# My Life AS A Mom

Love Life As It Is, Enjoy What You Do









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# FROM THE EDITOR'S DESK



Greetings, Friends!

August has arrived, signaling the return of school and the bustling season of back-to-school shopping. This month, I'm excited to share my back-to-school plans, daily schedule, and insights into my everyday life. Additionally, I'll be unveiling some fresh ideas for my fall garden, introducing new recipes, featuring a book of the month, and so much more. I invite you to join me on my blog—see you there!

Sincerely,

Taquela Yudson
Blogger & Editor

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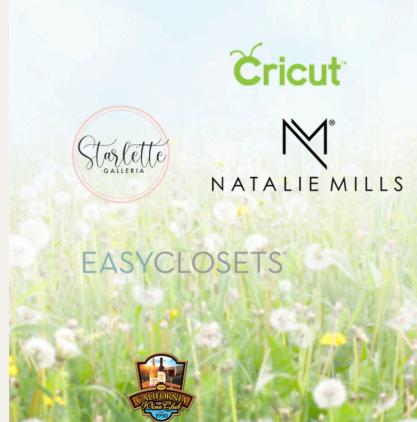








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# ART OF TEA



# WHY ART OF TEA?

We source from the top 2% of all teas produced in the world





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Allow us to take you on a journey into the world of tea, where you can experience tea classics, rare finds, and specialty blends delivered straight to your doorstep!

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Enjoy our exclusive Dutch Tea Time blend, custom crafted in partnership with Holland America. Bright citrus, florals, and orange shine in this signature blend, available in a curated sampler with Earl Grey Crème and Pacific Coast Mint.



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**Best Sellers** 



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Blue Pineapple Assorted 50 Ice Tea

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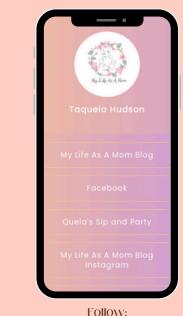
Make it personal

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# My Life As A Mom Newsletter





# What to look for?

Top Podcast - Sharing my favorite podcast

Affiliate Post - Check out some deals from some of my affiliates

All About Wine - Wine Wine Winesday every Wednesday

Garden Saturday - Take a Scroll in my garden

Follow: https://sociall.link/MyLifeAsAMom

MOMENT AS

<u>A MOTHER</u>

LEARN THE STRENGTH



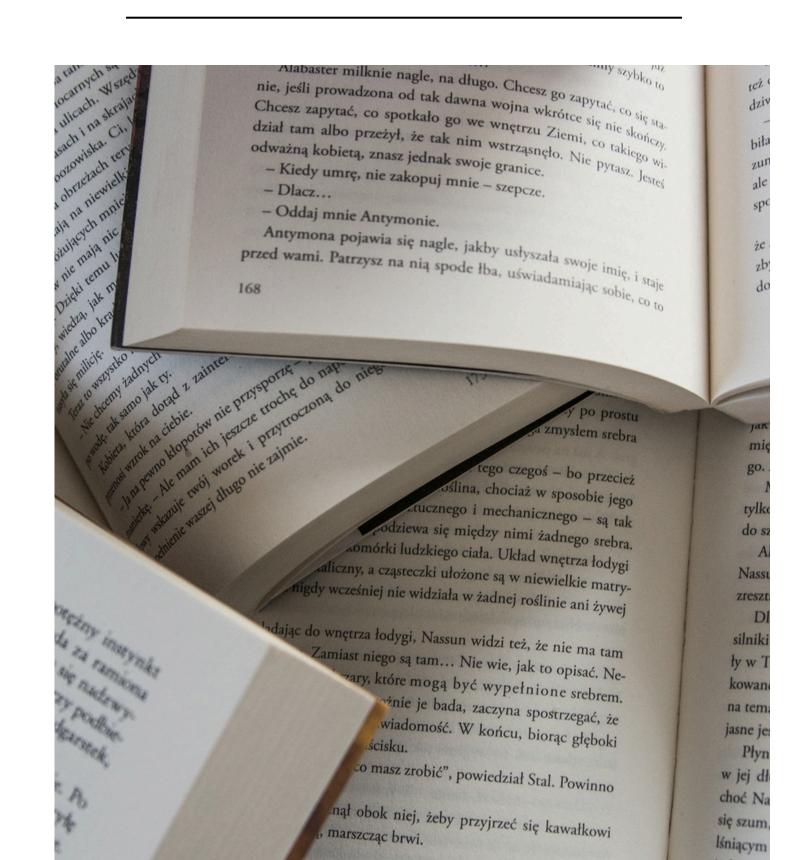
Natural
Cleaning Recipes

Come make homemade sanitizers, disinfectants, and more with me on My Life As A Mom Blog

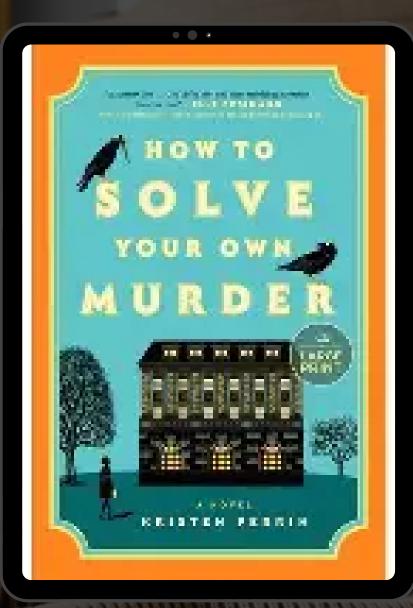




# BOOK CLUB



# BOOK OF THE MONTH How To Solve Your Own Murder



Frances Adams always said she'd be murdered. She was right.

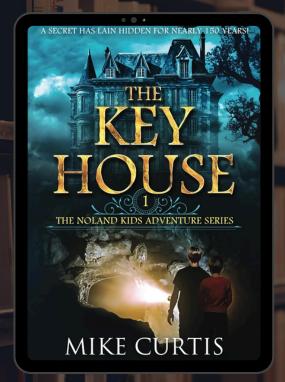
In 1965, Frances Adams is at an English country fair where a fortune-teller makes a bone-chilling prediction: One day, Frances will be murdered. It is a prediction that sparks her life's work—trying to solve a crime that hasn't happened yet.

Nearly sixty years later, Annie Adams is summoned to a meeting at the sprawling country estate of her wealthy and reclusive great-aunt Frances. But by the time Annie arrives in the quaint English village of Castle Knoll, Frances is found murdered, just like she always said she would be. Annie is determined to catch the killer, but thanks to Frances's lifelong habit of digging up secrets and lies, it seems every endearing and eccentric villager might just have a motive for her murder.

Can Annie safely unravel the dark mystery at the heart of Castle Knoll, or will dredging up the past throw her into the path of a killer? As Annie gets closer to the truth, and closer to danger, she starts to fear she might inherit her aunt's fate instead of her fortune.

# DAUGTHER'S CHOICE

# The Key House



Join Caleb and David in this fast-paced, *Hardy Boys* meets *The Goonies*, Christian mystery/adventure, as they seek a rumored treasure and clear their great-great-grandfather's good name.

After moving into a newly inherited house, the Noland kids discover clues to a supposed treasure hidden by their great-great-grandfather. But when town rumors and some spiteful neighbors suggest foul play was involved, Caleb and David set out on a quest to prove otherwise.

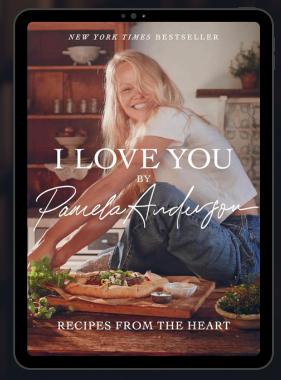
# COOKBOOK OF THE MONTH

# I Love You

Join actress, activist, and New York Times bestselling author Pamela Anderson on a deeply personal culinary journey that harmonizes style, compassion, and the pleasures of plantbased cooking—"a gift to all families" (Booklist)

In a career spanning fame and activism, Pamela Anderson has ventured from a humble upbringing to the forefront of Hollywood—and has always been a passionate cook and gardener. Now, she invites you into her kitchen to share 80 delicious recipes that nourish the soul.

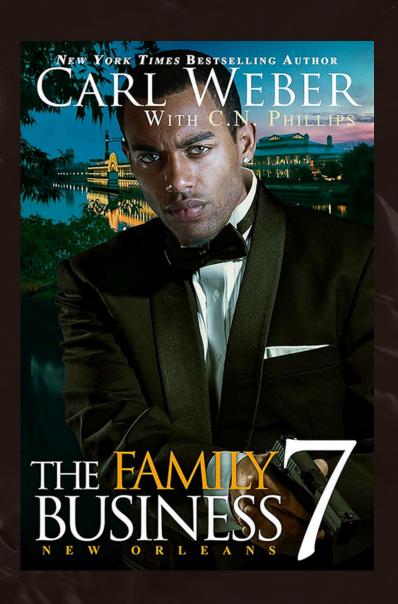
This cookbook began as a box of recipe cards: a housewarming gift for her sons inspired by homegrown traditions and world travel. It grew to become her gift to you, showing how romantic, comforting, and indulgent it can be to cook only with vegetables.



# Book Review

# The Family Business: New Orleans

Check out the review on My Life As A Mom Blog.



Join me for some crafting lessons. I love to make things in my spare time, as it allows me to express my creativity and unwind from the hustle and bustle of daily life. Crafting offers a wonderful opportunity to explore different materials and techniques, whether it's through knitting, woodworking, painting, or any other form of art that speaks to you. It's a chance to immerse yourself in the process, finding joy in the act of creating something with your own hands.

In these lessons, we'll not only focus on the technical skills needed to bring your ideas to life but also on the importance of infusing your personal style into each project. Crafting is about more than just the final product—it's about the journey, the experimentation, and the satisfaction of making something uniquely yours.

Whether you are a beginner eager to learn the basics or an experienced crafter looking for new inspiration, these sessions will cater to all skill levels. Together, we will explore a variety of projects that you can customize to suit your taste and home decor. So gather your supplies, bring your enthusiasm, and let's embark on this creative adventure together!





# CRAFT WITH ME

It's a beautiful way to blend creativity with emotion, resulting in pieces that hold personal significance and tell a story. Each handmade item becomes a cherished keepsake, a tangible reminder of the love and effort poured into its creation.

In our crafting sessions, we'll explore how to infuse heartwarming sentiments into your projects, transforming everyday materials into extraordinary expressions of affection. Whether you're crafting a gift for a loved one or creating something special for yourself, the process allows you to slow down and savor the moment, making each stitch or brushstroke a celebration of love and creativity.

So, let's gather our tools, let our imaginations run wild, and create beautiful pieces that not only enhance our surroundings but also touch our hearts.



# Craft Made by You

Together, we'll dive into a world of color, texture, and form, discovering innovative ways to bring your creative visions to life. With each lesson, you'll gain confidence in your abilities and uncover the joy of experimentation, all while developing a style that is distinctly yours.

Our sessions are designed to be interactive and engaging, encouraging you to share your ideas and draw inspiration from fellow crafters. We'll explore a range of materials, from traditional to unconventional, and learn how to combine them in unexpected ways to create stunning results.

Whether it's mastering the basics of a new medium or perfecting advanced techniques, you'll find that each project is a stepping stone towards greater artistic expression. So, let's get started on this exciting journey of discovery and creativity. Your masterpiece awaits!

# **TOOLS FOR CRAFTING**

**My Crafting Tool** 

Knitting



Cricut Explore 3



**Cricut Heat Press** 

Cup Turner Tumbler



Sewing Machine



Etch Drill









# momAgenda



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# DAY PLANNERS FOR MOMS

Designed for busy moms, by a mom of four!

# DAY PLANNERS FOR EVERYONE

Day planners designed for your life.

# PERSONALIZE YOUR PLANNER

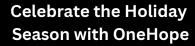
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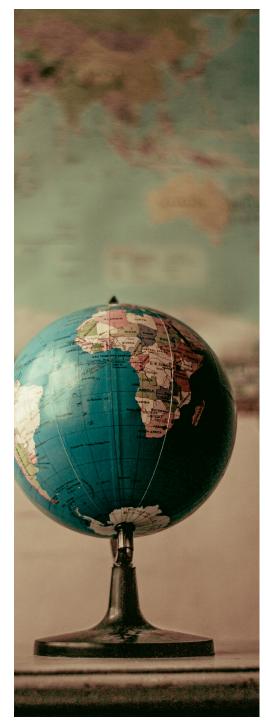






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EASYCLOSETS'

# 2025 Garden

# **Planning Your Spring Garden**





### Plan Your Garden

With the New Year comes fresh plans and a new garden! This month, I'm excited to map out all the plants I intend to cultivate. I enjoy strategizing the layout of my garden, deciding where each plant will thrive and where they won't. Over time, I've discovered which plants grow well together and which do not. Having a clear plan for where everything will be planted ahead of time makes spring planting so much easier. Join me on my journey of planning and planting!

### Seed Collection

If you have a seed collection similar to mine, take the time to review it and ensure that none of the seeds are open, sprouting, damp, or moldy. For any seeds exhibiting these issues, seal them properly, dispose of those with mold, or plant any that have started to sprout roots.



### **Get Your Seedlings Ready for Planting**

I prefer to categorize my seedlings into groups such as vegetables, flowers, fruits, and herbs, and then plant them together in sections. To prepare your seedlings for planting, you'll need the following items:

- Soil
- Seedling containers
- Plant food
- Water
- A sunny and warm location



### Plan Your Garden Layout

One important lesson I've learned over the years is to carefully determine where to position your plants. Identifying the right spots for your plants is crucial, as each one requires specific amounts of sunlight, water, and nutrients to thrive.



# 1st in Coffee



1st in Coffee is the first choice for discerning coffee drinkers.



### Welcome, Coffee Enthusiasts!

At 1st in Coffee, we offer premium espresso machines from renowned brands such as Jura, Elektra, Rocket, and Rancilio. Our inventory also includes essential supplies like coffee, filters, capsules, pods, cleaners, espresso cups, cappuccino cups, milk frothers, tampers, and more. Additionally, we feature an extensive selection of gourmet coffee beans and exquisite espresso coffee. With competitive prices and free shipping on orders over \$75, 1st in Coffee has become the go-to online destination for espresso lovers. We pride ourselves on providing expert guidance as well. Our dedicated support team, passionate about coffee, is available to assist you with any inquiries from 8 a.m. to 10 p.m. every day of the week. This commitment to exceptional customer service truly makes us first in the field!

### **Espresso Machines**

At 1st in Coffee, we know espresso. Thanks to our huge selection of the best espresso machines for sale from Italy and Switzerland, 1st in Coffee makes it possible to skip the coffee shop and brew amazing espresso affordably at home.

### **Super Automatics**

Imagine pushing one button and getting a perfectly made espresso, cappuccino, or latte. 1st in Coffee's Super Automatic espresso machines allow you to do just that! These fully automatic espresso machines combine a grinder, an espresso maker, and a milk frother; all automated to allow you to produce your special coffee with one touch of a button.

### **Coffee Beans & Grounds**

Whether it's whole bean, pre-ground, pods, or capsules, your coffee machine needs coffee as much as you do. Learn more about coffee, and buy coffee beans online with 1st in Coffee. We feature Lavazza and Illy coffee beans for sale, two of the top names in Italian coffee and espresso.

# VACATION



# **TRAVELING IN 2025**

What destinations do you plan to visit in 2025?

With 2025 upon us, it's time for more adventures and exploration this year. Join me on this exciting journey as we travel, sample new cuisines, discover remarkable artifacts, and so much more.

### Top travel destinations for 2025 include 12:

- 1. Slovenia: Hidden gem of Europe.
- 2. Egypt: Ancient wonders and Nile cruises.
- 3. Greece: Mythical history and island escapes.
- 4. Costa Rica: Biodiversity and eco-adventure.
- 5. Italy: A tapestry of culture and cuisine.
- 6. Japan: Tradition meets innovation.
- 7. India: Diversity of culture and landscapes.
- 8. Cuba: Caribbean charm and timeless beauty.

Reference: https://smartours.com/blog/travel-inspiration/2025-travel-bucket-list/



# Dessert of the Month

# Lemon Icebox Píe III

# Ingredients

- 1 (9-inch) prepared graham cracker crust
- 2 (8 ounce) packages cream cheese, softened
- 1 (14 ounce) can sweetened condensed milk
- 2 lemons, juiced
- 1 teaspoon lemon zest
- whipped cream for garnish (Optional)
- fresh mint leaves for garnish (Optional)

### Directions

- 1. Gather all ingredients.
- 2. Beat cream cheese in a medium mixing bowl until fluffy. Add condensed milk, lemon juice, and lemon rind; mix until smooth.
- 3. Pour lemon mixture into crust. Refrigerate at least 2 hours before serving.
- 4. Garnish with whipped cream and mint leaves if desired.
- 5. Slice and serve.

For more recipes, go to www.allrecipes.com





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## Website

Blog: www.mylifehobbiesasamom.com

One Hope Wine:

https://www.onehopewine.com/myshop/taguela-hudson

doTerra: my.doterra.com/quelascents

Etsy Shop: www.etsy.com/shop/quelasdesign



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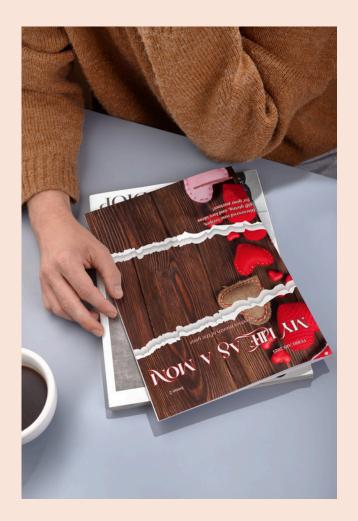
Facebook Group

@QUELASSIPNPARTY

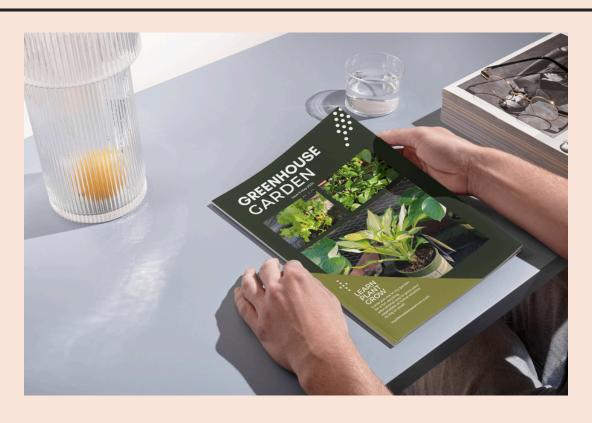




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You share your link with friends. Tell your friends about doTERRA favorite products with friends, and share your link via email, text, or social media.



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This program is a win for your friends too. If they use your link, they receive their first year of doTERRA membership for free, no matter the size of the order! You'll earn 20% of their initial order back in doTERRA dollars.

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doTERRA dollars are credits you can use toward doTERRA product purchases-just like cash or store credit. You can apply your doTERRA dollars-visible at checkout or in your account profile-toward any cost (products, shipping, taxes) on doterra.com. When friends with new Wellness Advocate or Wholesale Customer accounts place their first order using your link, the doTERRA dollars you earned will appear in your account within 10 calendar days.† You can receive up to \$599 doTERRA dollars in a calendar year, so what are you waiting for? Start sharing now!

### Find Your Personal Link

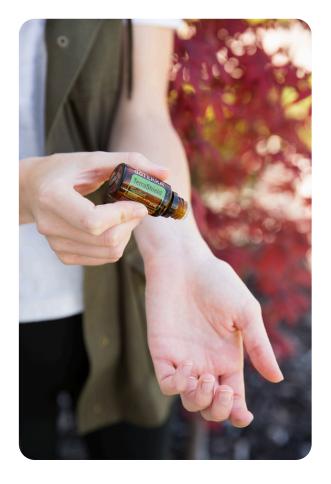
When you log into doterra.com, there will be a popup with your link.



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# AUGUST PROMO

Don't miss out on the special promotions doTERRA offers every month! Discounts, free product opportunities, and other deals are always on this page. Come back each month to check out our latest promotions.

# FREE TEA TREE



Ready to hit the refresh button? Tea Tree available through August 15 with a 125 PV Rewards order or anytime in August with a Foundational Wellness Bundle purchase on doTERRA Rewards.



10% off Rosemary Refresh from the roots up with 10% off Rosemary this August!—available while supplies last.



Prep Your Space for Fall
Say goodbye to summer and hello to
hearth and home. Get Harvest Spice
Gathering Blend and the portable Pilot
Diffuser together for a limited time!



### Breathe in Coffeehouse Bliss

Ease into fall's slower rhythm with the warm, spiced aroma of Vanilla Chai and the soft glow of the Pilot Diffuser. Available together for a limited time!



### Free Membership Gifts!

New members who join doTERRA with at least 150 PV get to pick from three free gifts! Spread the word and share this amazing opportunity with everyone you know.



### Wellness Made Simple

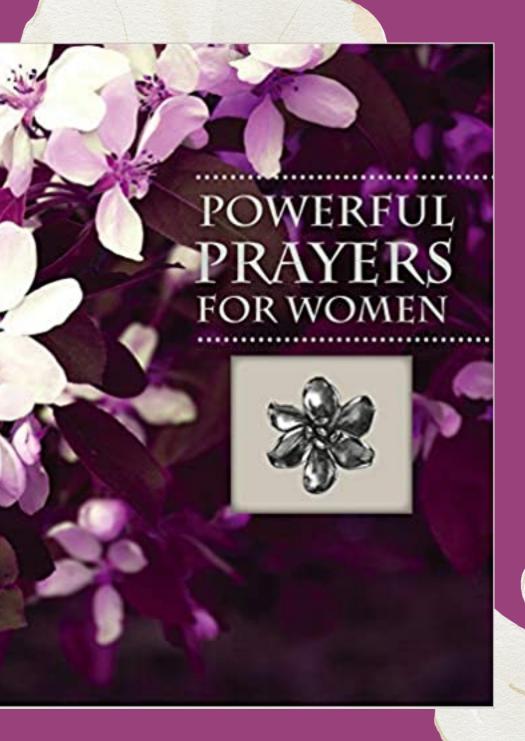
Want to simplify your daily wellness routine? Grab VMG+, EO Mega+, and doTERRA PB Restore in a convenient bundle to easily get your greens, omegas, and other necessary nutrients.

	Sunda	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Cunday	Molida	luesday	Wednesday	mursuay	1	2
1						hello AUGUST	PLAN MY GARDEN WITH ME
	SKIN CARE BIBLE STUDY	Planning	5	WINE WINE WINESDAY	BOOK REVIEW	8	RESTOCK MY GREENHOUSE MATERIALS
	SKIN CARE BIBLE STUDY	Planning =	12	13 WINE WINE WINESDAY	14	15	SHOP WITH ME FOR NEW SEEDS
	SKIN CARE BIBLE STUDY	Planning  —	19	WINE WINE WINESDAY	21	22	MAKE SOME GARDEN SIGNS WITH ME
	SKIN CARE BIBLE STUDY	Planning    Planning	26	27WINE WINE WINESDAY	28  BOOK REVIEW	29	MAKE SOME GARDEN SIGNS WITH ME
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SKIN CARE BIBLE STUDY		Planning	WINE WINE WINESDAY	BOOK REVIEW	26	MAKE SOME GARDEN SIGNS WITH ME
SKIN CARE BIBLE STUDY	29	Planning				Ø BlankCalendarPages.com

# SUNDAY MOTIVATION



TAKE A

MOMENT

TO BREATHE

AND PRAY

# WEDDING SEASON



















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