



MY LIFE AS

Love Life As It Is, Enjoy What You Do

A MOM

ISSUE 11

November 2024

BOOK OF THE MONTH
Keep It Shut
By Karen Ehman

BOOK CLUB
REVIEW

RECIPES OF THE WEEK

Weekly blog featuring tasty
recipes.

LET'S TALK
GARDEN

Preparing Your Garden for
Winter

DAYS OF
THE YEAR

QUELA'S DESIGNS &
PLANNING

Shop Your Favorite Merch

OF THE DAY...

Herb of the Day
Vegetable of the Day
Flower of the Day
Fruit of the Day
Book of the Day
Art of the Month
and more...

EDITOR'S NOTES

FALL AFFILIATES

Check out some great deals for
the Winter from my affiliates.

Look out for great deals on
My Life as A Mom website.

Affiliates:

Cricut
Cents of Style
The California Wine Club
Kiyonna Clothing
Seven Sister Scones
EasyCloset
ShareaSale
Minted
Monday.com
Basic Invites
BeeBeeCraft
Brytn Smile
AccuQuilt
Art of Tea
momAgenda
1st in Coffee
Barkev
Natalie Mills
Amazon
Tea Collection
Bumpin Blends
Wickbox
Garden in Minutes
Decor Steals
and more..

Website:
mylifesthobbiesasamom.com



Hello November,

The holiday season is fast approaching with Thanksgiving, Christmas, and New Year's on the horizon. It's that wonderful time of year filled with joy, chilly weather, gift exchanges, and delightful conversations around the table, among many other things. This month, I'll be sharing ideas for gifts, recipes, and much more. Stay tuned for exciting posts on the blog!

Sincerely,

Taquela Hudson
Blogger & Editor

SOCIAL MEDIA

FOLLOW MY JOURNEY AS A MOM ON SOCIAL MEDIA AND STAY UP-TO-DATE WITH
OUR WEEKLY NEWSLETTER AND MUCH MORE.

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Instagram: @mylifeasamomblog | @quelasdesign

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Website

Blog: www.mylifehobbiesasamom.com

One Hope Wine:

<https://www.onehopewine.com/myshop/taquela-hudson>

doTerra: my.doterra.com/quelascents

Etsy Shop: www.etsy.com/shop/quelasdesign

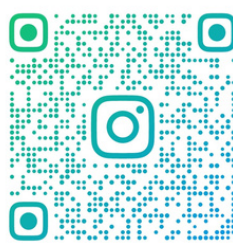
Facebook Group
@QUELASSIPNPARTY



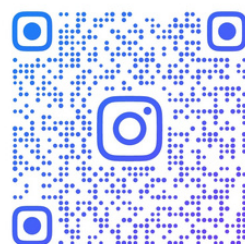
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momAgenda



Select the ideal gift for your mother, sister, father, or any special person in your life.

DAY PLANNERS FOR MOMS

Designed for busy moms, by a mom of four!

DAY PLANNERS FOR EVERYONE

Day planners designed for your life.

PERSONALIZE YOUR PLANNER



momAgenda

November 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1  of the Month	2 Feel Free to Garden 
3  Mindful Sunday	4 	5 Gift Ideas 	6 Thanksgiving Cocktail  Wine Wine Winesday	7 <i>BUT FIRST</i> skin care 	8  of the Month	9 Feel Free to Garden 
10  Mindful Sunday	11 	12 Gift Ideas 	13 Thanksgiving Cocktail  Wine Wine Winesday	14 <i>BUT FIRST</i> skin care 	15  of the Month	16 Feel Free to Garden 
17  Mindful Sunday	18 	19 Gift Ideas 	20 Thanksgiving Cocktail  Wine Wine Winesday	21 <i>BUT FIRST</i> skin care 	22  of the Month	23 Feel Free to Garden 
24  Mindful Sunday	25 	26 Gift Ideas 	27 Thanksgiving Cocktail  Wine Wine Winesday	28 HAPPY THANKS GIVING 	29  of the Month	30 Feel Free to Garden 

For Her

Gift *Guide*



Candles



Perfume



Jewelry



Purse



Watch



Giftcard

WATCH OUT, HERE COME THE
GIFT-GIVING GENIUS IDEAS!

For Him & Her

Gift Guide



Candles



Perfume



Jewelry



Purse



Watch



Giftcard

WATCH OUT, HERE COME THE
GIFT-GIVING GENIUS IDEAS!

Feel Free To..

FALL GARDEN

Want to start a garden? Start small with a patio garden and raised garden bed. Plant some herbs, tomato, or flowers and watch them grow.



Scene of the Month

FALL SCENE

ALEX_UGALEK FROM GETTY IMAGE



Recipes

TASTE OF FALL

Check out My Life As A Mom all summer long for cool and delicious recipes to add to your collection summer recipes.



GREENHOUSE GARDEN

Issue 5 May 2023



LEARN PLANT GROW

Come join me in my garden for a fun, exciting, educational way to grow your vegetables at home whether its big or small.

mylifehobbiesasamom.com



Learn About Gardening



Outfit of the Week

STYLE YOUR WEEK WITH ME



Skin Care

MORNING & NIGHT ROUTINE



My Go-To

FAVORITE PRODUCT



**GORGIOUS SHAGGY HAIRCUTS NATURAL BLACK
CURLY WIG WITH BANGS**

Coffee or Tea



*Learn About
Gardening*





November 2024 PWP

Get 50% off Vintner Sparkling Brut, Field to Table Red Blend, and 2 canvas bags. Perfect for holiday gifting or cozy nights in. Share the joy!



The Field to Table Red Blend 2021 is a celebration of California's Central Coast's rich viticultural history. Crafted by the renowned Winemaker Isadora Frias, each bottle from this collection features one of three unique label designs that beautifully capture the rolling hills and coastal landscapes of the region, bringing the vineyard experience right to your table.

Experience a sophisticated palate with bold notes of dark cherry, seamlessly integrated with smooth oak and a hint of exotic spices. The wine's finish is elegantly accented by subtle undertones of leather and dried rose petals, making it a perfect choice for enhancing any dining experience.

Each bottle comes with a QR code that links to specially curated recipes designed to complement the distinctive flavors of the wine. This interactive feature not only enhances your tasting experience but also provides valuable pairing suggestions to elevate any meal.

Shimmer Etched Edition



CA Brut Sparkling Wine Gold Shimmer Etched Edition - It's Giving

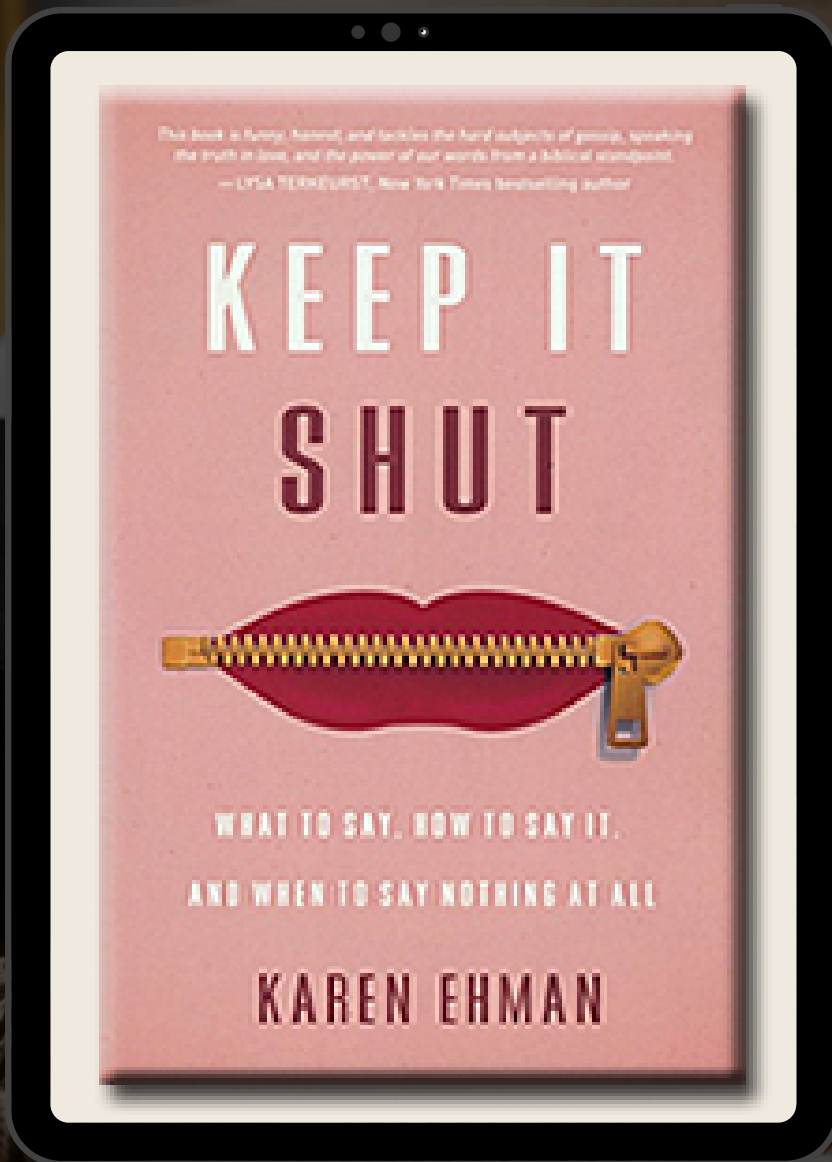
Celebrate the season of giving with our Gold Shimmer California Sparkling Brut, elegantly etched with "It's Giving..." This luxurious bottle, infused with the flavors of luscious pear and tropical fruit, is an ideal gift for the holidays. Serve it alongside scallops or halibut with cilantro aioli to perfectly complement its vibrant character.



START A BOOK CLUB

BOOK OF THE MONTH

Keep It Shut

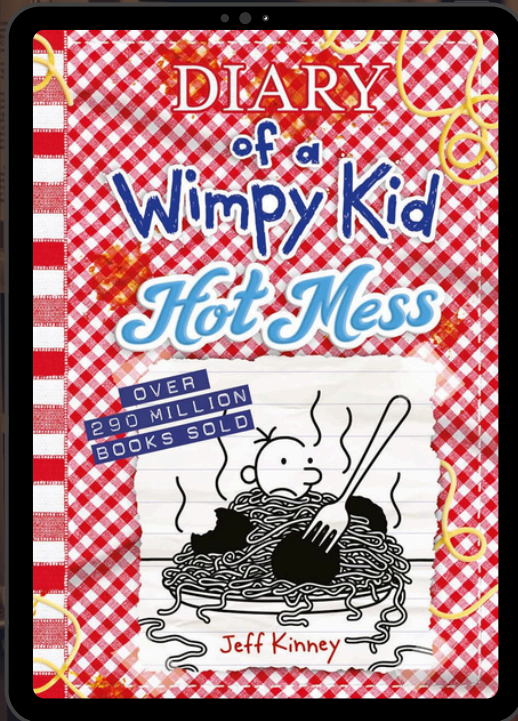


From Bible times to modern times women have struggled with their words. What to say and how to say it. What not to say. When it is best to remain silent. And what to do when you've said something you wish you could now take back. In this book a woman whose mouth has gotten her into loads of trouble shares the hows (and how-not-tos) of dealing with the tongue.

Beyond just a "how not to gossip" book, this book explores what the Bible says about the many ways we are to use our words and the times when we are to remain silent. Karen will cover using our speech to interact with friends, co-workers, family, and strangers as well as in the many places we use our words in private, in public, online, and in prayer. Even the words we say silently to ourselves. She will address unsolicited opinion-sliding, speaking the truth in love, not saying words just to people-please, and dealing with our verbal anger.

DAUGHTER'S CHOICE

Diary of a Wimpy Kid



The pressure is building for Greg Heffley, who discovers that when you mix heaps of family, a tiny beach house, and sweltering heat, it's a recipe for disaster.

Speaking of recipes—the secret ingredients behind Gramma's famous meatballs have been closely guarded for years. Can Greg unpack all of his family's mysteries before their vacation is over? Or will he just stir the pot?

This sidesplittingly relatable summer story is the funniest Wimpy Kid book yet!

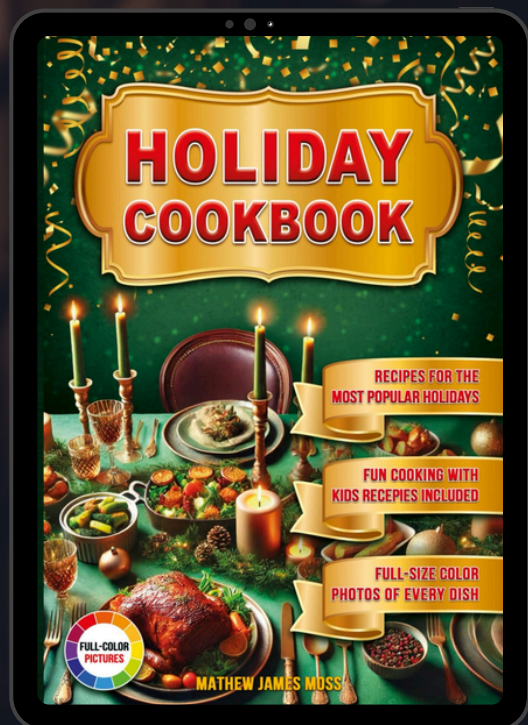
COOKBOOK OF THE MONTH

Fall Baking

From Thanksgiving To Christmas Recipes Through Halloween, Valentine`s Day And Easter Delights And Ideas For Festive Season, All With Full-Size Color Photos!

Make every holiday meal unforgettable with the best festive recipes, complete with easy step-by-step instructions and full-size color photos!

The holiday season is approaching, and you're on the lookout for a worthy holiday recipe book which includes not only Thanksgiving or Christmas recipes or is just a Valentine's Day cookbook but you're on the hunt for the complete holiday cook book to celebrate everything. This one stands out of all holiday cookbooks not only because Thanksgiving cooking or Christmas cooking have ever been so easy but as it includes a variety of Halloween, New Year`s Day, Easter recipes and many more, all with full-size color photos.





Introducing
Matcha Fresca



T
E
A

C
L
U
B

tea time

Make your big day shine

Bring your celebration into full bloom with
menus, table numbers, escort cards, and more.



Neutral Wildflower Vellum
Jacket for Wedding Invitations



Neutral Wildflower Vellum
Jacket for Wedding Invitations



Save the Date



Bridal Shower

mintedweddings.

DAILY QUESTIONS & QUOTES



Wine Quotes



Mindful Quote



Moment As A Mother

MOMENT AS
A MOTHER

LEARN THE STRENGTH
WITHIN



#Momlife





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This entire page contains affiliate banners and will be compensated by making sure that My Life As A Mom stay-up-to-date when you make a purchase by clicking on my links on the blog.



MAKE IT YOUR OWN

Whether you want a subtle look or a show stopper, our rings will help you get there.

SHOP NOW



PREMIUM FRAGRANCES.
100% AUTHENTIC.

SHOP NOW



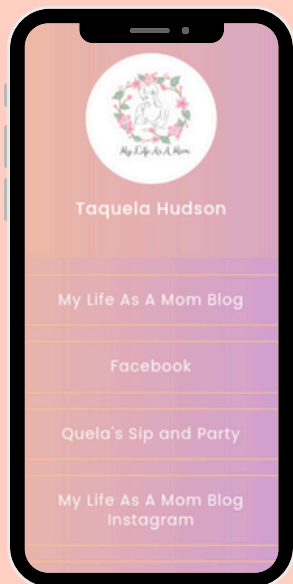
PERFUMANIA

Order Pappy Van Winkle online at Nestor Liquor
& get it delivered right to your door!



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What to look for?

Top Podcast - Sharing my favorite podcast

Affiliate Post - Check out some deals from some of my affiliates

All About Wine - Wine Wine Winesday every Wednesday

Garden Saturday - Take a Scroll in my garden

MOMENT AS
A MOTHER
LEARN THE STRENGTH
WITHIN

MOM
#Momlife

Natural Cleaning Recipes

Come make homemade sanitizers, disinfectants, and more with me on My Life As A Mom Blog



Design



SCENTS OF NATURE



dEO Mega+ Essential Oil Omega Complex is a premium blend of omega fatty acids derived from wild-caught fish off the coast of Norway, providing clean, pure, and traceable fish oil. It also contains CPTG Certified Pure Tested Grade® Wild Orange essential oil to enhance the user experience and contribute various health benefits because of its limonene content. Each serving provides 2,000 mg of fish oil, containing 900 mg of essential omega-3 fatty acids, including 800 mg of omega-3 fatty acids EPA (eicosapentaenoic acid) and DHA (docosahexaenoic acid), which are known for their exceptional health benefits.* Essential fatty acids are crucial nutrients for maintaining overall health and vitality; they play a vital role in heart health; cell growth; brain development; skin, eye, and metabolic health; muscle activity; immune function; and joint health.* Because the body can't produce these essential nutrients on its own, it must be obtained through diet. That's where EO Mega+ comes in, filling this nutritional gap by providing a convenient source of essential fatty acids to support optimal bodily functions.*

Primary Benefits

- Supportive but inconclusive research shows consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease.
- EO Mega+ helps maintain a healthy lipid profile already in a normal range.*
- EO Mega+ may support a healthy nervous system and cognitive function because of DHA, an omega-3 fatty acid critical for brain health.*
- EO Mega+ supports a healthy respiratory system.*
- EO Mega+ promotes healthy vascular endothelial function.*
- EO Mega+ helps balance omega-3 and omega-6 fatty acids in the blood.*
- EO Mega+ helps maintain visual acuity throughout life.*
- EO Mega+ may help you feel fuller between meals.*
- EO Mega+ promotes a healthy metabolism and gastrointestinal system because of its limonene content, according to preclinical research.*
- EO Mega+ promotes a healthy gastrointestinal system when the limonene it contains is taken internally, according to preclinical research.*



MetaPWR Recharge Electrolyte Mix

Lemon-Lime



A healthy human body is about two-thirds water. Water lubricates the joints and eyes, aids digestion, facilitates optimal metabolic health and function, flushes out waste and toxins, and keeps the skin healthy. Dehydration upsets the body's salt and sugar balance, negatively impacting everything from energy levels to concentration.

Approximately 75% of the globe is dehydrated, lacking key electrolytes that are essential to keeping cells charged and energized. Electrolytes are integral to various bodily functions, like maintaining proper muscle and nerve function and regulating your body's fluid balance. But water alone isn't enough.

MetaPWR Recharge provides an exclusive, balanced blend of electrolytes—including potassium, sodium, and magnesium—that's perfect for everyone, not just high-performance athletes. It also includes baobab extract and deep-ocean minerals like molybdenum, magnesium, vanadium from the Kuroshio Current in the Pacific Ocean, helping water work more cooperatively with your cells so you don't have to work hard to stay hydrated.*

Primary Benefits

- Improves cellular hydration.*
- Facilitates water transport between cells.*
- Provides balanced ratios of six key electrolytes: potassium, sodium, magnesium, calcium, chloride, and phosphate.*
- Includes over 75 deep-ocean minerals such as molybdenum, magnesium, vanadium.
- Is free from GMOs, gluten, dairy, preservatives, and artificial ingredients.



SCAN QR CODE TO
START SHOPPING

ABOUT doTERRA

EMPOWERING WELLNESS WORLDWIDE

Since its 2008 inception, doTERRA has provided the highest-quality essential oils to people around the globe. With no industry standard for purity at the time, we created one: CPTG Certified Pure Tested Grade®. This standard ensures you receive only the best essential oils.

Our Mission

doTERRA, meaning "gift of the earth" in Latin, strives to share these natural essential oil gifts worldwide, helping people take control of their lives one drop at a time. doTERRA's mission is to help the world heal. Our commitment to quality and purity drives everything from sourcing to distribution.

Join Our Community

doTERRA believes you deserve the best essential oil education and experiences, so we draw on the power of people via our modernized direct selling model. This approach allows distributors to work directly with customers, helping you learn about and experience essential oils from someone you know and trust. You also enjoy the opportunity to earn extra income to help achieve your financial goals when you build your own doTERRA business. Over 3,000,000 Wellness Advocates now use and sell doTERRA essential oil products worldwide!



Bookmarks

Print on Card-stock | Laminated | Enjoy



Bookmarks

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December

Digest Coming Soon



Published on October 29, 2024