

MY LIFE AS A MAM

Issue 1
January 2026

Love Life As It Is, Enjoy What You Do



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FROM THE EDITOR'S DESK



minted



NATALIE MILLS



EASYCLOSETS®

Hello, Friends!

As January arrives, it ushers in the refreshing chill of early winter, making it the ideal season for cozy gatherings and new year preparations! This month, I'm thrilled to share my garden plans, daily routine, and insights into my everyday life. I'll also introduce creative ideas for my winter garden, unveil new recipes, spotlight a book of the month, and much more. Additionally, I'll be including some delightful winter décor ideas. I warmly invite you to join me on my blog and can't wait to see you there!

Sincerely,

Taquela Hudson

Blogger & Editor



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Enjoy our exclusive Dutch Tea Time blend, custom crafted in partnership with Holland America. Bright citrus, florals, and orange shine in this signature blend, available in a curated sampler with Earl Grey Crème and Pacific Coast Mint.



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Best Sellers



6 months Tea Subscription Blue Pineapple Ice Tea Assorted 50 Count Tea Bag

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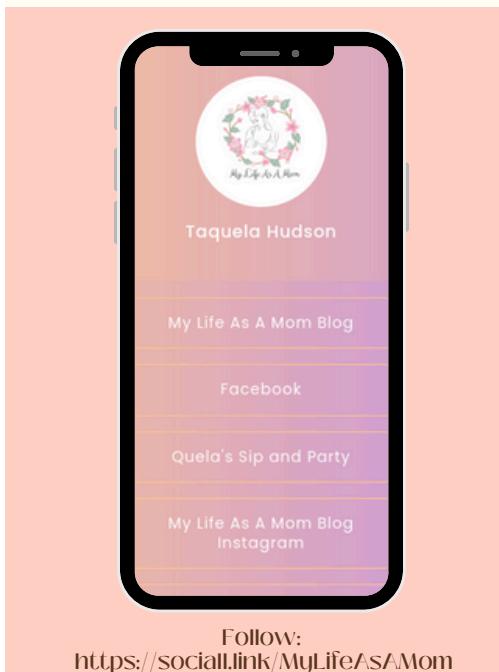
With Minted, every occasion becomes unforgettable, and every detail is valued.



Make it personal



My Life As A Mom Newsletter



MOMENT AS
A MOTHER
LEARN THE STRENGTH
WITHIN

MOM
#Momlife

PAGE 6

What to look for?

Top Podcast - Sharing my favorite podcast
Affiliate Post - Check out some deals from some of my affiliates
All About Wine - Wine Wine Winesday every Wednesday
Garden Saturday - Take a Scroll in my garden



Natural Cleaning Recipes

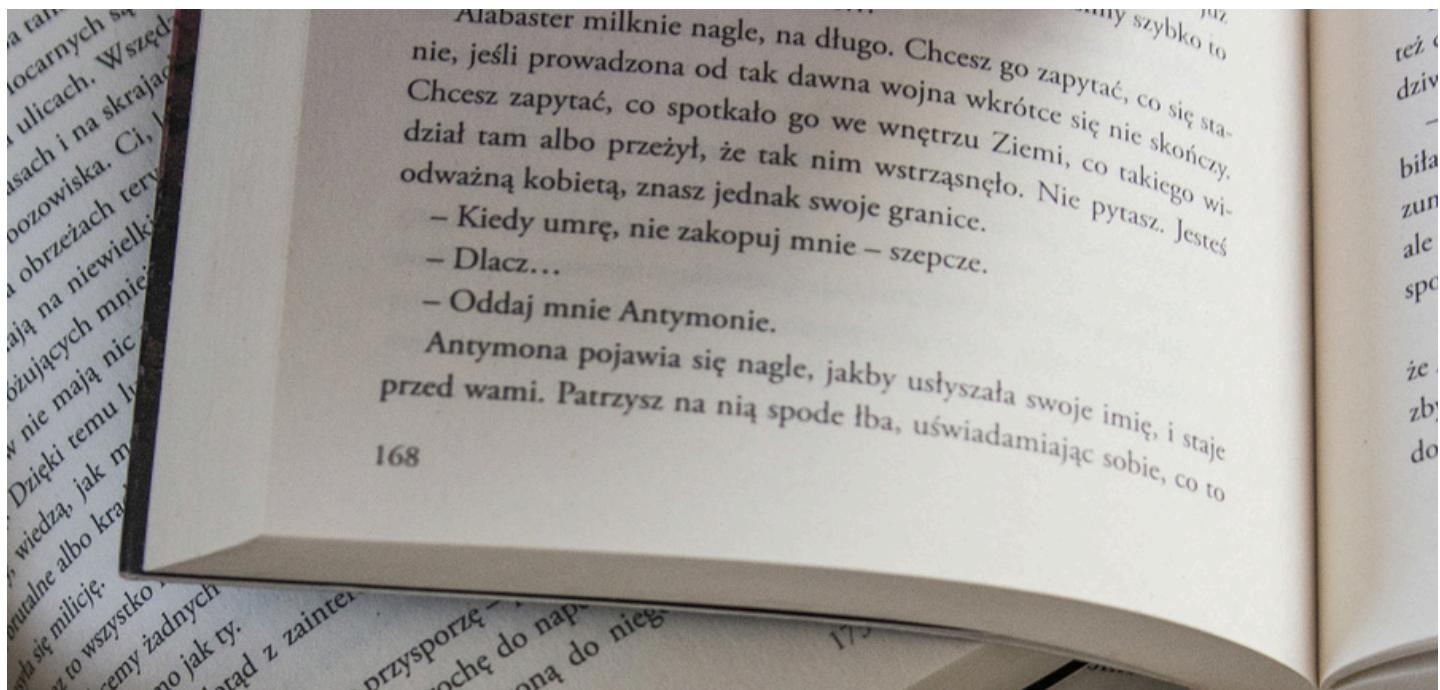
Come make homemade sanitizers, disinfectants, and more with me on My Life As A Mom Blog



Design

START A

BOOK CLUB



168

Alabaster milknie nagle, na d&ugacute;go. Chcesz go zapytač, co siě stač, y szybko to nie, ješli prowadzona od tak dawna wojna wkrótce siě nie skończy, Chcesz zapytač, co spotkało go we wnętrzu Ziemi, co takiego wiě dział tam albo przeżył, że tak nim wstrząsnęło. Nie pytasz. Jesteš odw&azną kobietą, znasz jednak swoje granice.

– Kiedy umrę, nie zakopuj mnie – szepcze.

– Dlacz...

– Oddaj mnie Antymonie.

Antymona pojawia siě nagle, jakby usłyszač swoje imię, i staje przed wami. Patrzysz na nią spode lba, uświadamiajč sobie, co to

– Nie chcemy żadnych powodów, tak samo jak ty.

Kobieta, która dot&ad zainteresowała wzrok na ciebie.

– Ja na pewno kłopotów nie przysporzę, – mianiečka. – Ale mam ich jeszcze trochę do naprawy wskazuje twój worek i przytroczoną do niego ochronie waszej d&ugacute;go nie zajmie.

– Czy to nie tego czegoś – bo przecież roślina, chociaż w sposobie jego ztucznego i mechanicznego – są tak podziwia się między nimi żadnego srebra. komórki ludzkiego ciała. Układ wnętrza łodygi kalcyn, a cząsteczki ułożone są w niewielkie matrycę, nigdy wcześniej nie widziała w żadnej roślinie ani żywnej

– Dając do wnętrza łodygi, Nassun widzi też, że nie ma tam żadnych komórki, które mogą być wypełnione srebrem.

– Po zakończenie je bada, zaczyna spostrzegać, że wiadomość. W końcu, biorąc głęboki

– głęscisku.

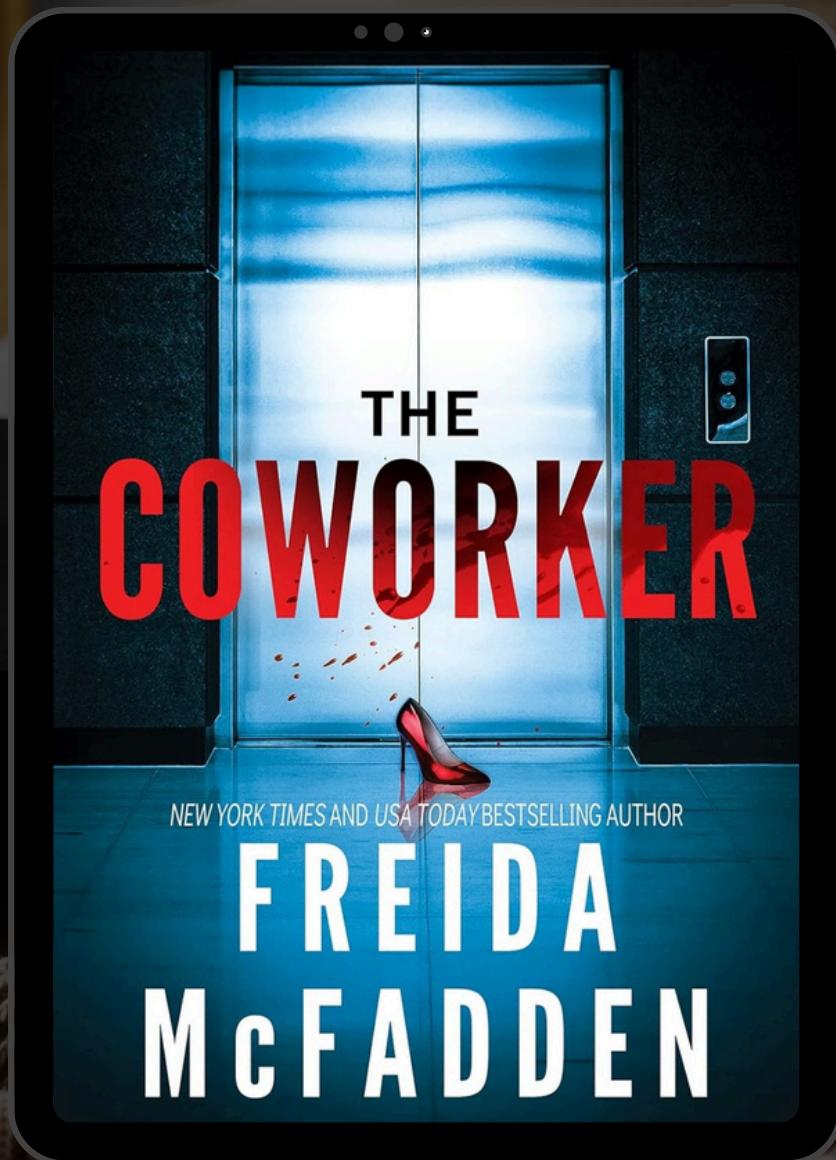
– „Co masz zrobić”, powiedział Stal. Powinno

– na>nął obok niej, żeby przyjrzeć się kawałkowi, marszcząc brwi.

START A BOOK CLUB

BOOK OF THE MONTH

The Coworker



From the *New York Times* and *USA Today* bestselling author of *The Housemaid*!

"Don't start a Freida McFadden book late at night. You won't be able to put it down!"— Natalie Barelli, bestselling author of *Unforgivable*

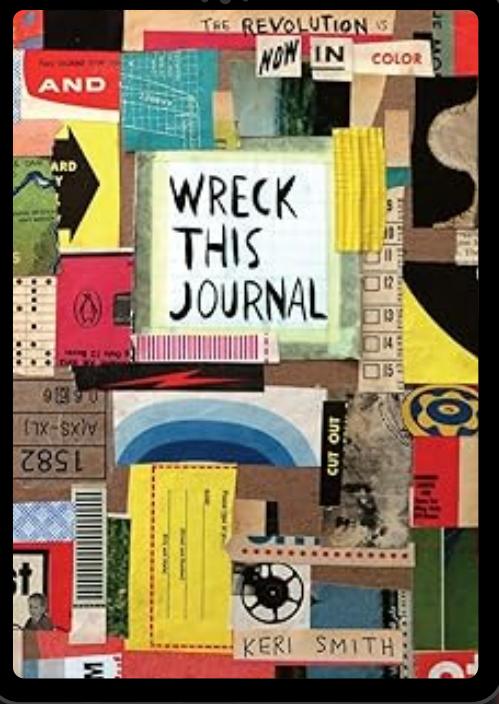
Two women. An office filled with secrets. One terrible crime that can't be taken back.

Dawn Schiff is strange.

At least, everyone thinks so at Vixed, the nutritional supplement company where Dawn works as an accountant. She never says the right thing. She has no friends. And she is always at her desk at precisely 8:45 a.m.

DAUGHTER'S CHOICE

Wreck This Journal



"Not gonna lie, this is probably the coolest journal you'll ever see. . . . Wreck This Journal is here to inspire you." —Buzzfeed

A spectacular coloring and painting edition of the incredible journal that started it all, in celebration of the tenth anniversary of the 10-million-copy international bestseller

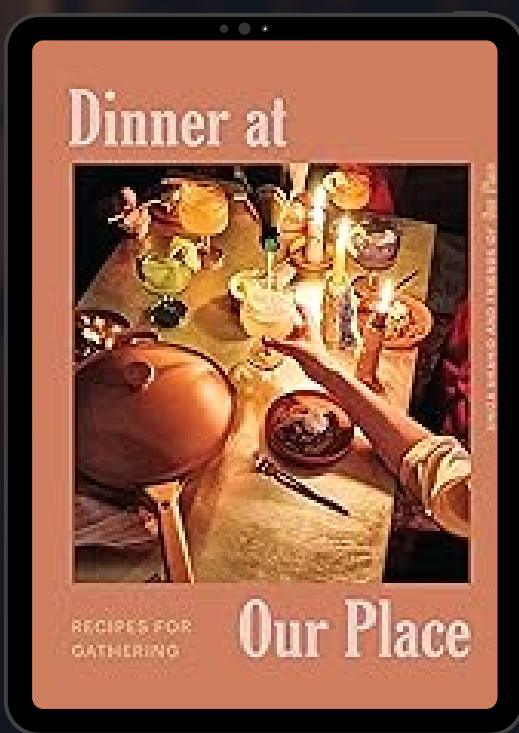
Perhaps you're a seasoned Wreck-er, having made your way through one or more copies of Wreck This Journal. Or maybe you're new to the phenomenon (little do you know, this experience might just change your life). Whatever the case, you've found the perfect book to destroy...

COOKBOOK OF THE MONTH

Dinner at Our Place

From the covetable cookware brand Our Place (makers of the super-popular Always Pan®), more than 100 dinner party-worthy recipes menus that celebrate culture and community.

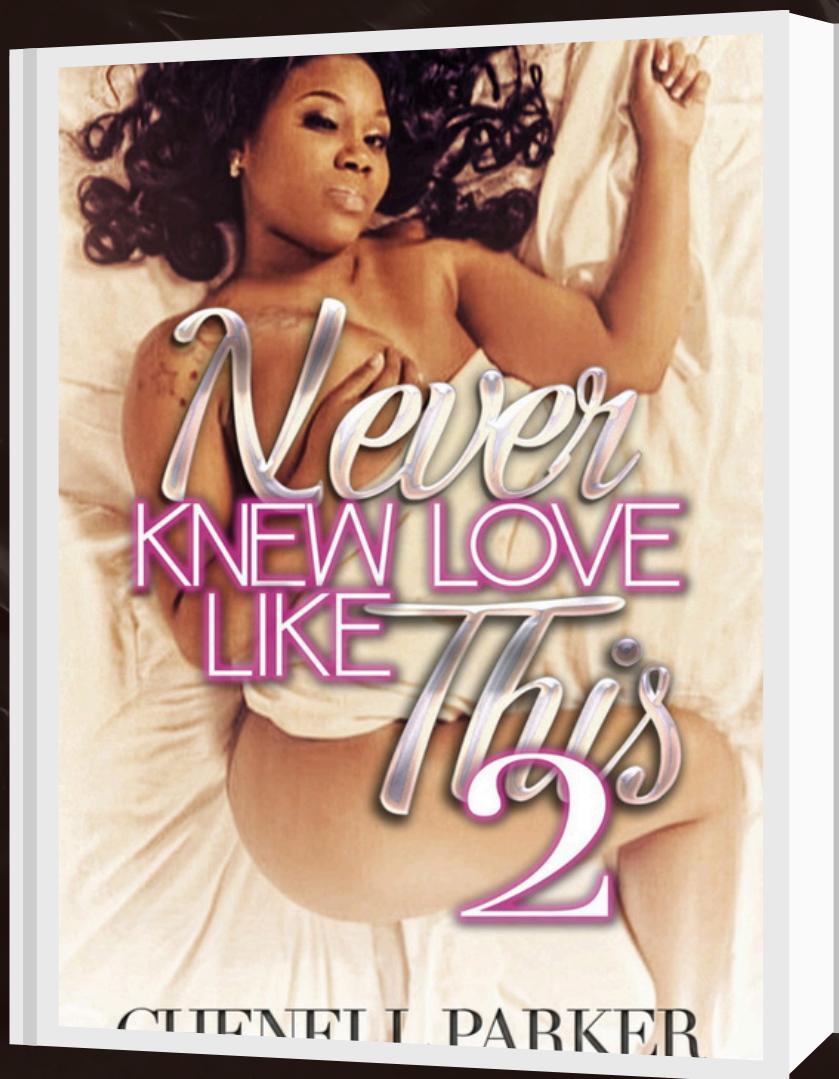
Our Place, the cookware brand that took the food world by storm, has always been about more than their brilliantly designed products—it's about bringing people together, celebrating cultures, and cultivating connections. And what better way to do that, than through sharing a meal?



Book Review

How to Solve Your Own Murder

Check out the
review on
My Life As A Mom
Blog.



Join me for some crafting lessons. I love to make things in my spare time, as it allows me to express my creativity and unwind from the hustle and bustle of daily life. Crafting offers a wonderful opportunity to explore different materials and techniques, whether it's through knitting, woodworking, painting, or any other form of art that speaks to you. It's a chance to immerse yourself in the process, finding joy in the act of creating something with your own hands.

In these lessons, we'll not only focus on the technical skills needed to bring your ideas to life but also on the importance of infusing your personal style into each project. Crafting is about more than just the final product—it's about the journey, the experimentation, and the satisfaction of making something uniquely yours.

Whether you are a beginner eager to learn the basics or an experienced crafter looking for new inspiration, these sessions will cater to all skill levels. Together, we will explore a variety of projects that you can customize to suit your taste and home decor. So gather your supplies, bring your enthusiasm, and let's embark on this creative adventure together!



CRAFT WITH ME

It's a beautiful way to blend creativity with emotion, resulting in pieces that hold personal significance and tell a story. Each handmade item becomes a cherished keepsake, a tangible reminder of the love and effort poured into its creation.

In our crafting sessions, we'll explore how to infuse heartwarming sentiments into your projects, transforming everyday materials into extraordinary expressions of affection. Whether you're crafting a gift for a loved one or creating something special for yourself, the process allows you to slow down and savor the moment, making each stitch or brushstroke a celebration of love and creativity.

So, let's gather our tools, let our imaginations run wild, and create beautiful pieces that not only enhance our surroundings but also touch our hearts.



Craft Made by You

Together, we'll dive into a world of color, texture, and form, discovering innovative ways to bring your creative visions to life. With each lesson, you'll gain confidence in your abilities and uncover the joy of experimentation, all while developing a style that is distinctly yours.

Our sessions are designed to be interactive and engaging, encouraging you to share your ideas and draw inspiration from fellow crafters. We'll explore a range of materials, from traditional to unconventional, and learn how to combine them in unexpected ways to create stunning results.

Whether it's mastering the basics of a new medium or perfecting advanced techniques, you'll find that each project is a stepping stone towards greater artistic expression. So, let's get started on this exciting journey of discovery and creativity. Your masterpiece awaits!

TOOLS FOR CRAFTING

My Crafting Tool

Knitting



Cricut Explore 3



Cup Turner Tumbler



Cricut Heat Press

Wood Burning Tool



Candle Making



Sewing Machine



Etch Drill





Shop in Style

Quela's Designs & Planning, LLC, a premier boutique known for its exquisite taste and attention to detail, offers a curated selection of bespoke fashion and event planning services. Nestled in the heart of the city, Quela's Designs & Planning, LLC has become synonymous with elegance and sophistication, attracting a discerning clientele who seek unique and personalized experiences. Whether you're searching for the perfect outfit to make a statement or planning an unforgettable event, Quela's expert team is dedicated to bringing your vision to life with creativity and flair. With a commitment to quality and a passion for excellence, Quela's Designs & Planning ensures every detail is meticulously crafted to reflect your individual style.



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Impact-Driven Wine Club**



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Maximized Your Space

1. EXPLORE THE POSSIBILITIES

See how real customers have brought the potential of their space to life and get ideas for how you can too. Discover layout ideas, smart storage solutions, and organizing tips to spark your imagination.

2. MEASURE YOUR SPACE

Taking accurate measurements is a simple and essential step. It helps us ensure a flawless, custom-fit solution.

3. DESIGN YOUR SOLUTION, YOUR WAY

Use our free design tool or design service to get started.

4. RECEIVE YOUR ORDER AND INSTALL

Our DIY installation method is designed with first-time do-it-yourselfers in mind.

5. ORGANIZE, ENJOY, AND SHARE

Place your belongings into their newly functional and organized space and enjoy for years to come.

2026 Fall Garden

Planning Your Spring Garden



Plan Your Garden

With the New Year comes fresh plans and a new garden! This month, I'm excited to map out all the plants I intend to cultivate. I enjoy strategizing the layout of my garden, deciding where each plant will thrive and where they won't. Over time, I've discovered which plants grow well together and which do not. Having a clear plan for where everything will be planted ahead of time makes spring planting so much easier. Join me on my journey of planning and planting!

Seed Collection

If you have a seed collection similar to mine, take the time to review it and ensure that none of the seeds are open, sprouting, damp, or moldy. For any seeds exhibiting these issues, seal them properly, dispose of those with mold, or plant any that have started to sprout roots.



Plan Your Garden Layout

One important lesson I've learned over the years is to carefully determine where to position your plants. Identifying the right spots for your plants is crucial, as each one requires specific amounts of sunlight, water, and nutrients to thrive.



Get Your Seedlings Ready for Planting

I prefer to categorize my seedlings into groups such as vegetables, flowers, fruits, and herbs, and then plant them together in sections. To prepare your seedlings for planting, you'll need the following items:

- Soil
- Seedling containers
- Plant food
- Water
- A sunny and warm location





1st in Coffee is the first choice for discerning coffee drinkers.



Welcome, Coffee Enthusiasts!

At 1st in Coffee, we offer premium espresso machines from renowned brands such as Jura, Elektra, Rocket, and Rancilio. Our inventory also includes essential supplies like coffee, filters, capsules, pods, cleaners, espresso cups, cappuccino cups, milk frothers, tampers, and more. Additionally, we feature an extensive selection of gourmet coffee beans and exquisite espresso coffee. With competitive prices and free shipping on orders over \$75, 1st in Coffee has become the go-to online destination for espresso lovers. We pride ourselves on providing expert guidance as well. Our dedicated support team, passionate about coffee, is available to assist you with any inquiries from 8 a.m. to 10 p.m. every day of the week. This commitment to exceptional customer service truly makes us first in the field!



Real Winemakers. Hand-picked Wines. Delivered to You.

Experience the Best of California in Every Sip

Our curated selection features wines crafted with care and precision by talented winemakers who are devoted to their craft. Each bottle tells a story of the sun-drenched vineyards and the unique terroir that makes California wines so distinctive. Whether you prefer a bold Cabernet Sauvignon, a crisp Chardonnay, or a silky Pinot Noir, our collection has something to delight every palate.

Enjoy the convenience of having these exceptional wines delivered straight to your door. Our flexible subscription options allow you to explore new varietals and discover your next favorite wine, all while enjoying the comfort of home. With detailed tasting notes and food pairing suggestions included, you'll be guided on a journey through California's rich winemaking heritage.

Indulge in the experience of savoring wines that reflect the passion and creativity of their makers. Raise a glass to the art of winemaking and the joy it brings to every occasion. Cheers to discovering the essence of California in every bottle!



Premier Series

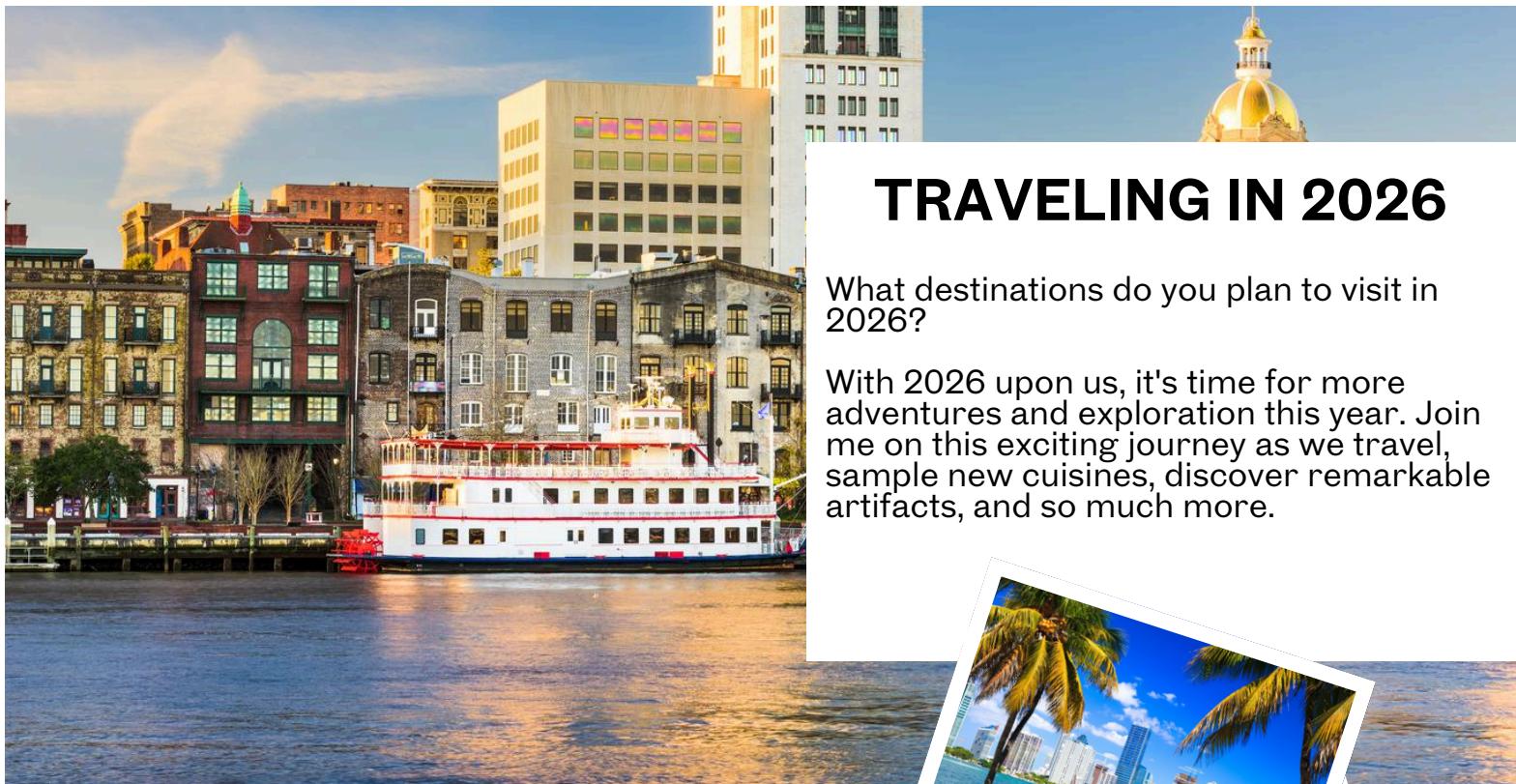


Signature Series



Aged Cabernet Series

VACATION



TRAVELING IN 2026

What destinations do you plan to visit in 2026?

With 2026 upon us, it's time for more adventures and exploration this year. Join me on this exciting journey as we travel, sample new cuisines, discover remarkable artifacts, and so much more.



Top travel destinations for 2026 include 12:

- Kyoto, Japan: This city offers a serene blend of ancient temples and modern culture, with stunning cherry blossoms painting the landscape in spring.
- Santorini, Greece: Known for its breathtaking sunsets and white-washed architecture, Santorini is a dream destination for those seeking romance and relaxation.
- Cape Town, South Africa: With its dramatic landscapes, vibrant culture, and rich history, Cape Town provides a unique blend of adventure and refinement.
- Marrakech, Morocco: Dive into the vibrant colors and bustling markets of Marrakech, where the scents of spices and the rhythm of life create an unforgettable experience.
- Queenstown, New Zealand: Known as the adventure capital of the world, Queenstown offers thrilling activities like bungee jumping and breathtaking hikes.
- Reykjavik, Iceland: Explore the otherworldly landscapes of Iceland, from majestic glaciers to the surreal beauty of the Northern Lights.
- Buenos Aires, Argentina: Immerse yourself in the passionate culture of Buenos Aires, where tango music fills the air and culinary delights await at every corner.
- Rome, Italy: Step back in time in Rome, where ancient ruins and timeless art coexist with vibrant street life and exquisite cuisine.

Need a Travel Agent for your next Vacation contact

LaToya Jenkins
at newhorizontravelers@gmail.com

SOCIAL MEDIA

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Website

Blog: [www.mylifehobbiesasamom.com](#)

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<https://www.onehopewine.com/myshop/taquela-hudson>

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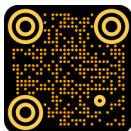
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doTERRA dollars are credits you can use toward doTERRA product purchases—just like cash or store credit. You can apply your doTERRA dollars—visible at checkout or in your account profile—toward any cost (products, shipping, taxes) on doterra.com. When friends with new Wellness Advocate or Wholesale Customer accounts place their first order using your link, the doTERRA dollars you earned will appear in your account within 10 calendar days.[†] You can receive up to \$599 doTERRA dollars in a calendar year, so what are you waiting for? Start sharing now!

Find Your Personal Link

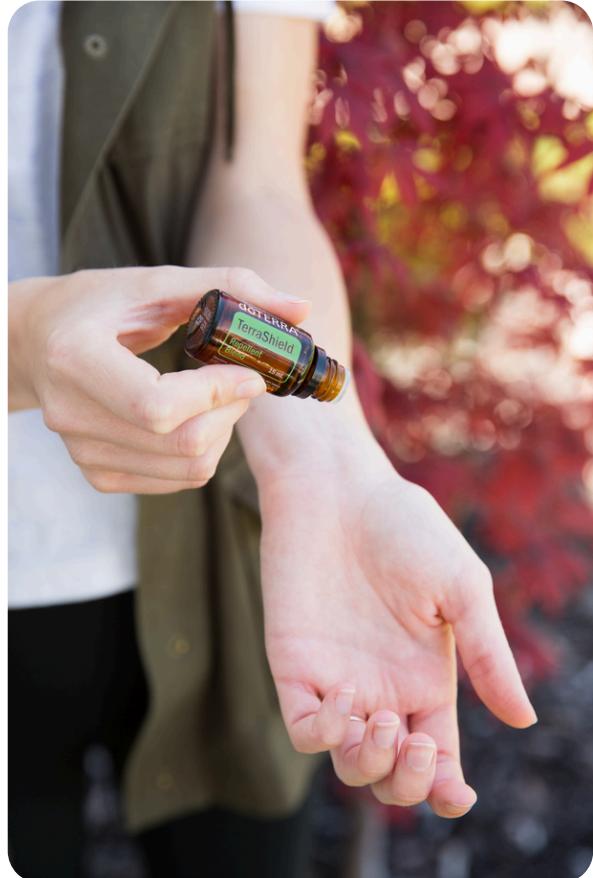
When you log into doterra.com, there will be a popup with your link.



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JANUARY PROMO

Don't miss out on the special promotions doTERRA offers every month! Discounts, free product opportunities, and other deals are always on this page. Come back each month to check out our latest promotions.

FREE doTERRA DIGESTZEN



January's limited-time promotions are built around the **90-Day Reset Prepare Bundle**, designed to support a **simple, gentle reset and digestion**. Every offer this month pairs perfectly with the **90-Day Reset Challenge**, making it easy to start the year with intention and momentum.



FREE DigestZen

Digest with the best this year. **DigestZen 5 mL** comes **free January 1-15** with a 125 PV Rewards order or anytime this month with foundational wellness products purchased on doTERRA Rewards!

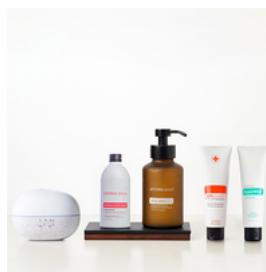
FREE Frankincense

Experience this powerhouse product and its cleansing benefits for **free with any single 200 PV order January 1-15** while supplies last!



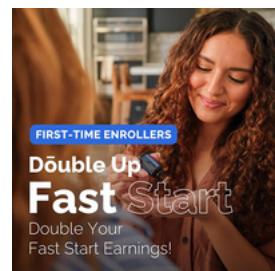
FREE Product Points!

New or returning customers place an initial 100 PV order in January, shop again with 100 PV in February, and enjoy 100 free product points in March!



Free Membership Gifts!

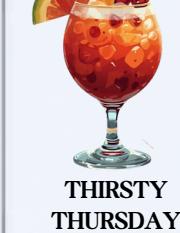
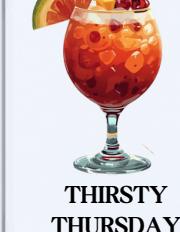
New members who join doTERRA with at least 150 PV get to pick from three free gifts! Share this amazing opportunity with everyone you know.



Doubled Fast Start!

Double Up Fast Start is back, now for **first-time enrollers**! If you've never enrolled anyone before, take advantage of this incredible promotion!

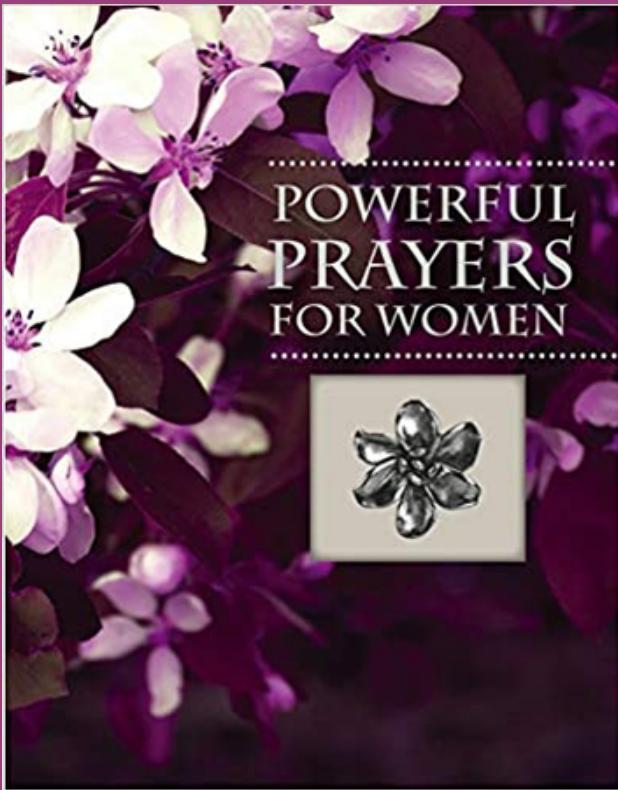
January

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 OVERVIEW	 Planning	 FAVORITE PODCAST OF THE WEEK	 WINE WINE WINESDAY	 THIRSTY THURSDAY	 THE LATE NIGHT READ	 GARDEN UPDATE
 OVERVIEW	 Planning	 FAVORITE PODCAST OF THE WEEK	 WINE WINE WINESDAY	 THIRSTY THURSDAY	 THE LATE NIGHT READ	 GARDEN UPDATE
 OVERVIEW SKIN CARE BIBLE STUDY	 Planning Illustration of Martin Luther King Jr.	 FAVORITE PODCAST OF THE WEEK	 WINE WINE WINESDAY	 THIRSTY THURSDAY	 THE LATE NIGHT READ	 GARDEN UPDATE ARTS & CRAFT
 OVERVIEW	 Planning	 FAVORITE PODCAST OF THE WEEK	 WINE WINE WINESDAY	 THIRSTY THURSDAY	 THE LATE NIGHT READ	 GARDEN UPDATE ARTS & CRAFT

February

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 NEW'S LETTER	 OVERVIEW	 FAVORITE PODCAST OF THE WEEK	WINE WINE WINESDAY 	 THIRSTY THURSDAY	 THE LATE NIGHT READ	 GARDEN UPDATE
 OVERVIEW	 OVERVIEW	 FAVORITE PODCAST OF THE WEEK	WINE WINE WINESDAY 	 THIRSTY THURSDAY	 THE LATE NIGHT READ	 GARDEN UPDATE
 OVERVIEW	 OVERVIEW	 FAVORITE PODCAST OF THE WEEK	WINE WINE WINESDAY 	 THIRSTY THURSDAY	 THE LATE NIGHT READ	 GARDEN UPDATE
 OVERVIEW	 OVERVIEW	 FAVORITE PODCAST OF THE WEEK	WINE WINE WINESDAY 	 THIRSTY THURSDAY	 THE LATE NIGHT READ	 GARDEN UPDATE

SUNDAY MOTIVATION



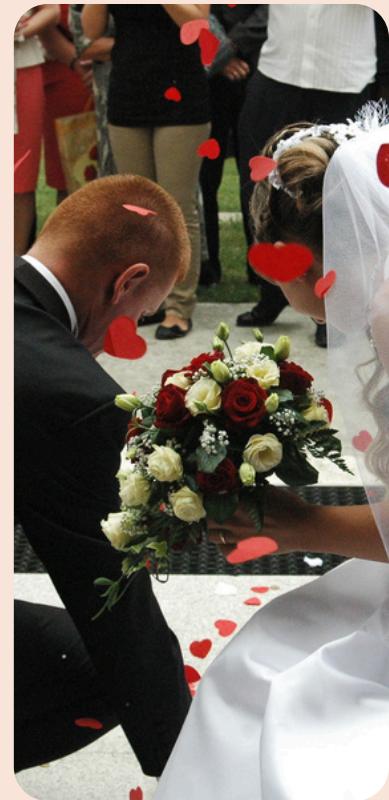
TAKE A
MOMENT
TO BREATHE
AND PRAY

Pause for a moment
to breathe and reflect.
Engage in prayer.

Allow your thoughts to settle like leaves on a still pond. Embrace the tranquility that surrounds you and let gratitude fill your heart. In these moments of reflection, find strength and inspiration to carry you through the week. Let your spirit be rejuvenated, ready to embrace new challenges and opportunities with a renewed sense of purpose and optimism.

WEDDING

SEASON





BUSY MOM'S BREAKFAST BUNDLE

21 smoothie blends

BUMPIN
BLENDS

ONE-TIME MOM BUNDLE

Transform your mornings with Bumpin Blends—the perfect breakfast solution for busy moms. Our smoothie bundles make healthy eating easy, even on the busiest days.

Choose your bundle:

- Quick Start Pack: 14 blends for a fast, affordable health boost.
- Busy Mom's Bundle: 21 blends, free shipping, and nutritionist access.
- Ultimate Pack: 28 blends, free shipping, an exclusive wellness download, and nutritionist access.

Each bundle features our top 7 blends:

Strawberry Superwoman, Peanut Butter Cup, Cherry Dreams, Cookie Dough, Banging Banana Split, Cinnamon Chai, and Berry Awake.

Crafted by a dietitian and made by moms, every sip is packed with balanced nutrition and care.

Special Occasion Shop

From festive family matching looks to dresses like delicate confections, we have sweet styles to make every occasion merry and bright.

Shop My Affiliates

Cricut is hosting a month-long sale on a variety of popular crafting supplies, such as vinyl, cutting tools, mats, and machines. Be sure to check out My Life As A Mom for exclusive coupons and discount codes. Whether you're a seasoned crafter or just starting, this sale is the perfect opportunity to stock up on essentials and explore new creative possibilities. From personalizing home décor to creating unique gifts, the options are endless with Cricut's versatile tools. Don't miss out on the chance to bring your imaginative ideas to life with high-quality materials at unbeatable prices. Happy crafting!



Enrich Your Space with the Albert Levi Art Collection

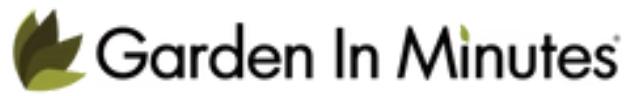
Infuse your environment with a splash of creativity through the Albert Levi art collection. Whether you seek a hint of elegance or a vibrant pop of color, Albert Levi's artworks will undoubtedly transform any room into a gallery of inspiration.

- Each piece is meticulously crafted, showcasing vibrant hues and dynamic compositions that resonate deeply.
- Ideal for those who cherish the finer things in life, this collection features a variety of styles and themes to suit diverse tastes.

Elevate the aesthetic of your home with a breathtaking piece from the collection, allowing your walls to narrate a tale of creativity and passion.



Enjoy a 30% discount on wallpaper at Walls Republic!

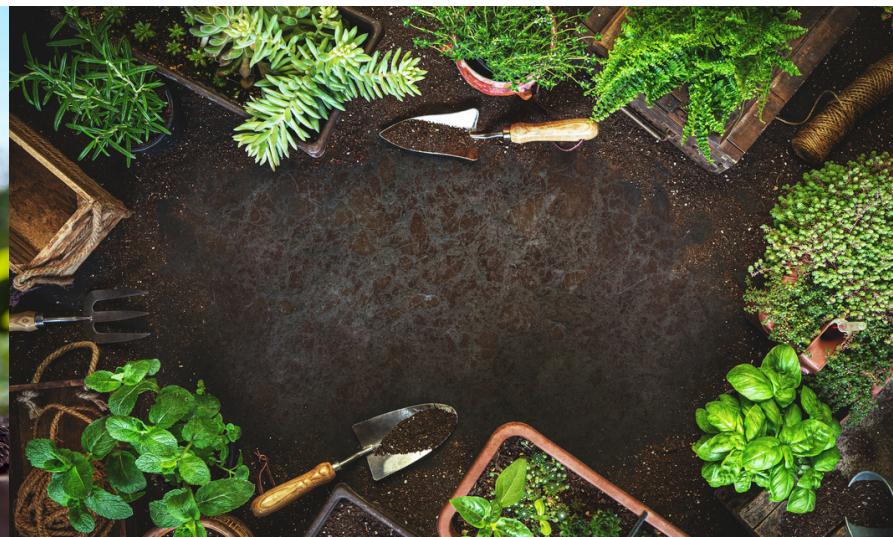


Gardening, Simplified.

Home of the Garden Grid™ - the #1 Garden Watering System, modular Metal Raised Garden Beds, and gardener designed add-ons that make growing your best garden, easier.



Garden in Minutes® offers innovative solutions for both novice and experienced gardeners, making it simple to cultivate a thriving garden. With a focus on efficiency and ease of use, their products are designed to take the guesswork out of gardening, allowing you to focus on enjoying your garden rather than worrying about it. Whether you're growing vegetables, flowers, or herbs, Garden in Minutes® provides the tools you need to make your gardening experience as rewarding and stress-free as possible.



HOTEL COLLECTION®

WHERE INNOVATION MEETS SOPHISTICATION

Easily adjustable strength options

Quiet diffuse technology

Cold-air diffuses oils into a dry mist for lasting, superior coverage.
Preserves fragrance oil properties without heat or water.

SUBSCRIBE TO AN EFFORTLESS SCENT EXPERIENCE

- Experience convenience with monthly fragrance deliveries
- Never run out of your favorite scents
- Flexibility to change fragrances and adjust delivery schedules
- Effortlessly explore new products





9th Anniversary Presale up to \$180 dollars off Code: BF! Celebrate with us and enjoy incredible savings on your favorite items. Whether you're looking to treat yourself or find the perfect gift, our anniversary sale has something special for everyone. Don't miss out—shop now and take advantage of this limited-time offer. Thank you for being part of our journey!



Welcome to Sleep & Beyond, your ultimate destination for 100% organic and natural cotton and wool bedding.

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