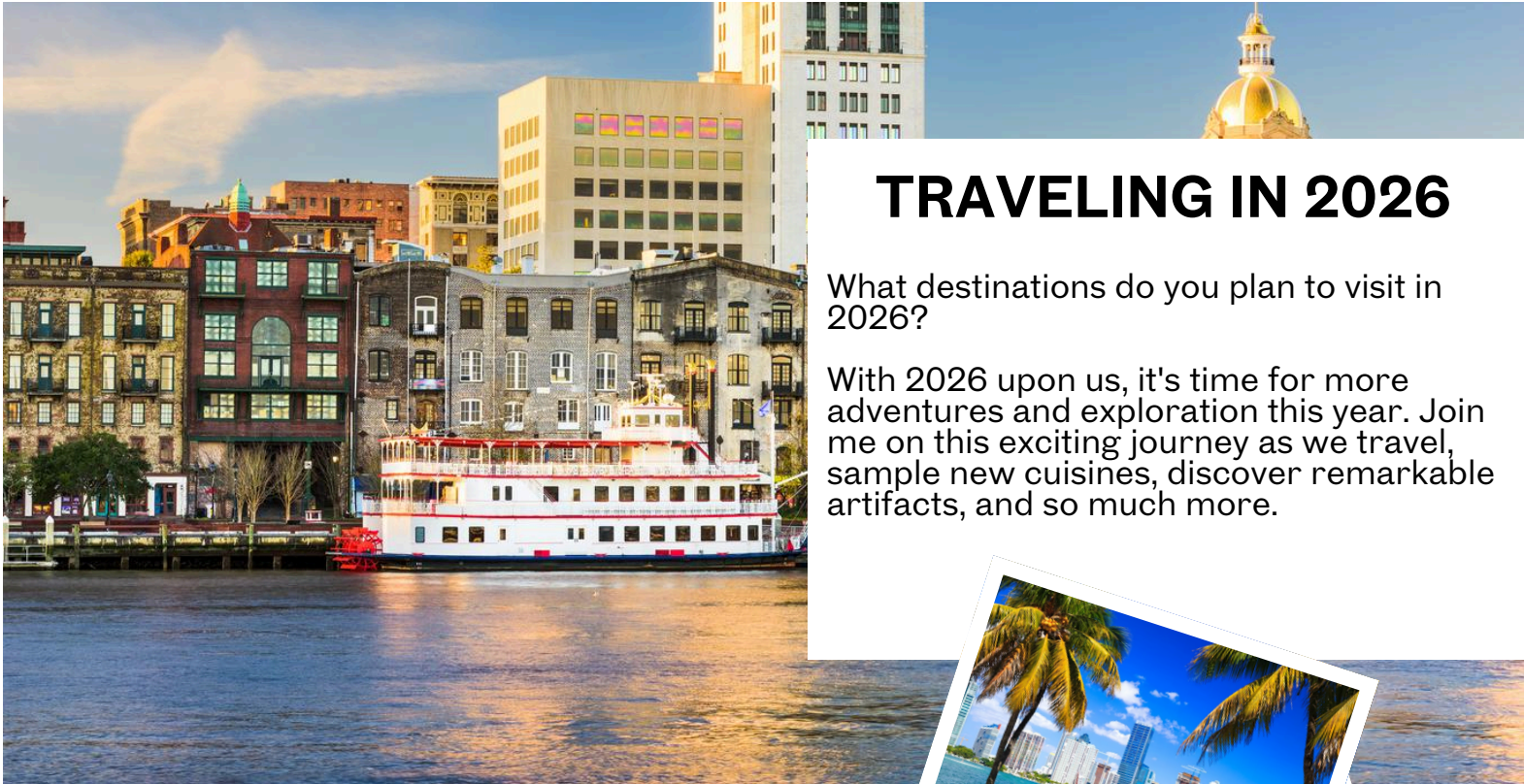
At 1st in Coffee, we offer premium espresso machines from renowned brands such as Jura, Elektra, Rocket, and Rancilio. Our inventory also includes essential supplies like coffee, filters, capsules, pods, cleaners, espresso cups, cappuccino cups, milk frothers, tampers, and more. Additionally, we feature an extensive selection of gourmet coffee beans and exquisite espresso coffee. With competitive prices and free shipping on orders over \$75, 1st in Coffee has become the go-to online destination for espresso lovers. We pride ourselves on providing expert guidance as well. Our dedicated support team, passionate about coffee, is available to assist you with any inquiries from 8 a.m. to 10 p.m. every day of the week. This commitment to exceptional customer service truly makes us first in the field!

YFN



Valentine's Day is approaching get your sweetheart something special with YFN. Save up to 20% off and get a free elegant gift box - perfect for gifting. Whether your sweetheart is a coffee connoisseur or simply enjoys a cozy morning ritual, consider pairing this delightful gift with a selection from 1st in Coffee's gourmet offerings. Imagine the joy on their face when they unwrap a lovingly curated set that includes a premium espresso machine, a variety of rich coffee beans, and delicate espresso cups, all wrapped in YFN's elegant gift box. It's a combination that speaks to both love and the art of coffee making, ensuring that every sip shared is a moment cherished.

VACATION



TRAVELING IN 2026

What destinations do you plan to visit in 2026?

With 2026 upon us, it's time for more adventures and exploration this year. Join me on this exciting journey as we travel, sample new cuisines, discover remarkable artifacts, and so much more.

Top travel destinations for 2026 include 12:

- Kyoto, Japan: This city offers a serene blend of ancient temples and modern culture, with stunning cherry blossoms painting the landscape in spring.
- Santorini, Greece: Known for its breathtaking sunsets and white-washed architecture, Santorini is a dream destination for those seeking romance and relaxation.
- Cape Town, South Africa: With its dramatic landscapes, vibrant culture, and rich history, Cape Town provides a unique blend of adventure and refinement.
- Marrakech, Morocco: Dive into the vibrant colors and bustling markets of Marrakech, where the scents of spices and the rhythm of life create an unforgettable experience.
- Queenstown, New Zealand: Known as the adventure capital of the world, Queenstown offers thrilling activities like bungee jumping and breathtaking hikes.
- Reykjavik, Iceland: Explore the otherworldly landscapes of Iceland, from majestic glaciers to the surreal beauty of the Northern Lights.
- Buenos Aires, Argentina: Immerse yourself in the passionate culture of Buenos Aires, where tango music fills the air and culinary delights await at every corner.
- Rome, Italy: Step back in time in Rome, where ancient ruins and timeless art coexist with vibrant street life and exquisite cuisine.



Need a Travel Agent for your next Vacation contact
LaToya Jenkins
at newhorizontravelers@gmail.com

SOCIAL MEDIA

FOLLOW MY JOURNEY AS A MOM ON SOCIAL MEDIA AND STAY UP-TO-DATE WITH
OUR WEEKLY NEWSLETTER AND MUCH MORE.

SUBSCRIBE ONLINE

Social Media

Facebook: @mylifehobbiesasamom / @quelasdesign

Facebook Group: Quela's Sip & Party

Instagram: @mylifeasamomblog / @quelasdesign

@quelassipnparty

Website

Blog: www.mylifehobbiesasamom.com

One Hope Wine:

<https://www.onehopewine.com/myshop/taquela-hudson>

doTerra: my.doterra.com/quelascents

Etsy Shop: www.etsy.com/shop/quelasdesign



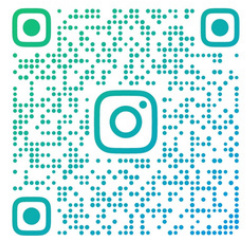
@MYLIFEASAMOMBLOG



@QUELASSIPNPARTY



Facebook Group
@QUELASSIPNPARTY



@MYLIFEASAMOMBLOG



@QUELASDESIGN





MISS AN ISSUE DOWNLOAD TODAY

On My Life As A Mom
mylifehobbiesasamom.com

NEW
GREENHOUSE
GARDEN
BOOK
COMING IN
MARCH





INVITE FRIENDS AND YOU'RE BOTH REWARDED!



Do you love doTERRA products? Do you enjoy sharing how much you love them and receiving free products? If so, the Refer-a-Friend program is for you!

All it takes is three easy steps:

Love

Love doTERRA products?
You already share your
favorite products with friends,
now you can be rewarded for it.

SHARE

You share your link with friends.
Tell your friends about doTERRA
and share your link via email,
text, or social media.

EARN

You earn doTERRA dollars.
You receive 20% of their first
order in doTERRA dollars,
which you can spend at
doterra.com.

Log into your account, copy your personalized link, and share with your friends. When someone uses your link to place an initial order, you'll receive doTERRA dollars in your account as a thank-you!

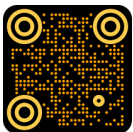
This program is a win for your friends too. If they use your link, they receive their first year of doTERRA membership for free, no matter the size of the order! You'll earn 20% of their initial order back in doTERRA dollars.

doTERRA Dollars

doTERRA dollars are credits you can use toward doTERRA product purchases—just like cash or store credit. You can apply your doTERRA dollars—visible at checkout or in your account profile—toward any cost (products, shipping, taxes) on doterra.com. When friends with new Wellness Advocate or Wholesale Customer accounts place their first order using your link, the doTERRA dollars you earned will appear in your account within 10 calendar days.[†] You can receive up to \$599 doTERRA dollars in a calendar year, so what are you waiting for? Start sharing now!

Find Your Personal Link

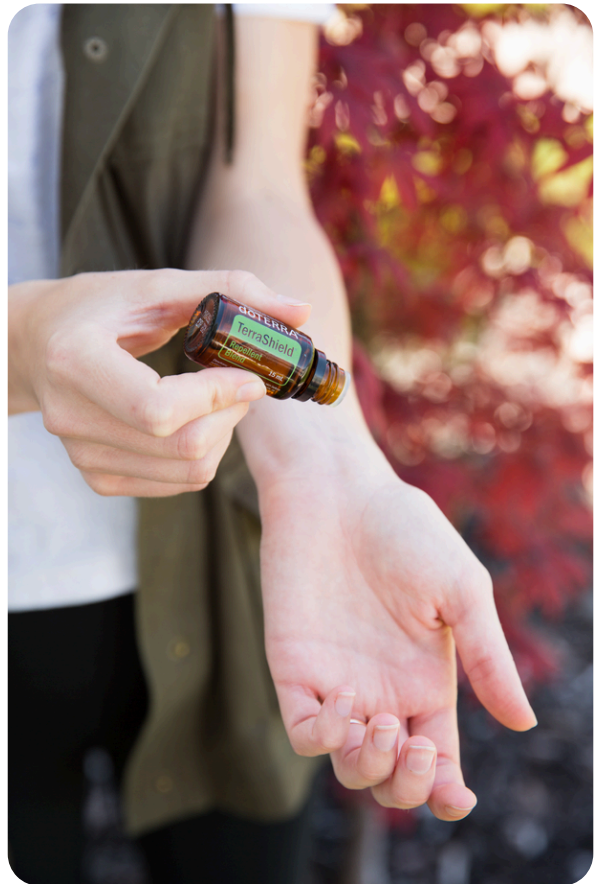
When you log into doterra.com, there will be a popup with your link.



Scan QR to
Contact Me



Shop My Bag





FEBRUARY PROMO

Don't miss out on the special promotions doTERRA offers every month! Discounts, free product opportunities, and other deals are always on this page. Come back each month to check out our latest promotions.

FEBRUARY FREEBIES



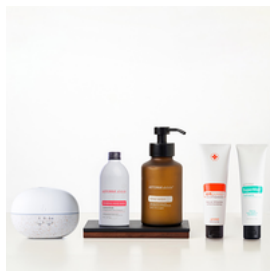
February Freebies

Get all this month's rewards! Order your **90-Day Reset Cleanse Bundle** February 1-15, and you'll receive **FREE MetaPWR, Castor Oil, Geranium, and a castor oil pack!**



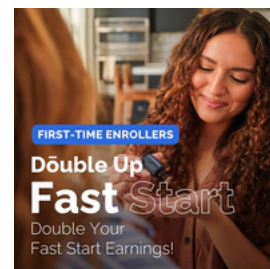
FREE Product Points!

New or returning customers place an initial 100 PV order in January, shop again with 100 PV in February, and enjoy 100 free product points in March!



Free Membership Gifts!




































New members who join doTERRA with at least 150 PV get to pick from three free gifts! Share this amazing opportunity with everyone you know.














































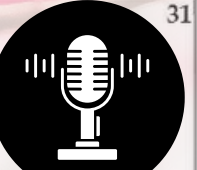
Doubled Fast Start!

Double Up Fast Start is back, now for **first-time enrollers!** If you've never enrolled anyone before, take advantage of this incredible promotion!

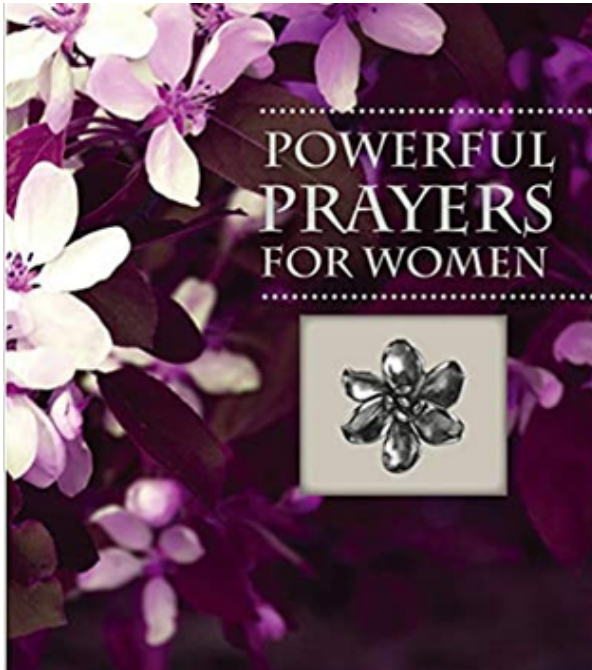
February

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1  NEWS LETTER OVERVIEW	2  Planning	3  FAVORITE PODCAST OF THE WEEK	4 WINE WINE WINESDAY 	5  THIRSTY THURSDAY	6 THE LATE  NIGHT READ	7  GARDEN UPDATE  ARTS & CRAFT
8  NEWS LETTER OVERVIEW	9  Planning	10  FAVORITE PODCAST OF THE WEEK	11 WINE WINE WINESDAY 	12  THIRSTY THURSDAY	13 THE LATE  NIGHT READ	14  GARDEN UPDATE  ARTS & CRAFT  be my VALENTINE
15  NEWS LETTER OVERVIEW  SKIN CARE  BIBLE STUDY	16  Planning	17  FAVORITE PODCAST OF THE WEEK	18 WINE WINE WINESDAY 	19  THIRSTY THURSDAY	20 THE LATE  NIGHT READ	21  GARDEN UPDATE  ARTS & CRAFT
22  NEWS LETTER OVERVIEW	23  Planning	24  FAVORITE PODCAST OF THE WEEK	25 WINE WINE WINESDAY 	26  THIRSTY THURSDAY	27 THE LATE  NIGHT READ	28  GARDEN UPDATE  ARTS & CRAFT

March

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>1</div> <div>  <p>NEWS LETTER</p> </div> <div>  <p>SKIN CARE</p> </div> <div>  <p>BIBLE STUDY</p> </div>	<div>2</div> <div>  <p>Planning</p> </div>	<div>3</div> <div>  <p>FAVORITE PODCAST OF THE WEEK</p> </div>	<div>4</div> <div>  <p>WINE WINE WINESDAY</p> </div>	<div>5</div> <div>  <p>THIRSTY THURSDAY</p> </div>	<div>6</div> <div> <p>THE LATE</p>  <p>NIGHT READ</p> </div>	<div>7</div> <div>  <p>GARDEN UPDATE</p> </div> <div>  <p>ARTS & CRAFT</p> </div>
<div>8</div> <div>  <p>NEWS LETTER</p> </div> <div> <p>OVERVIEW</p>  <p>SPRING FORWARD TIME CHANGE</p> </div>	<div>9</div> <div>  <p>Planning</p> </div>	<div>10</div> <div>  <p>FAVORITE PODCAST OF THE WEEK</p> </div>	<div>11</div> <div> <p>WINE WINE WINESDAY</p>  </div>	<div>12</div> <div>  <p>THIRSTY THURSDAY</p> </div>	<div>13</div> <div> <p>THE LATE</p>  <p>NIGHT READ</p> </div>	<div>14</div> <div>  <p>GARDEN UPDATE</p> </div> <div>  <p>ARTS & CRAFT</p> </div>
<div>15</div> <div>  <p>NEWS LETTER</p> </div> <div> <p>OVERVIEW</p>  <p>SKIN CARE</p> </div> <div>  <p>BIBLE STUDY</p> </div>	<div>16</div> <div>  <p>Planning</p> </div>	<div>17</div> <div>  <p>FAVORITE PODCAST OF THE WEEK</p> </div> <div> <p>HAPPY ST. PATRICK'S DAY</p>  </div>	<div>18</div> <div> <p>WINE WINE WINESDAY</p>  </div>	<div>19</div> <div>  <p>THIRSTY THURSDAY</p> </div>	<div>20</div> <div> <p>THE LATE</p>  <p>NIGHT READ</p> </div> <div>  <p>SPRING</p> </div>	<div>21</div> <div>  <p>GARDEN UPDATE</p> </div> <div>  <p>ARTS & CRAFT</p> </div>
<div>22</div> <div>  <p>NEWS LETTER</p> </div> <div> <p>OVERVIEW</p>  <p>SKIN CARE</p> </div> <div>  <p>BIBLE STUDY</p> </div>	<div>23</div> <div>  <p>Planning</p> </div>	<div>24</div> <div>  <p>FAVORITE PODCAST OF THE WEEK</p> </div>	<div>25</div> <div> <p>WINE WINE WINESDAY</p>  </div>	<div>26</div> <div>  <p>THIRSTY THURSDAY</p> </div>	<div>27</div> <div> <p>THE LATE</p>  <p>NIGHT READ</p> </div>	<div>28</div> <div>  <p>GARDEN UPDATE</p> </div> <div>  <p>ARTS & CRAFT</p> </div>
<div>29</div> <div>  <p>NEWS LETTER</p> </div> <div> <p>OVERVIEW</p> </div>	<div>30</div> <div>  <p>Planning</p> </div>	<div>31</div> <div>  <p>FAVORITE PODCAST OF THE WEEK</p> </div>				

SUNDAY MOTIVATION



TAKE A MOMENT TO BREATHE AND PRAY BIBLE STUDY WITH ME

Pause for a moment
to breathe and reflect.
Engage in prayer.

Allow your thoughts to settle like leaves on a still pond. Embrace the tranquility that surrounds you and let gratitude fill your heart. In these moments of reflection, find strength and inspiration to carry you through the week. Let your spirit be rejuvenated, ready to embrace new challenges and opportunities with a renewed sense of purpose and optimism.

FAVORITE LISTENING APPS

Bible study apps are crucial for enhancing scripture understanding, featuring study guides, daily devotionals, and interactive reading plans. They accommodate various learning styles with audio versions, verse-by-verse analysis, and theologian commentaries. Users can personalize their experience with highlighting, annotating, and bookmarking. Many apps also offer community forums for discussion and support, benefiting individual and group studies.

Bible.com
YouVersion
BibleProject App

STUDY



Welcome to our Bible Study. As we gather to explore the scriptures, let us open our hearts and minds to the teachings within. Together, we will delve into the profound wisdom and timeless truths, seeking to deepen our understanding and strengthen our faith. Let's begin this journey of spiritual growth and discovery.

TOOLS



Bible Study Tools are essential for enhancing your understanding of scripture. They can help you delve deeper into the text, providing historical context, language insights, and thematic connections. Whether you're using commentaries, concordances, or digital resources, these tools can enrich your study and facilitate a more meaningful exploration of biblical teachings.

BLACK MONTH HISTORY

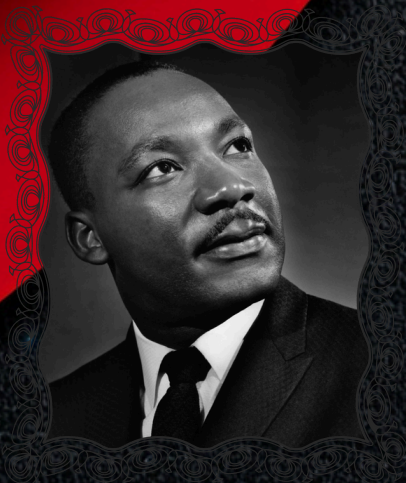
Celebrating Black History is an opportunity to honor the achievements and contributions of Black individuals and communities throughout history. It is a time to reflect on the rich cultural heritage, resilience, and perseverance that have shaped societies worldwide. By learning about the past, we gain a deeper understanding of the present and inspire future generations to continue the pursuit of equality and justice.



George Washington Carver



George Washington Carver



Martin Luther King, Jr.



Rosa Parks

**BUSY MOM'S
BREAKFAST BUNDLE**

21 smoothie blends

**BUNDLE DEAL
* SAVE \$45 *
+ FREE SHIPPING**

+ 24/7 Nutritionist Access

BUMPIN
BLENDS

ONE-TIME MOM BUNDLE

Transform your mornings with Bumpin Blends—the perfect breakfast solution for busy moms. Our smoothie bundles make healthy eating easy, even on the busiest days.

Choose your bundle:

- **Quick Start Pack:** 14 blends for a fast, affordable health boost.
- **Busy Mom's Bundle:** 21 blends, free shipping, and nutritionist access.
- **Ultimate Pack:** 28 blends, free shipping, an exclusive wellness download, and nutritionist access.

Each bundle features our top 7 blends: Strawberry Superwoman, Peanut Butter Cup, Cherry Dreams, Cookie Dough, Banging Banana Split, Cinnamon Chai, and Berry Awake. Crafted by a dietitian and made by moms, every sip is packed with balanced nutrition and care.

tea

Special Occasion Shop

From festive family matching looks to dresses like delicate confections, we have sweet styles to make every occasion merry and bright.

Shop My Affiliates

Cricut is hosting a month-long sale on a variety of popular crafting supplies, such as vinyl, cutting tools, mats, and machines. Be sure to check out My Life As A Mom for exclusive coupons and discount codes. Whether you're a seasoned crafter or just starting, this sale is the perfect opportunity to stock up on essentials and explore new creative possibilities. From personalizing home décor to creating unique gifts, the options are endless with Cricut's versatile tools. Don't miss out on the chance to bring your imaginative ideas to life with high-quality materials at unbeatable prices. Happy crafting!



Enrich Your Space with the Albert Levi Art Collection

Infuse your environment with a splash of creativity through the Albert Levi art collection. Whether you seek a hint of elegance or a vibrant pop of color, Albert Levi's artworks will undoubtedly transform any room into a gallery of inspiration.

- Each piece is meticulously crafted, showcasing vibrant hues and dynamic compositions that resonate deeply.
- Ideal for those who cherish the finer things in life, this collection features a variety of styles and themes to suit diverse tastes.

Elevate the aesthetic of your home with a breathtaking piece from the collection, allowing your walls to narrate a tale of creativity and passion.



Enjoy a 30% discount on wallpaper at
Walls Republic!

Outfit of the Week



Wine Wine Wednesday



On Wine Wine Wednesday, people often gather to enjoy a glass of wine and unwind. It's a midweek tradition that provides a moment of relaxation and socialization. Check out the Wine of the week every Wednesday.

Thirsty Thursday



Welcome to Thirsty Thursday! Here are some delightful cocktail recipes to try:

1. Classic Mojito

- Ingredients: 2 oz white rum
 - 1 oz fresh lime juice
 - 2 tsp sugar
 - 6-8 fresh mint leaves
 - soda water
 - ice
- Instructions:

Muddle mint leaves and sugar in a glass. Add lime juice and rum, then stir. Fill the glass with ice and top with soda water. Garnish with a mint spring.

2. Spicy Margarita

- Ingredients:
 - 2 oz tequila
 - 1 oz lime juice
 - 1 oz orange liqueur
 - ½ oz agave nectar
 - jalapeño slices
 - ice
- Instructions:

Mix tequila, lime juice, orange liqueur, and agave nectar in a shaker with ice. Add jalapeño slices for a kick. Shake well and strain into a glass with ice. Garnish with a lime wedge and jalapeño slice.

Enjoy your cocktail Thursday with these refreshing drinks!

Spring Planting Coming Soon





HOTEL
COLLECTION®

WHERE INNOVATION MEETS SOPHISTICATION

Easily adjustable strength options

Quiet diffuse technology

Cold-air diffuses oils into a dry mist for lasting, superior coverage.

Preserves fragrance oil properties without heat or water.

SUBSCRIBE TO AN EFFORTLESS SCENT EXPERIENCE

- Experience convenience with monthly fragrance deliveries
- Never run out of your favorite scents
- Flexibility to change fragrances and adjust delivery schedules
- Effortlessly explore new products





9th Anniversary Presale up to \$180 dollars off Code: BF! Celebrate with us and enjoy incredible savings on your favorite items. Whether you're looking to treat yourself or find the perfect gift, our anniversary sale has something special for everyone. Don't miss out—shop now and take advantage of this limited-time offer. Thank you for being part of our journey!



Welcome to Sleep & Beyond, your ultimate destination for 100% organic and natural cotton and wool bedding.



March

**COMING
SOON**

January 2026