

MyLife As A Mom

Issue 11
November 2025

Love Life As It Is, Enjoy What You Do



In this edition



From the Editor's Desk

Sign Up for Newsletter

Book of the Month

Craft with Me

One Hope Wine

2025 Garden

Recipe of the Month

Social Media

doTerra

November & December Calendar

Sunday Motivation



FROM THE EDITOR'S DESK



Greetings, Friends!

The arrival of November brings with it the crisp chill of late fall, a perfect time for cozy gatherings and preparing for Thanksgiving! This month, I am excited to reveal my garden plans, daily routine, and glimpses into my everyday life. I'll also be sharing innovative ideas for my fall garden, introducing new recipes, highlighting a book of the month, and much more. Plus, I'll be adding some festive Thanksgiving décor ideas to the mix. I warmly invite you to join me on my blog and look forward to seeing you there!

Sincerely,

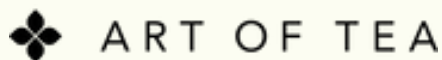
Paquela Hudson
Blogger & Editor



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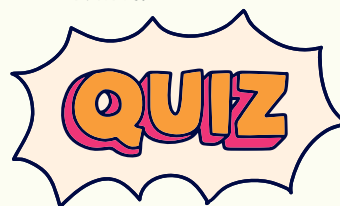
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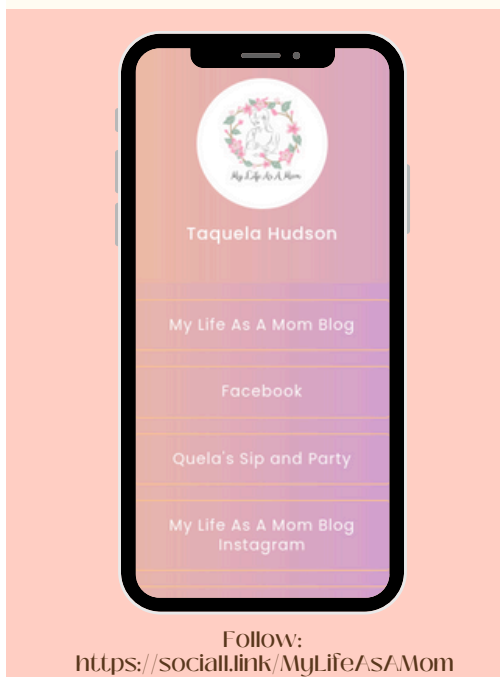


Make it personal

mintedwedding



My Life As A Mom Newsletter



What to look for?

Top Podcast - Sharing my favorite podcast

Affiliate Post - Check out some deals from some of my affiliates

All About Wine - Wine Wine Winesday every Wednesday

Garden Saturday - Take a Scroll in my garden

MOMENT AS
A MOTHER
LEARN THE STRENGTH
WITHIN

MOM
#Momlife

Natural Cleaning Recipes

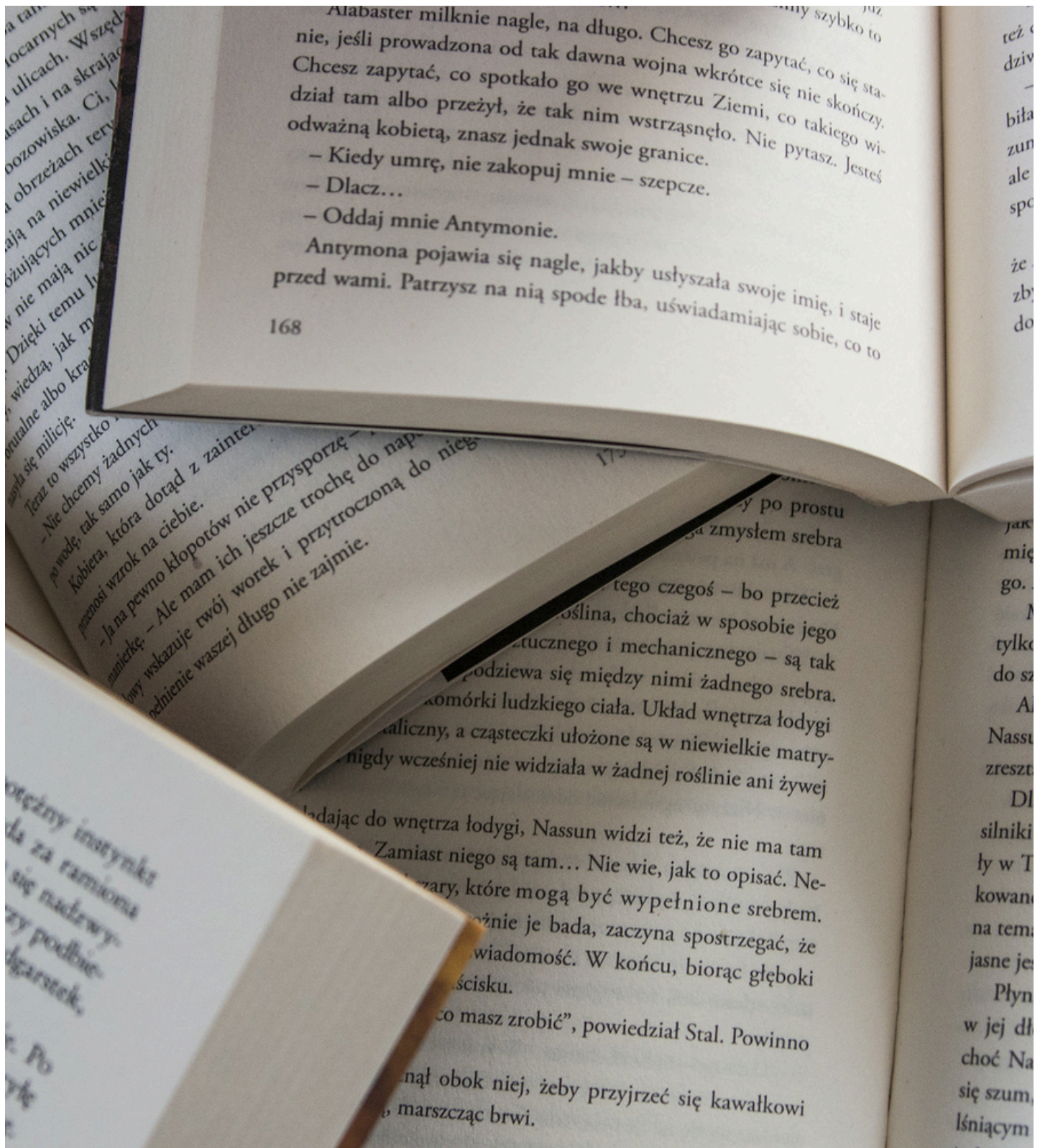
Come make homemade sanitizers, disinfectants, and more with me on My Life As A Mom Blog



Design

START A

BOOK CLUB



BOOK OF THE MONTH

Never Knew Love Like This



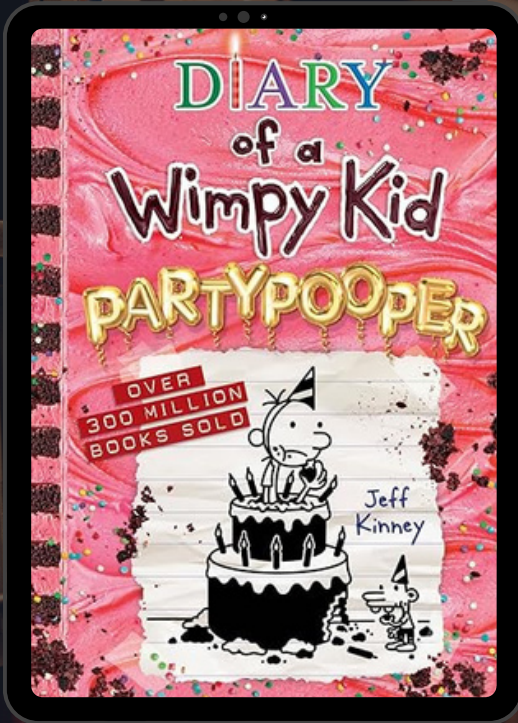
Getting money was all that Cashmere ever knew growing up. Being beautiful with a figure to die for made it easy for her to juggle men and get her needs met. She had never met a man who wasn't impressed by her outer appearance until she met Montez, a married tattoo artist. Montez has more on his plate than he bargained for. He is desperate to start a family with Destiny, his wife of 3 years, but the secrets that she's withholding make that seem almost impossible. A chance meeting from a mutual acquaintance puts Cashmere and Montez in each other's presence briefly. It's love at first sight for one of them, but not so much the other. Cashmere is used to men falling at her feet, but the lack of attention from Montez has her questioning herself as well as the beauty that she's always been known to possess. Take a ride with an insecure young woman and a very outspoken young man to see just how their lives intertwine when they cross paths with one another. Will Montez be able to resist the sexy vixen known as Cashmere or will he dishonor his vows for a taste of her forbidden fruit? Will Cashmere be able to accept Montez's rejection or will she continue to pursue something that she can never have? Is Montez really off limits or will he be the man to show her love like she's never known before?

DAUGHTER'S CHOICE

Diary of a Wimpy Kid

Partypoooper

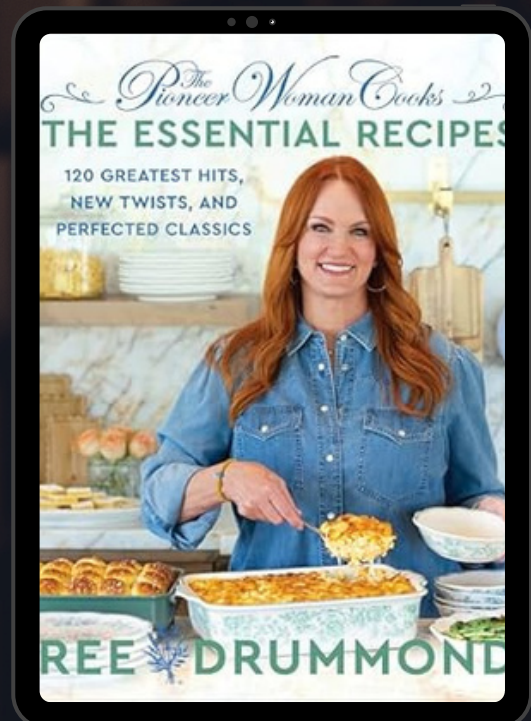
Tyler is your everyday kid whose life is changed when his family has to move from the town he's always known. Thankfully, Tyler has a strong group of friends forever linked in the world of Minecraft! Tyler, along with his friends Evan, Candace, Tobi, and Grace have been going on countless adventures together across the expanses of the Overworld and are in need of a new challenge. They decide to go on the Ultimate Quest--to travel to the End and face off against the ender dragon!



COOKBOOK OF THE MONTH

The Essential Recipes

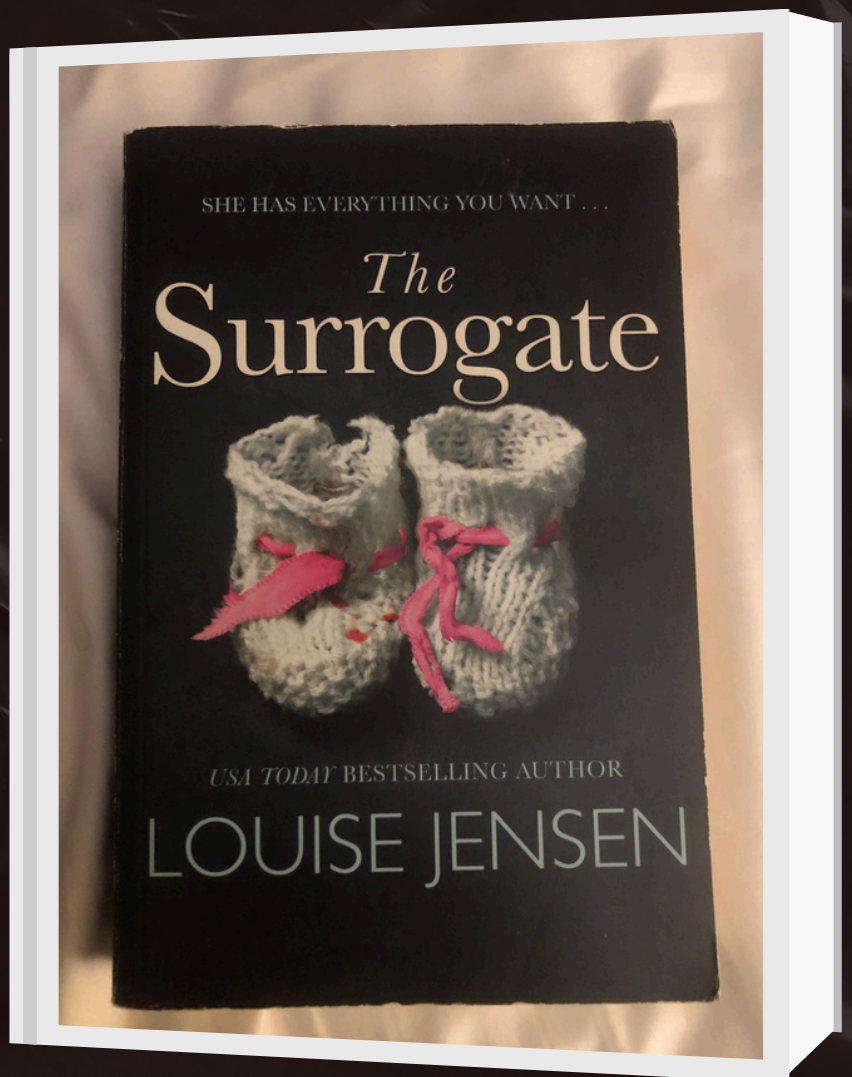
Discover tantalizing recipes, spine-tingling stories, and historic photos from the most notoriously haunted locations across America in this fun and fascinating cookbook. Paranormal investigator and Kindred Spirits co-host Amy Bruni leads you through eerie hotels, haunted homes, hellish hospitals, and spooky ghost towns, giving you stories and a recipe from each place.



Book Review

How to Solve Your Own Murder

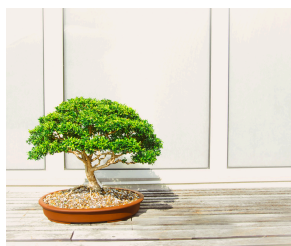
Check out the
review on
My Life As A Mom
Blog.



Join me for some crafting lessons. I love to make things in my spare time, as it allows me to express my creativity and unwind from the hustle and bustle of daily life. Crafting offers a wonderful opportunity to explore different materials and techniques, whether it's through knitting, woodworking, painting, or any other form of art that speaks to you. It's a chance to immerse yourself in the process, finding joy in the act of creating something with your own hands.

In these lessons, we'll not only focus on the technical skills needed to bring your ideas to life but also on the importance of infusing your personal style into each project. Crafting is about more than just the final product—it's about the journey, the experimentation, and the satisfaction of making something uniquely yours.

Whether you are a beginner eager to learn the basics or an experienced crafter looking for new inspiration, these sessions will cater to all skill levels. Together, we will explore a variety of projects that you can customize to suit your taste and home decor. So gather your supplies, bring your enthusiasm, and let's embark on this creative adventure together!



CRAFT WITH ME

It's a beautiful way to blend creativity with emotion, resulting in pieces that hold personal significance and tell a story. Each handmade item becomes a cherished keepsake, a tangible reminder of the love and effort poured into its creation.

In our crafting sessions, we'll explore how to infuse heartwarming sentiments into your projects, transforming everyday materials into extraordinary expressions of affection. Whether you're crafting a gift for a loved one or creating something special for yourself, the process allows you to slow down and savor the moment, making each stitch or brushstroke a celebration of love and creativity.

So, let's gather our tools, let our imaginations run wild, and create beautiful pieces that not only enhance our surroundings but also touch our hearts.



Craft Made by You

Together, we'll dive into a world of color, texture, and form, discovering innovative ways to bring your creative visions to life. With each lesson, you'll gain confidence in your abilities and uncover the joy of experimentation, all while developing a style that is distinctly yours.

Our sessions are designed to be interactive and engaging, encouraging you to share your ideas and draw inspiration from fellow crafters. We'll explore a range of materials, from traditional to unconventional, and learn how to combine them in unexpected ways to create stunning results.

Whether it's mastering the basics of a new medium or perfecting advanced techniques, you'll find that each project is a stepping stone towards greater artistic expression. So, let's get started on this exciting journey of discovery and creativity. Your masterpiece awaits!

TOOLS FOR CRAFTING

My Crafting Tool

Knitting



Cricut Explore 3



Cricut Heat Press

Wood Burning Tool



Candle Making



Cup Turner Tumbler



Sewing Machine



Etch Drill





Shop in Style

Quela's Designs & Planning, LLC, a premier boutique known for its exquisite taste and attention to detail, offers a curated selection of bespoke fashion and event planning services. Nestled in the heart of the city, Quela's Designs & Planning, LLC has become synonymous with elegance and sophistication, attracting a discerning clientele who seek unique and personalized experiences. Whether you're searching for the perfect outfit to make a statement or planning an unforgettable event, Quela's expert team is dedicated to bringing your vision to life with creativity and flair. With a commitment to quality and a passion for excellence, Quela's Designs & Planning ensures every detail is meticulously crafted to reflect your individual style.

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Maximized Your Space

1. EXPLORE THE POSSIBILITIES

See how real customers have brought the potential of their space to life and get ideas for how you can too. Discover layout ideas, smart storage solutions, and organizing tips to spark your imagination.

2. MEASURE YOUR SPACE

Taking accurate measurements is a simple and essential step. It helps us ensure a flawless, custom-fit solution.

3. DESIGN YOUR SOLUTION, YOUR WAY

Use our free design tool or design service to get started.

4. RECEIVE YOUR ORDER AND INSTALL

Our DIY installation method is designed with first-time do-it-yourselfers in mind.

5. ORGANIZE, ENJOY, AND SHARE

Place your belongings into their newly functional and organized space and enjoy for years to come.

2025 Fall Garden

Planning Your Spring Garden



Plan Your Garden

With the New Year comes fresh plans and a new garden! This month, I'm excited to map out all the plants I intend to cultivate. I enjoy strategizing the layout of my garden, deciding where each plant will thrive and where they won't. Over time, I've discovered which plants grow well together and which do not. Having a clear plan for where everything will be planted ahead of time makes spring planting so much easier. Join me on my journey of planning and planting!

Seed Collection

If you have a seed collection similar to mine, take the time to review it and ensure that none of the seeds are open, sprouting, damp, or moldy. For any seeds exhibiting these issues, seal them properly, dispose of those with mold, or plant any that have started to sprout roots.



Get Your Seedlings Ready for Planting

I prefer to categorize my seedlings into groups such as vegetables, flowers, fruits, and herbs, and then plant them together in sections. To prepare your seedlings for planting, you'll need the following items:

- Soil
- Seedling containers
- Plant food
- Water
- A sunny and warm location



Plan Your Garden Layout

One important lesson I've learned over the years is to carefully determine where to position your plants. Identifying the right spots for your plants is crucial, as each one requires specific amounts of sunlight, water, and nutrients to thrive.





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At 1st in Coffee, we offer premium espresso machines from renowned brands such as Jura, Elektra, Rocket, and Rancilio. Our inventory also includes essential supplies like coffee, filters, capsules, pods, cleaners, espresso cups, cappuccino cups, milk frothers, tampers, and more. Additionally, we feature an extensive selection of gourmet coffee beans and exquisite espresso coffee. With competitive prices and free shipping on orders over \$75, 1st in Coffee has become the go-to online destination for espresso lovers. We pride ourselves on providing expert guidance as well. Our dedicated support team, passionate about coffee, is available to assist you with any inquiries from 8 a.m. to 10 p.m. every day of the week. This commitment to exceptional customer service truly makes us first in the field!



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Our curated selection features wines crafted with care and precision by talented winemakers who are devoted to their craft. Each bottle tells a story of the sun-drenched vineyards and the unique terroir that makes California wines so distinctive. Whether you prefer a bold Cabernet Sauvignon, a crisp Chardonnay, or a silky Pinot Noir, our collection has something to delight every palate.

Enjoy the convenience of having these exceptional wines delivered straight to your door. Our flexible subscription options allow you to explore new varietals and discover your next favorite wine, all while enjoying the comfort of home. With detailed tasting notes and food pairing suggestions included, you'll be guided on a journey through California's rich winemaking heritage.

Indulge in the experience of savoring wines that reflect the passion and creativity of their makers. Raise a glass to the art of winemaking and the joy it brings to every occasion. Cheers to discovering the essence of California in every bottle!



Premier Series

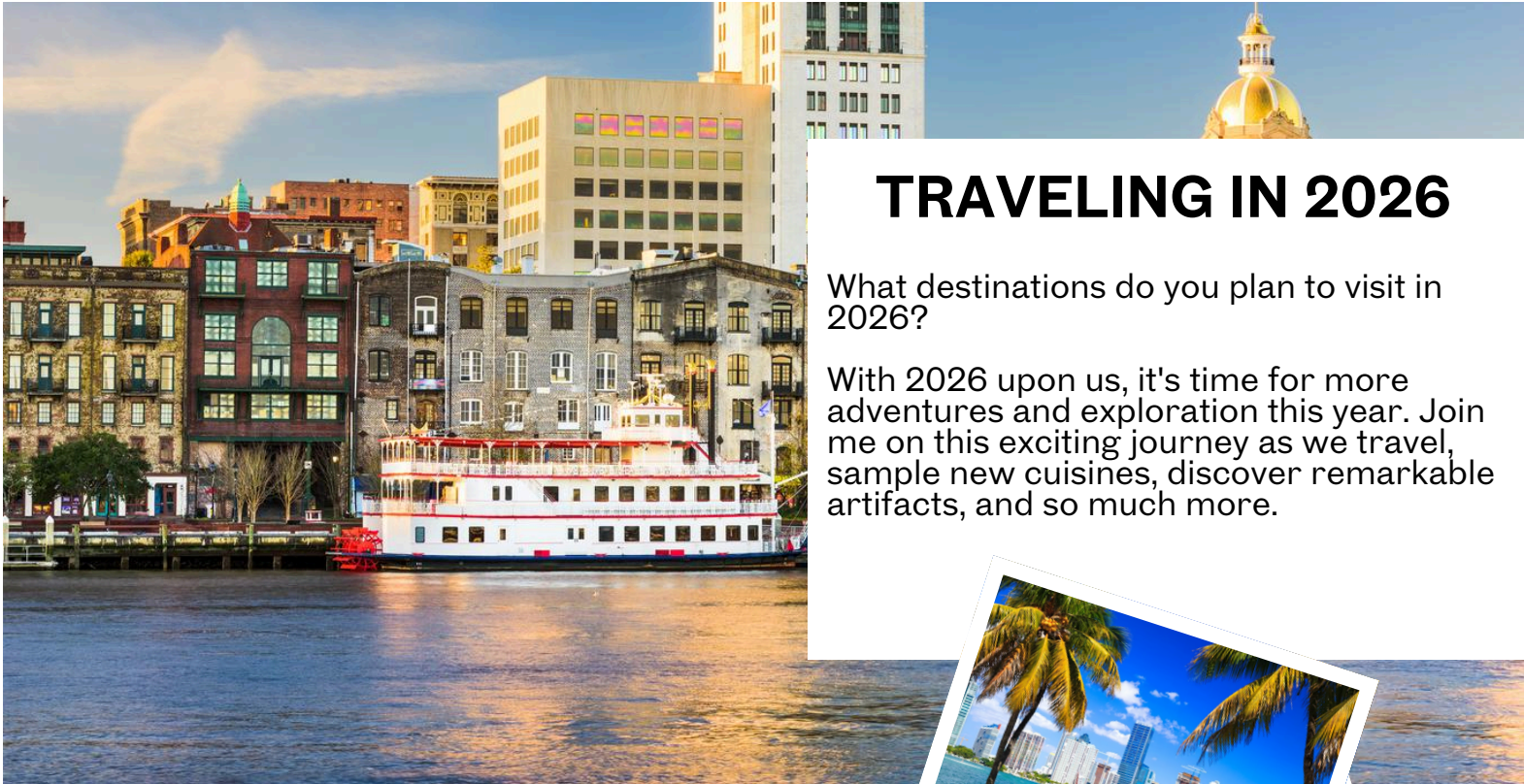


Signature Series



Aged Cabernet Series

VACATION



TRAVELING IN 2026

What destinations do you plan to visit in 2026?

With 2026 upon us, it's time for more adventures and exploration this year. Join me on this exciting journey as we travel, sample new cuisines, discover remarkable artifacts, and so much more.

Top travel destinations for 2025 include 12:

- Kyoto, Japan: This city offers a serene blend of ancient temples and modern culture, with stunning cherry blossoms painting the landscape in spring.
- Santorini, Greece: Known for its breathtaking sunsets and white-washed architecture, Santorini is a dream destination for those seeking romance and relaxation.
- Cape Town, South Africa: With its dramatic landscapes, vibrant culture, and rich history, Cape Town provides a unique blend of adventure and refinement.
- Marrakech, Morocco: Dive into the vibrant colors and bustling markets of Marrakech, where the scents of spices and the rhythm of life create an unforgettable experience.
- Queenstown, New Zealand: Known as the adventure capital of the world, Queenstown offers thrilling activities like bungee jumping and breathtaking hikes.
- Reykjavik, Iceland: Explore the otherworldly landscapes of Iceland, from majestic glaciers to the surreal beauty of the Northern Lights.
- Buenos Aires, Argentina: Immerse yourself in the passionate culture of Buenos Aires, where tango music fills the air and culinary delights await at every corner.
- Rome, Italy: Step back in time in Rome, where ancient ruins and timeless art coexist with vibrant street life and exquisite cuisine.



**Need a Travel Agent for your next Vacation contact
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One Hope Wine:

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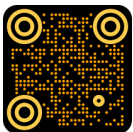
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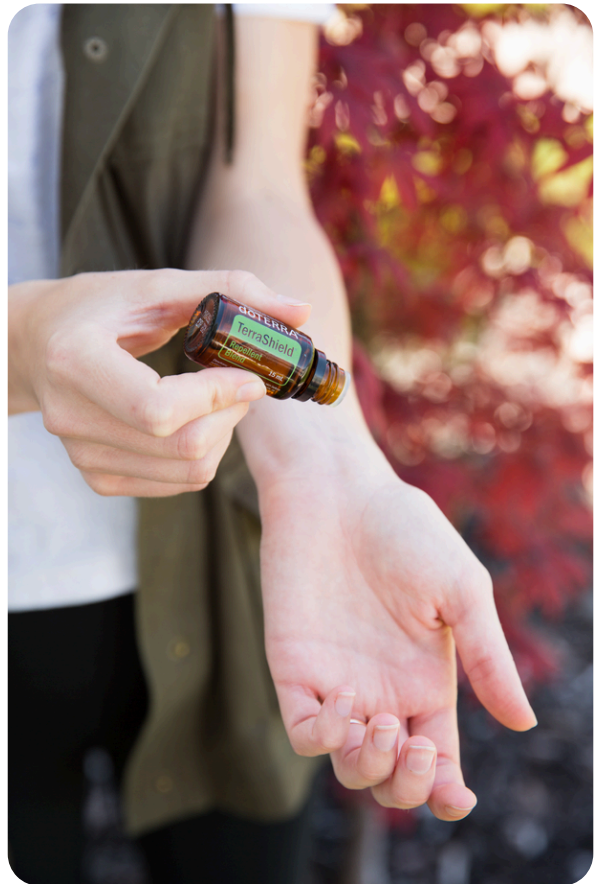
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NOVEMBER PROMO

Don't miss out on the special promotions doTERRA offers every month! Discounts, free product opportunities, and other deals are always on this page. Come back each month to check out our latest promotions.

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doTERRA Breathe 5 mL comes free with a 125 PV Rewards order through November 15 or anytime in November with a Foundational Wellness Bundle purchase on doTERRA Rewards.



10% off doTERRA On Guard+ Softgels
Get 10% off doTERRA On Guard+ Softgels this month while supplies last!



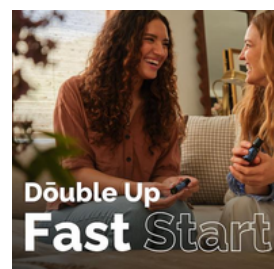
Cozy and Content
Live the cozy life with Hygge Cozy Blend and the Hygge Diffuser. Only available while supplies last!



20% off Melissa
Get 20% off Melissa essential oil this month while supplies last!



Shop Holiday
Get something for everyone on your list with our exclusive holiday products that spread cheer long after the season ends!















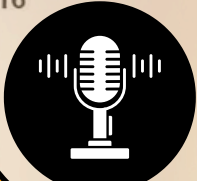







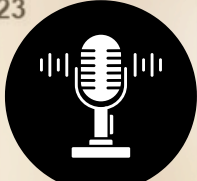





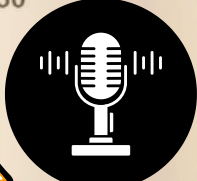

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NOVEMBER

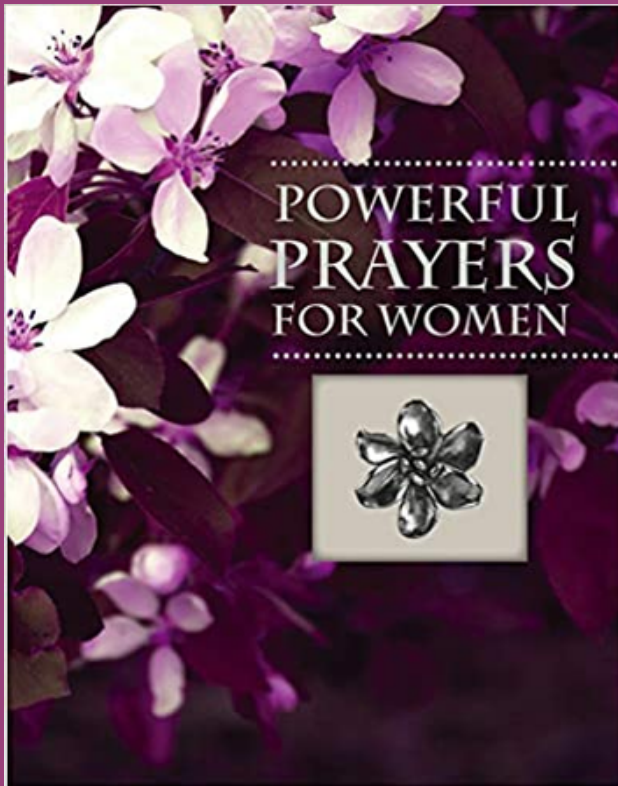
2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						<div>1</div> <div>GARDEN</div> <div>PLAN MY FALL GARDEN WITH ME</div>
<div>2</div> <div>SKIN CARE</div> <div>BIBLE STUDY</div>	<div>3</div> <div>Planning</div>	<div>4</div>	<div>5</div> <div>WINE WINE WINESDAY</div>	<div>6</div>	<div>7</div>	<div>8</div>
<div>9</div> <div>SKIN CARE</div> <div>BIBLE STUDY</div>	<div>10</div> <div>Planning</div>	<div>11</div>	<div>12</div> <div>WINE WINE WINESDAY</div>	<div>13</div>	<div>14</div>	<div>15</div> <div>GARDEN</div> <div>RESTOCK MY GREENHOUSE MATERIALS</div>
<div>16</div> <div>SKIN CARE</div> <div>BIBLE STUDY</div>	<div>17</div> <div>Planning</div>	<div>18</div>	<div>19</div> <div>WINE WINE WINESDAY</div>	<div>20</div> <div>BOOK REVIEW</div>	<div>21</div>	<div>22</div> <div>GARDEN</div> <div>SHOP WITH ME FOR NEW SEEDS</div>
<div>23</div> <div>SKIN CARE</div> <div>BIBLE STUDY</div>	<div>24</div> <div>Planning</div>	<div>25</div>	<div>26</div> <div>WINE WINE WINESDAY</div>	<div>27</div> <div>happy thanksgiving</div>	<div>28</div>	<div>29</div> <div>GARDEN</div> <div>MAKE SOME GARDEN SIGNS WITH ME</div>
<div>30</div> <div>SKIN CARE</div> <div>BIBLE STUDY</div>						

DECEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2  FAVORITE PODCAST OF THE WEEK	3 WINE WINE WINESDAY 	4	5	6  PLAN MY GARDEN WITH ME
7  SKIN CARE  BIBLE STUDY	8 	9  FAVORITE PODCAST OF THE WEEK	10 WINE WINE WINESDAY 	11	12	13  RESTOCK MY GREENHOUSE MATERIALS
14  SKIN CARE  BIBLE STUDY	15 	16  FAVORITE PODCAST OF THE WEEK	17 WINE WINE WINESDAY 	18  BOOK REVIEW	19 	20  SHOP WITH ME FOR NEW SEEDS
21  SKIN CARE  BIBLE STUDY	22 	23  FAVORITE PODCAST OF THE WEEK	24 Christmas Eve	25 	26	27  MAKE SOME GARDEN SIGNS WITH ME
28  SKIN CARE  BIBLE STUDY	29 	30  FAVORITE PODCAST OF THE WEEK	31 NEW YEAR'S EVE 			

SUNDAY MOTIVATION



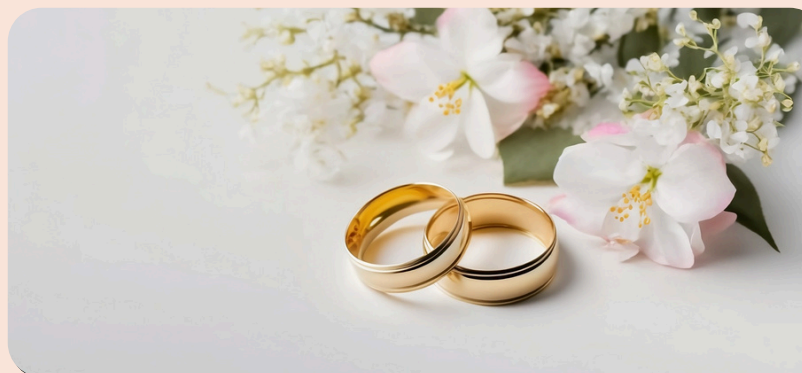
TAKE A
MOMENT
TO BREATHE
AND PRAY

Pause for a moment
to breathe and reflect.
Engage in prayer.

Allow your thoughts to settle like leaves on a still pond. Embrace the tranquility that surrounds you and let gratitude fill your heart. In these moments of reflection, find strength and inspiration to carry you through the week. Let your spirit be rejuvenated, ready to embrace new challenges and opportunities with a renewed sense of purpose and optimism.

WEDDING

SEASON





BUMPIN
BLENDS

LIMITED TIME
FALL FAVORITES BUNDLE

Welcome ~*FALL*~ with our bundle of our fan-favorite bestselling Fall blends. 10 of our bestselling (seriously, y'all are one big Cinnamon Chai STAN) Fall blends, all gluten-free, no sugar added, organic, and ABSOLUTELY delicious. Each one is designed to improve digestion, reduce inflammation, increase energy, and boost mood.

2 Pumpkin Pie
2 Apple Crisp
2 Cinnamon Chai
2 Ginger Snaps
2 Cookie Dough



Special Occasion Shop

From festive family matching looks to dresses like delicate confections, we have sweet styles to make every occasion merry and bright.

Shop My Affiliates

Cricut is hosting a month-long sale on a variety of popular crafting supplies, such as vinyl, cutting tools, mats, and machines. Be sure to check out My Life As A Mom for exclusive coupons and discount codes. Whether you're a seasoned crafter or just starting, this sale is the perfect opportunity to stock up on essentials and explore new creative possibilities. From personalizing home décor to creating unique gifts, the options are endless with Cricut's versatile tools. Don't miss out on the chance to bring your imaginative ideas to life with high-quality materials at unbeatable prices. Happy crafting!



Enrich Your Space with the Albert Levi Art Collection

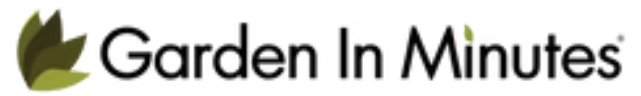
Infuse your environment with a splash of creativity through the Albert Levi art collection. Whether you seek a hint of elegance or a vibrant pop of color, Albert Levi's artworks will undoubtedly transform any room into a gallery of inspiration.

- Each piece is meticulously crafted, showcasing vibrant hues and dynamic compositions that resonate deeply.
- Ideal for those who cherish the finer things in life, this collection features a variety of styles and themes to suit diverse tastes.

Elevate the aesthetic of your home with a breathtaking piece from the collection, allowing your walls to narrate a tale of creativity and passion.



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Home of the Garden Grid™ - the #1 Garden
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Garden in Minutes® offers innovative solutions for both novice and experienced gardeners, making it simple to cultivate a thriving garden. With a focus on efficiency and ease of use, their products are designed to take the guesswork out of gardening, allowing you to focus on enjoying your garden rather than worrying about it. Whether you're growing vegetables, flowers, or herbs, Garden in Minutes® provides the tools you need to make your gardening experience as rewarding and stress-free as possible.





WHERE INNOVATION MEETS SOPHISTICATION

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- Never run out of your favorite scents
- Flexibility to change fragrances and adjust delivery schedules
- Effortlessly explore new products





9th Anniversary Presale up to \$180 dollars off Code: BF! Celebrate with us and enjoy incredible savings on your favorite items. Whether you're looking to treat yourself or find the perfect gift, our anniversary sale has something special for everyone. Don't miss out—shop now and take advantage of this limited-time offer. Thank you for being part of our journey!



Welcome to Sleep & Beyond, your ultimate destination for 100% organic and natural cotton and wool bedding.



COMING SOON
**DECEMBER
DIGEST**

NOVEMBER 2025