

# MY LIFE AS A MOM

*Love Life As It Is, Enjoy What You Do*

## ISSUE 2

February 2024

### BOOK OF THE MONTHS

Mines to Hold  
By Shayla Black

### RECIPES OF THE WEEK

Weekly blog featuring tasty recipes.

### LET'S TALK GARDEN

Preparing Your Garden for Spring: Winter Cleaning

### DAYS OF THE YEAR

Black History Month  
American Heart Month  
Valentine's Day  
Presidents' Day

### QUELA'S DESIGNS & PLANNING

Shop Your Favorite Merch



# EDITOR'S NOTES

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## WINTER AFFILIATES

Check out some great deals for the Winter from my affiliates.

Look out for great deals on My Life as A Mom website.

Affiliates  
Cricut  
Cents of Style  
The California Wine Club  
Kiyonna Clothing  
Seven Sister Scones  
EasyCloset  
ShareaSale  
Minted  
Monday.com  
Basic Invites  
BeeBeeCraft  
Brytn Smile  
AccuQuilt  
Art of Tea  
momAgenda  
ist in Coffee  
Barkev  
Natalie Mills  
Amazon  
Tea Collection  
Bumpin Blends  
Wickbox  
Garden in Minutes  
Decor Steals  
and more..

Website:  
[mylifehobbiesasamom.com](http://mylifehobbiesasamom.com)



Happy Valentine's Day, friends!

Valentine's Day is just around the corner, and it's a perfect time to show your friends how much you appreciate them. Whether it's a small gesture like a heartfelt note or a grand gesture like a surprise gift, there are plenty of ways to show your love this month. My Life As A Mom has compiled a list of creative gift ideas that your friends will surely love. Additionally, we've picked out a book of the month that's perfect for curling up with on a cozy night in. And for those with a green thumb, we have some tips on how to start your own garden to brighten up your space. There's so much to look forward to this February, so make sure to subscribe to My Life As A Mom to stay in the loop on all the exciting things happening this month.

Sincerely,

*Taquela Hudson*

Blogger & Editor

# BLACK

## HISTORY MONTH



# SOCIAL MEDIA

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FOLLOW MY JOURNEY AS A MOM ON SOCIAL MEDIA AND STAY UP-TO-DATE WITH  
OUR WEEKLY NEWSLETTER AND MUCH MORE.

## SUBSCRIBE ONLINE

### **Social Media**

Facebook: @mylifehobbiesasamom | @quelasdesign

Facebook Group: Quela's Sip & Party

Instagram: @mylifeasamomblog | @quelasdesign

@quelassipnparty

### **Website**

Blog: [www.mylifehobbiesasamom.com](http://www.mylifehobbiesasamom.com)

One Hope Wine:

<https://www.onehopewine.com/myshop/taquela-hudson>

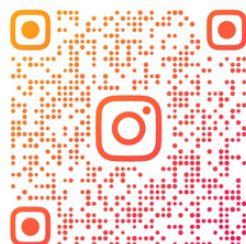
doTerra: [my.doterra.com/quelascents](http://my.doterra.com/quelascents)

Etsy Shop: [www.etsy.com/shop/quelasdesign](http://www.etsy.com/shop/quelasdesign)

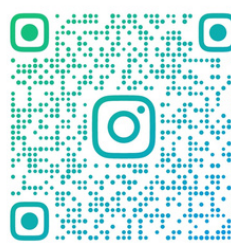
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@QUELASSIPNPARTY



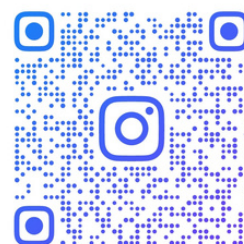
Facebook Page  
@MYLIFEASAMOMBLOG



@QUELASDESIGN



@MYLIFEASAMOMBLOG



@QUELASSIPNPARTY



# Calendar 2024

## January

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

## February

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

## March

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

## April

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

## May

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

## June

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

## July

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

## August

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

## September

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

## October

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		











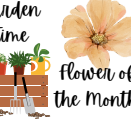


















## November

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

## December

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

# February 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			 <p>Wine Wine Winesday</p>	<p>1</p> <p>BUT FIRST</p> <p>SKIN CARE</p> <p>Thursday</p>  <p>RECIPE</p>	<p>2</p> <p>COOKBOOK</p> <p>OF THE</p> <p>MONTH</p> 	<p>3</p> <p>Craft Time</p>  <p>SWEETHEART</p> <p>Sip Saturday</p> 
<p>4</p> <p>Get Ready with ME!</p>  <p>Make-up of the Month</p>	<p>5</p>  <p>Mindful Monday</p>	<p>6</p>	<p>7</p>  <p>Wine Wine Winesday</p>	<p>8</p> <p>BUT FIRST</p> <p>SKIN CARE</p> <p>Thursday</p>  <p>RECIPE</p>	<p>9</p> <p>BOOK</p> <p>OF THE</p> <p>MONTH</p> 	<p>10</p> <p>Garden Time</p>  <p>Flower of the Month</p> <p>SWEETHEART</p> <p>Sip Saturday</p> 
<p>11</p> <p>Get Ready with ME!</p>	<p>12</p>  <p>Mindful Monday</p>	<p>13</p>	<p>14</p>  <p>Wine Wine Winesday</p> <p>HAPPY Valentine's DAY</p>	<p>15</p> <p>BUT FIRST</p> <p>SKIN CARE</p> <p>Thursday</p>  <p>RECIPE</p>	<p>16</p> <p>DAUGHTER</p> <p>BOOK</p> <p>OF THE</p> <p>MONTH</p> 	<p>17</p> <p>Craft Time</p>  <p>SWEETHEART</p> <p>Sip Saturday</p> 
<p>18</p> <p>Get Ready with ME!</p>  <p>Essential Oil of the Month</p>	<p>19</p>  <p>Mindful Monday</p>  <p>Art of the Month</p>  <p>PRESIDENTS DAY</p>	<p>20</p>	<p>21</p>  <p>Wine Wine Winesday</p>	<p>22</p> <p>BUT FIRST</p> <p>SKIN CARE</p> <p>Thursday</p>  <p>RECIPE</p>	<p>23</p> <p>ART OF THE</p> <p>MONTH</p> 	<p>24</p> <p>Garden Time</p>  <p>SWEETHEART</p> <p>Sip Saturday</p> 
<p>25</p> <p>Get Ready with ME!</p>	<p>26</p>  <p>Mindful Monday</p>	<p>27</p>	<p>28</p>  <p>Wine Wine Winesday</p> <p>NEW ITEM OF THE MONTH</p>	<p>29</p>		

# *Feel Free To..*

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## GARDEN

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### FLOWER OF THE MONTH

The violet is one of the earliest blooming plants in the spring. Violets typically have heart-shaped leaves and asymmetrical flowers that vary in color. Many are violet, as their name suggests, while others are blue, yellow, white, and cream. Some are even bicolored, often blue and yellow.

Native to Europe and Asia, the violet is indigenous to temperate regions in the Northern Hemisphere. Violets (*Viola*) are a genus of the *Violaceae* family. There are more than 400 species of violets in the genus.



Retrieved from: Almanac  
<https://www.almanac.com/content/february-birth-flowers>

## VIOLET



# MY GARDEN

## Declutter Greenhouse

Preparing for the Spring/Summer season, I usually kick off the process by cleaning my greenhouse in January.

## When to start planting?

Starting in January, I plant in my greenhouse to ensure that they mature in time for the last frost.





# SCENTS OF NATURE

Jasmine is a flower that is admired globally for its sweet fragrance and is used in various products like candles, perfumes, soaps, and lotions.

Gardenia is a genus of flowering plants in the coffee family, Rubiaceae, native to the tropical and subtropical regions of Africa, Asia, Madagascar, Pacific Islands, and Australia

Lavender has various benefits, including improving sleep, treating skin blemishes, relieving pain, reducing blood pressure, lessening menopausal hot flashes, combating fungus growth, and potentially promoting hair growth.



# Cranberry-Orange Granola

SERVINGS: 12

TOTAL TIME: 40 MINUTES

## Ingredients

## Directions

1 3/4 c. of gluten-free rolled oats  
3/4 c. chopped walnuts  
1/2 cups chopped pecans  
1/2 c. raw pumpkin seeds  
1/2 c. unsweetened flaked coconut  
2 tbs chia seeds  
1/2 c. all-fruit orange marmalade  
2 tbs coconut oil  
1 1/2 c. tsp ground cinnamon  
1 1/4 tsp ground ginger  
1/4 sea salt (optional)  
1/2 c. juice-sweetened dried cranberries

Preheat the oven to 325 degrees F. Line a 15 x 10 baking pan with parchment paper

1. In a large bowl combine all of the nuts and mix them well.
2. In a small saucepan, combine the oats, marmalade, oil, cinnamon, ginger, and salt (optional). Heat over low heat, and stir until everything melts. Pour over the mixture and stir well until everything is coated.
3. Spread the granola in the pan as evenly as possible. Bake in the oven for 25 to 30 minutes, or until lightly brown.
4. Remove the pan from the oven and gently stir in the cranberries. Let the granola cool completely on the pan. Store in air tight container and enjoy!

Recipe from: The Healthy You Diet From Dawna Stone

**Favorite  
Salad**

# Kale and Maple-Roasted Sweet

SERVINGS: 4

## Potato Salad

TOTAL TIME: 45 MIN

## Ingredients

## Directions

3 tbs pure maple syrup  
1 tbs extra-virgin olive oil  
1 tbs lemon juice  
1/4 tsp sea salt  
2 sweet potatoes, cut into 1" cubes  
1/3 c. of pumpkin seeds  
1 bunch curly-leaf kale  
1/2 c. pitted and sliced Medjool dates  
Walnut Vinaigrette (Optional)

Preheat the oven to 400 degrees F. Line a baking sheet with a parchment sheet.

1. In a large bowl, whisk together the maple syrup, oil, lemon juice, and salt. Add the sweet potatoes and toss to coat with the maple syrup mixture. Spread the potatoes on the baking sheet and roast, stirring occasionally, for 30 minutes, or until tender. Remove from the oven and set aside to cool slightly.
2. In a skillet over medium heat, toast pumpkin seeds for 2 minutes, or until they turn golden and begin to pop. Shake the pan often during toasting to make sure they don't burn. Transfer to a plate and set aside.

Served the kale with sweet potato, pumpkin seeds, dates, and dressing.

Recipe from: The Healthy You Diet From Dawna Stone



# Heart Shape Chocolate Chip Cookies



12 servings



45 minutes

## INGREDIENTS

- 1/2 cup of shortening
- 1 cup of brown sugar
- 1 teaspoon vanilla extract
- 2 cups of baking mix
- 1 cup of milk chocolate chip
- 1 egg

## DIRECTIONS

Preheat the oven to 350 degrees.

1. In a large mixing bowl add your shortening, brown sugar, and vanilla flavor and blend it with your hand-held mixer until the mixture is nicely whipped.
2. Next, add your egg and beat with the mixture for one minute.
3. Third, add your baking mix to the mixture and until the mixture forms a dough.
4. Last, add and fold your chocolate chip into the dough.
5. After, everything is fully mixed add flour to your surface or cupboard. Put your dough on top of the floured surface and roll your dough out until to the thickness that you like. Use a heart-shaped cookie cutter or any cookie cutter that you like cut the cookies and place them on a cookie sheet.
6. Bake the cookies for 10 to 15 minutes or until the cookies are golden brown.
7. Take the cookies out of the oven let them cool for 10 minutes and enjoy!!!



# No Bake Red Velvet Cheesecake

SERVINGS: 8

PREPPING TIME: 15 MIN

TOTAL TIME: 4 HOURS

## Ingredients

8oz of cream cheese, room temperature  
1 cup of sour cream  
2/4 cup of sugar  
1/2 cup of red velvet cake mix (dry)  
1 graham cracker pie crust  
1/2 container of whipped cream

## Directions

1. In a bowl add the softened cream cheese, sugar, cake mix, and vanilla flavor.
2. Blend the mixture on high until it gets creamy and smooth.
3. Add the whipped cream to the batter and fold it into the batter.
4. Pour the cheesecake batter into the crust and spread it until even.
5. Chill the cheesecake in the fridge for three hours or overnight for a better setting.
6. Serve the cheesecake and enjoy!!

# Thai Iced Tea Ice Cream

SERVINGS: 1 QUARTS

BY MERRILL STUBBS

TOTAL TIME: 1 HOUR 15 MINS

BY CHRIS W.

## Ingredients

1 cup heavy cream  
1 dash salt  
2 cups whole milk or half-and-half  
1 cup Thai iced tea leaves (can be found at Asian grocery store)  
2 egg yolks  
1 teaspoon vanilla  
1 (14-ounce) can condensed milk

## Directions

1. In a small saucepan, gently heat heavy cream, salt, and milk mixture with tea until almost simmering, then steep for about 10 to 20 minutes until desired flavor.
2. Using a slotted spoon, remove the leaves then reheat and make custard by bringing the milk mixture to a low simmer over gentle heat, then, while constantly mixing, add in the yolks. Stir in the vanilla and condensed milk.
3. Let chill, then freeze according to ice cream maker's instructions.

Recipe from: Ice Cream & Friends





# The Best Lime Ice Cream

BY MERRILL STUBBS



Serving 3



15 minutes

## INGREDIENTS

3/4 cup white sugar

1 1/2 cups heavy cream

2 tablespoons grated lime zest

1/3 cup lime juice

## DIRECTIONS

1. Combine all of the ingredients, stirring until the sugar is dissolved.
2. Freeze in an ice cream maker, or in a wide, shallow container, stirring from time to time.  
Devour! Note: Don't be dismayed if the ice cream never gets really hard in your freezer -- the texture should be airy and light.

Recipe from: Ice Cream & Friends





QUELA'S SIP & PARTY  
PRESENT  
**SWEETHEART  
WINE TASTING**

Valentine's Day is a special day to celebrate love, and what better way to celebrate than by sipping your favorite wine at your favorite spot with your loved one? Whether it's a cozy restaurant, a scenic park, or a quiet spot by the river, make sure to choose a location that is meaningful to both of you. And don't forget to pick out the perfect bottle of wine to share together. Cheers to a romantic and unforgettable Valentine's Day!



Shopping Made  
Easy: Simply Scan  
the QR Code.



# SWEETHEART

## *Sip Saturday*

Suggestive drinks for Valentine's made with selective wines.

### POMEGRANATE GRAPEFRUIT FROSÉ

Vintner Rosé  
California  
\$15

Reserve Rosé  
Sonoma Coast  
\$35

Herstory Rosato  
Italy  
\$28

### WHITE WINE MOJITO

Vintner Sparkling Brut  
California  
\$27

Hospitality Sparkling Brut  
California  
\$32

Herstory Prosecco  
Italy  
\$32

### ROSÉ BERRY BLISS

Vintner Rosé  
California  
\$15

Reserve Rosé  
Sonoma Coast  
\$35

Herstory Rosato  
Italy  
\$28



### SANGRIA

Frizzante Red  
Wine  
Italy  
\$30

Hospitality  
Red Blend  
California  
\$32

Hospitality Cabernet  
Sauvignon  
California  
\$33



# SHAYLA BLACK

*New York Times* Bestselling Author

## Mine to Hold

A WICKED LOVERS NOVEL

"Sizzling, romantic, and edgy, a

Shayla Black story never disappoints!"

—SYLVIA DAY, #1 *New York Times* Bestselling

Author of *BARED TO YOU*

## Book of the Month

Tyler Murphy was an LAPD detective, single and happy—until a near-fatal tragedy crippled his friend, fellow detective Eric Catalano. While Tyler supported Eric, he also became a shoulder for Eric's wife, Delaney, to lean on. But with one naughty suggestion from Eric, a drunken night with Delaney spilled into erotic abandon. Before it was over, Tyler saw his best friend's wife as a woman and yearned for more.

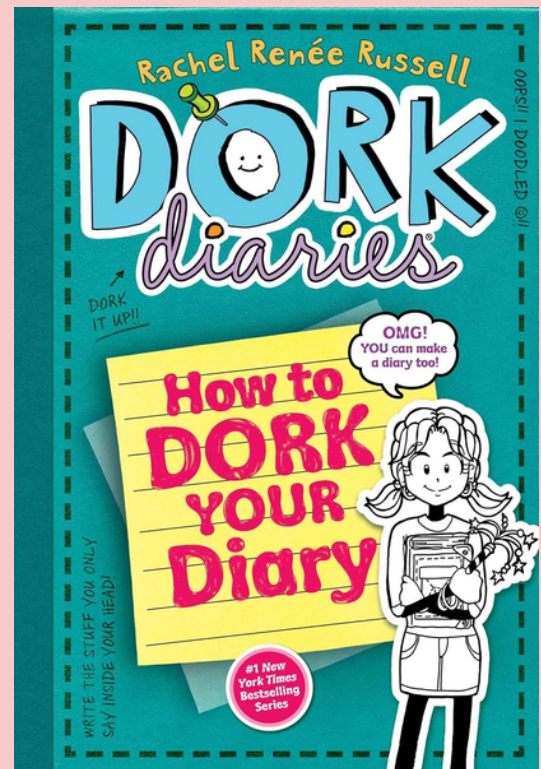
When Eric struggled to deal with the aftermath, Delaney begged Tyler to leave. Crushed, he fled to Louisiana, hoping to escape his longing for the one woman he could never have again...and unaware of what he'd left behind.

FOOD52

## ICE CREAM & FRIENDS

60 RECIPES & RIFFS

## Cookbook of the Month



## Daughter's Choice



# BOOK REVIEW

BOOK TITLE

AUTHOR

PAGE LENGTH \_\_\_\_\_

☐ FICTION ☐ NON-FICTION

GENRES

READING STATUS

DATE STARTED

DATE FINISHED

THE BOOK IN ONE SENTENCE

RATING



MY FAVORITE QUOTE

REVIEW







February

## Wine of the Month

### I Love You More Shimmer

Our dazzling ONEHOPE Shimmer Collection is the perfect addition to any occasion. This California Sparkling Rosé is floral and effervescent with flavors of pomegranate and pink lady apple.

**\$59** Retail Price | **\$53.10** Wine Club Price





## Deep Blue Six Ways It Can Benefit Everyone

### 1. Post-Workout Perfection

Deep Blue is your go-to companion for post-workout recovery. Whether you're into heavy lifting or intense aerobics, Deep Blue Rub and the Deep Blue Stick will help soothe those trouble spots, while also moisturizing your skin. Just a dab will leave you feeling revitalized and ready for your next fitness goal!

### 2. Desk Dwellers

Typing at a desk all day, every day isn't as easy as it looks! After a long workday at the office, treat your fingers, arms, hands, neck, and shoulders to a soothing massage with Deep Blue Soothing Blend. Dilute this beautiful blend of CPTG® essential oils with Fractionated Coconut Oil to enjoy cooling relief on those affected areas.

### 3. An Athlete's Secret Weapon

Whether you're a professional or you just enjoy community sports, Deep Blue Rub is an essential addition to your sports kit. It's even a game-changer for high school athletes with back-to-back practices, games, and workouts. Keep it handy for quick and effective relief whenever your body needs it most.

### 4. Weekend Warriors

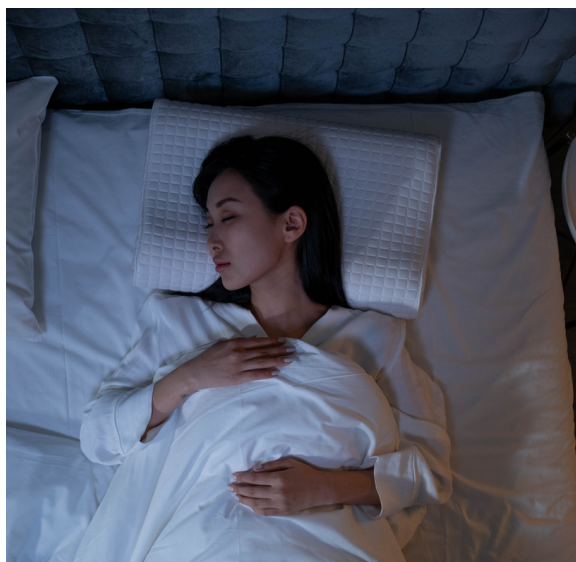
After hours of gardening, heavy lifting, or DIY endeavors, your body will be crying out for some TLC. Treat yourself to the cooling relief of the Deep Blue Stick, rolling it onto your lower back, shoulders, neck, or wherever discomfort may be lurking.

### 5. Prepping for Anything

You never know what you'll come across in your adventures, but you can always count on Deep Blue to keep yourself prepared! Whether you're on the road, at a cabin, or on a thrilling adventure, this trusty natural solution will be there to offer relief whenever you need it. With their convenient size, Deep Blue Rub Samples are within arm's reach so you're ready for any unexpected discomfort.

### 6. Calling All Creators

You can't create works of art if you don't feel like a work of art! Say goodbye to strained and tired hands with a soothing massage. Experience the cooling, warming sensation of Deep Blue Rub as your hands embrace the natural emollients, leaving them soft and smooth. No greasy after-feeling either—only pure bliss!



SCAN QR CODE TO  
START SHOPPING





# Skin Care

## Thursday



### spa Exfoliating Body Scrub + Body Mineral Sunscreen Lotion

The doTERRA spa Exfoliating Body Scrub is a natural, indulgent body scrub that gently exfoliates and polishes skin with natural sugar cane, leaving a healthy, natural glow. Infused with CPTG® essential oils of Wild Orange, Grapefruit, and Ginger, this luxurious scrub provides a custom at-home spa experience that entices the senses, pampers the body, and warms the soul. Formulated with a rich blend of kukui, macadamia, and coconut oils, the doTERRA spa Exfoliating Body Scrub not only removes dead skin cells through exfoliation, but replaces vital hydration to keep skin looking smooth and soft.

### spa Replenishing Body Butter

Pamper your skin with the rich hydration and luxurious feel of the doTERRA spa Replenishing Body Butter. The base of this natural formula combines shea and cocoa seed butters, known for their deep moisturization and ability to promote skin suppleness. Jojoba seed oil absorbs quickly into the skin and helps keep skin looking hydrated while avocado oil provides essential fatty acids to nourish and soften skin. CPTG® essential oils of Wild Orange, Douglas Fir, and Frankincense turn this indulgent formula into an intensely aromatic spa experience while providing purifying and rejuvenating benefits.



### spa Refreshing Body Wash

The invigorating scents of CPTG® Bergamot, Grapefruit and Cedarwood essential oils are refreshing and uplifting, making it an ideal body wash to start the day. Natural surfactants derived from coconut oil and essential fatty acids provide gentle yet thorough cleansing without irritating the skin like other harsh soaps and body washes. This natural gel cleanser provides a perfect foaming action that glides across the skin without stripping the skin of its natural oils. Formulated with only nature's finest ingredients, the doTERRA spa Refreshing Body Wash will leave your skin feeling clean, smooth, and fresh.



### spa Hydrating Body Mist with Beautiful Blend


Feel completely rehydrated all over your body! The aromatic benefits of our Beautiful Captivating essential oil blend combine with the nourishing properties of coconut, sunflower, avocado, and passion fruit. This hydrating mist, with the unique 360 degree technology sprayer, will help improve overall appearance of healthy-looking and radiant skin.



# —RESOLUTIONS SHEET—

DATE: \_\_\_\_\_ S M T W T F S

## WORK



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## EXERCISE

### WEIGHT GOALS



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### DAILY STEPS

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## PERSONAL DREAMS

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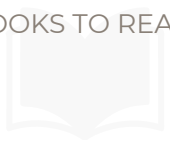
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## KIDS

MONTH	PLANS

BOOKS TO READ



DAILY WALKS



MEDITATION HOURS



FAMILY TIME



## PLACES TO VISIT THIS YEAR



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## MONEY TRACKER:

PLANNED  
SAVINGS:

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YEARLY  
PURCHASES:

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Shop Now

# *Winter* SALE

Up to 10% off  
with code WELCOME23



# GET READY WITH ME

*Sunday*

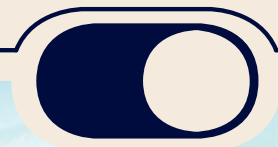
- *Food Prep*
- *Get Ready For The Week*
- *Organize Sunday*
- *Moment As A Mother*
- 
- 
-





# Daily Questions

Everyday





# QUOTES

Wine Quotes



Mindful Quote



Moment As A Mother

MOMENT AS  
A MOTHER

LEARN THE STRENGTH  
WITHIN



#Momlife



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Whether you want a subtle look or a show stopper, our rings will help you get there.

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SHOP NOW



**PERFUMANIA**

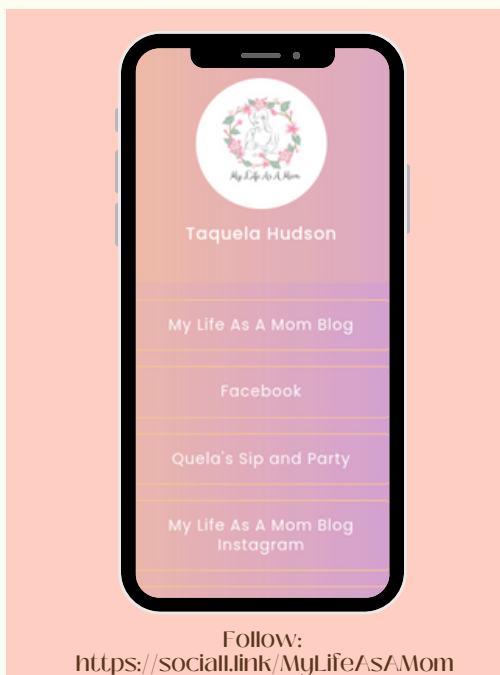
Order Pappy Van Winkle online at Nestor Liquor  
& get it delivered right to your door!



**NESTOR LIQUOR**



# My Life As A Mom Newsletter



## What to look for?

Top Podcast - Sharing my favorite podcast

Affiliate Post - Check out some deals from some of my affiliates

All About Wine - Wine Wine Winesday every Wednesday

Garden Saturday - Take a Scroll in my garden

MOMENT AS  
A MOTHER  
LEARN THE STRENGTH  
WITHIN

MOM  
#Momlife

## Natural Cleaning Recipes

Come make homemade sanitizers, disinfectants, and more with me on My Life As A Mom Blog



Design





# SKIN CARE

## *Routine*

### 1 Cleanse

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### 2 Exfoliate

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### 3 Hydrate

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### 4 Moisturize

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### 5 Protect

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# BOOK CLUB



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**DISCUSSION EACH  
MONTH**



MY LIFE AS A MOM

*Love Life As It Is. Enjoy What You Do*

ISSUE 3

MARCH 2024

HAPPY  
Easter

BOOK OF THE MONTHS

The Great Undoing  
By Daisy Haites

RECIPES OF THE WEEK

Weekly blog featuring tasty recipes.

LET'S TALK GARDEN

Preparing Your Garden for Spring: Winter Cleaning

DAYS OF THE YEAR

- Easter
- National Reading Month
- St. Patrick's Day
- National Colon Cancer Awareness Month
- Epilepsy Awareness Month
- Development Disability Awareness Month
- Brain Tumour Awareness Month
- National Women's History Month
- National Nutrition Month

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