



## BLACK-EYED PEAS

### Ingredients

- 1 1/2 cups of black-eyed peas
- 1 cup of lentils
- 1 thick cut of boneless ham steak cut into cubes
- 1 onion (chopped)
- 1 cup of celery
- 1 tsp salt (optional)
- 1 tsp of black pepper
- 4 slices of fatback

### Method



Making a Delicious Pot of Black Eye Peas and Lentils

Here's how to make a mouth-watering dish of black-eyed peas and lentils:

- Add the fat back to a large pot of water and bring it to a boil.
- Once boiling, add the black-eyed peas, lentils, onions, and celery to the pot. Cook for 45 minutes to an hour until the peas and lentils are fully cooked.
- Once fully cooked, add the chopped boneless ham to the pot and stir it in. Let it cook for an additional 10 minutes.
- To serve, place the black-eyed peas and lentils over a bed of white rice and cornbread for a delicious meal.