

MY LIFE AS A MOM

LOVE LIFE AS IT IS, ENJOY WHAT YOU DO

ISSUE 10, OCTOBER 2023

WEBSITE:

MYLIFEHOBBIESASAMOM.COM

EDITOR'S NOTES



Hey Friends,

October is here and that means it is finally Fall, the leaves are falling, the air is cool and it feels amazing. This month I will be sharing with you guys some great recipes, crafts, favorite books, affiliates, and so much more. I will also be giving a tour of my garden on how I transfer my garden for the fall/winter season. Get ready with me every Sunday for the week, get inspiration from Moment As A Mother and Mindful Monday, delicious cocktails and wine for Spooky Tuesday, Wine Wine Wednesday, Recipe of the Day Thursday, ...Of the Month Friday, Garden Saturday, and Craft Time. Also, join me for a Halloween treat and decoration.

Affiliates

Cricut

Cents of Style

The California Wine Club

Kiyonna Clothing

Seven Sister Scones

EasyCloset

ShareaSale

Minted

Monday.com

Basic Invites

BeeBeeCraft

Brytn Smile

AccuQuilt

Art of Tea

momAgenda

1st in Coffee

Barkev

Natalie Mills

Amazon

Tea Collection

Grove Collaborative

Bumpin Blends

Wickbox

Garden in Minutes

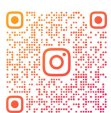
Decor Steals

and more..

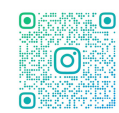
Facebook Page
@MYLIFEASAMOMBLOG



Facebook Group
@QUELASSINPARTY



@QUELASDESIGN



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@QUELASSINPARTY

Taquela Hudson
Blogger & Editor

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Halloween Wine Tasting

- Shop Today Scan QR Code



Stay Connected

- QR Code Scan
- Check Out Website



Garden Update

- Flowers
- Vegetables



Calendar for the Month of

- October
- November



Halloween Decor

- Fall Shopping Haul
- Get Ready with Me for Fall



Quela's Crafting

- Come craft with me



QUELA'S SIP & PARTY PRESENT

HALLOWEEN WINE TASTING

SIP YOUR FAVORITE WINE AT YOUR
FAVORITE FALL SPOT.



**Wildthings
Margarita Pack**
\$135.00



Sparkle Mix Pack
\$171.00



**Sweet & Treat
Gift Set**
\$35 + Price of Wine



Scan QR code shop

SOCIAL MEDIA

FIND MY LIFE AS A MOM ON SOCIAL MEDIA AND KEEP UP-TO-DATE WITH OUR
WEEKLY NEWSLETTER AN SO MUCH MORE.

SUBSCRIBE ONLINE

Social Media

Facebook: @mylifehobbiesasamom / @quelasdesign

Facebook Group: Quela's Sip & Party

Instagram: @mylifeasamomblog / @quelasdesign

@quelassipnparty

Website

Blog: www.mylifehobbiesasamom.com

One Hope Wine:

<https://www.onehopewine.com/myshop/taquela-hudson>

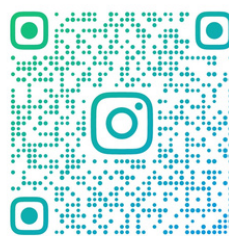
doTerra: my.doterra.com/quelascents

Etsy Shop: www.etsy.com/shop/quelasdesign

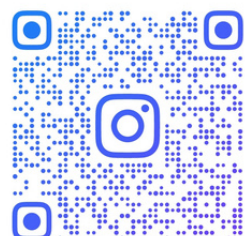
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@QUELASSIPNPARTY



Facebook Page
@MYLIFEASAMOMBLOG



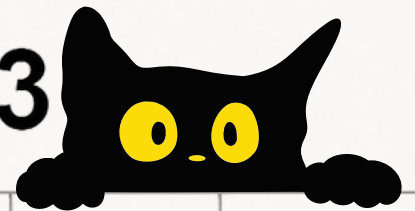
@MYLIFEASAMOMBLOG



@QUELASSIPNPARTY



October 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>planner</p> <ul style="list-style-type: none"> <input type="checkbox"/> Plan Your Week With Me <input type="checkbox"/> Food Prep <input type="checkbox"/> Organize Sunday <input type="checkbox"/> Moment As A Mother <input type="checkbox"/> <p>BUT FIRST</p> <p>Skin Care Sunday</p>	<p>2</p> <p>Mindful Monday</p>	<p>3</p> <p>Spooky Tuesday</p>	<p>4</p> <p>Wine Wine Winesday</p>	<p>5</p> <p>Recipe Day</p>	<p>6</p> <p>COOKBOOK OF THE MONTH</p>	<p>7</p> <p>Garden Time</p> <p>Craft Time</p>
<p>8</p> <p>planner</p> <ul style="list-style-type: none"> <input type="checkbox"/> Plan Your Week With Me <input type="checkbox"/> Food Prep <input type="checkbox"/> Organize Sunday <input type="checkbox"/> Moment As A Mother <input type="checkbox"/> <p>BUT FIRST</p> <p>Skin Care Sunday</p>	<p>9</p> <p>Mindful Monday</p>	<p>10</p> <p>Spooky Tuesday</p>	<p>11</p> <p>Wine Wine Winesday</p>	<p>12</p> <p>Recipe Day</p>	<p>13</p> <p>BOOK OF THE MONTH</p>	<p>14</p> <p>Garden Time</p> <p>Craft Time</p>
<p>15</p> <p>planner</p> <ul style="list-style-type: none"> <input type="checkbox"/> Plan Your Week With Me <input type="checkbox"/> Food Prep <input type="checkbox"/> Organize Sunday <input type="checkbox"/> Moment As A Mother <input type="checkbox"/> <p>BUT FIRST</p> <p>Skin Care Sunday</p>	<p>16</p> <p>Mindful Monday</p>	<p>17</p> <p>Spooky Tuesday</p>	<p>18</p> <p>Wine Wine Winesday</p>	<p>19</p> <p>Recipe Day</p>	<p>20</p> <p>SKIN CARE OF THE MONTH</p>	<p>21</p> <p>Garden Time</p> <p>Craft Time</p>
<p>22</p> <p>planner</p> <ul style="list-style-type: none"> <input type="checkbox"/> Plan Your Week With Me <input type="checkbox"/> Food Prep <input type="checkbox"/> Organize Sunday <input type="checkbox"/> Moment As A Mother <input type="checkbox"/> <p>BUT FIRST</p> <p>Skin Care Sunday</p>	<p>23</p> <p>Mindful Monday</p>	<p>24</p> <p>Spooky Tuesday</p>	<p>25</p> <p>Wine Wine Winesday</p>	<p>26</p> <p>Recipe Day</p>	<p>27</p> <p>ART OF THE MONTH</p>	<p>28</p> <p>Garden Time</p> <p>Craft Time</p>
<p>29</p> <p>planner</p> <ul style="list-style-type: none"> <input type="checkbox"/> Plan Your Week With Me <input type="checkbox"/> Food Prep <input type="checkbox"/> Organize Sunday <input type="checkbox"/> Moment As A Mother <input type="checkbox"/> <p>BUT FIRST</p> <p>Skin Care Sunday</p>	<p>30</p> <p>Mindful Monday</p>	<p>31</p> <p>Spooky Tuesday</p> <p>HALLOWEEN</p>				



November 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1  Wine Wine Winesday	2 BUT FIRST Skin care Thursday 	3 COOKBOOK OF THE MONTH 	4 Craft Time  Garden Time 
5 <div>planner <input type="checkbox"/> Plan Your Week With Me <input type="checkbox"/> Food Prep <input type="checkbox"/> Organize Sunday <input type="checkbox"/> Moment As A Mother <input type="checkbox"/></div>	6  Mindful Monday	7 Holiday Cocktail 	8  Wine Wine Winesday	9 BUT FIRST Skin care Thursday 	10 BOOK OF THE MONTH 	11 Craft Time  Garden Time 
12 <div>planner <input type="checkbox"/> Plan Your Week With Me <input type="checkbox"/> Food Prep <input type="checkbox"/> Organize Sunday <input type="checkbox"/> Moment As A Mother <input type="checkbox"/></div>	13  Mindful Monday	14 Holiday Cocktail 	15  Wine Wine Winesday	16 BUT FIRST Skin care Thursday 	17 SKIN CARE OF THE MONTH 	18 Craft Time  Garden Time 
19 <div>planner <input type="checkbox"/> Plan Your Week With Me <input type="checkbox"/> Food Prep <input type="checkbox"/> Organize Sunday <input type="checkbox"/> Moment As A Mother <input type="checkbox"/></div>	20  Mindful Monday	21 Holiday Cocktail 	22  Wine Wine Winesday	23 BUT FIRST Skin care Thursday 	24 ART OF THE MONTH 	25 Craft Time 
26 <div>planner <input type="checkbox"/> Plan Your Week With Me <input type="checkbox"/> Food Prep <input type="checkbox"/> Organize Sunday <input type="checkbox"/> Moment As A Mother <input type="checkbox"/></div>	27  Mindful Monday	28 Holiday Cocktail 	29  Wine Wine Winesday	30 BUT FIRST Skin care Thursday 	FLOWER OF THE MONTH 	Garden Time  Craft Time 

GET READY WITH ME

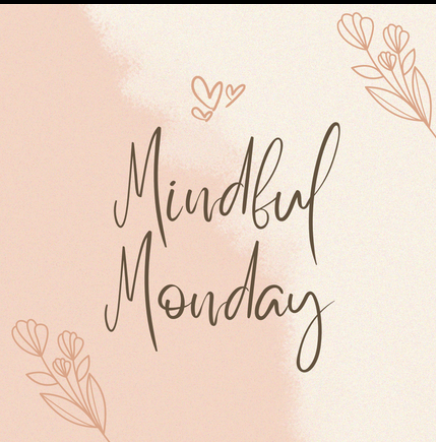
Sunday

- *Food Prep*
- *Get Ready For The Week*
- *Organize Sunday*
- *Moment As A Mother*
-
-
-

Check Out!

My Life As A Mom

THIS MONTH



TIPSY TUESDAY

EVERY TUESDAY NEW DRINK
RECIPE



Wine Wine Winesday



Skin Care Thursday



The background of the entire image is a top-down view of various autumn leaves scattered on a light-colored surface. The leaves are in various shades of brown, tan, and some hints of red. They are of different shapes and sizes, some showing detailed vein patterns. A large, semi-transparent white rectangular box is centered over the image, serving as a backdrop for the text.

FALL AFFILATES

Check out some great deals for the
Fall from my affiliates.

Look out for great deals on
My Life as A Mom website.

COOKBOOK OF THE MONTH



BOOK OF THE MONTH

IA town torn apart by fear... There's an old house up on a hill in the woods that the kids call "Halloween House". They accused the mysterious old woman who lived there of being a witch until the rumors got out of hand and the panicked townspeople burned her house down with her in it one Halloween. She only said one thing before she died: "A curse on all of you!" Now, three years later, the spooky holiday approaches again, and Carmen is left in charge of taking her little brother trick-or-treating. But strange things begin happening around the small town.





DOTERRA

October Promotion

THE COZY BLEND IS BACK

As the leaves turn and the air becomes chillier, you can keep your home warm with the Hygge® and Myst 2.0 bundle. This limited-time duo can make any room feel cozy, so buy it now while supplies last! You can also purchase Hygge Cozy Blend as a single oil.



SMOKY AND GROUNDING

Snag smoky, grounding Guaiacwood at 10% off all October while supplies last.



A FALL FOREST WITH BALSAM FIR

Balsam Fir is the Product of the Month! Receive it for free with a 125 PV or more loyalty order placed by October 15—available while supplies last.

WARM YOUR SENSES

Prepare for autumn leaves and delicious spicy smells with Harvest Spice® Gathering Blend. Available for a limited time while supplies last!



SCAN QR CODE
TO START
SHOPPING



Shop Now

fall SALE

Up to 10% off
with code WELCOME23



Designs

Quela's Designs & Planning
LLC

MODERN HARVEST FALL PLANTING



Check out all the new updates on My Life As A Mom Blog for tips and tricks on how I keep my garden flourishing during the season and all of the new things that I am growing and planting.





Affiliates

This entire page contains affiliate banners and will be compensated by making sure that My Life As A Mom stay-up-to-date when you make a purchase by clicking on my links on the blog.



MAKE IT YOUR OWN

Whether you want a subtle look or a show stopper, our rings will help you get there.

SHOP NOW



PREMIUM FRAGRANCES.
100% AUTHENTIC.

SHOP NOW

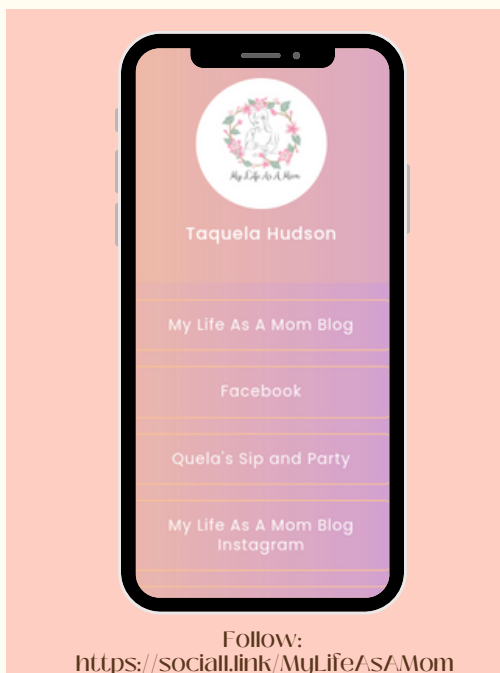


PERFUMANIA

Order Pappy Van Winkle online at Nestor Liquor
& get it delivered right to your door!



My Life As A Mom Newsletter



What to look for?

Top Podcast - Sharing my favorite podcast

Affiliate Post - Check out some deals from some of my affiliates

All About Wine - Wine Wine Winesday every Wednesday

Garden Saturday - Take a Scroll in my garden

MOMENT AS
A MOTHER
LEARN THE STRENGTH
WITHIN

MOM
#Momlife

Natural Cleaning Recipes

Come make homemade sanitizers, disinfectants, and more with me on My Life As A Mom Blog

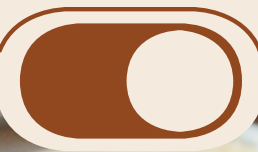




Fall Quote

"It looked like the world was covered in a cobbler crust of brown sugar and cinnamon."

~ Sarah Addison Allen



fall AFFIRMATIONS



I am worthy of
what I desire



I will not compare
myself to strangers on
the Internet



I have the power to
create change



I am in charge of
my life



Chocolate Chip Sweet Potato Loaf



PREP TIME:
10 min



TOTAL TIME:
30 min



SERVINGS:
12

INGREDIENTS:

- 2 cups of Pancake Mix
- 1 bag of frozen Rice Sweet Potato (thaw) (puree)
- 1 egg
- 2 tablespoon of Pumpkin Pie Spice
- 1 tablespoon of Cinnamon
- 2 tablespoon of Butter Melted
- 1 1/2 tablespoon of Vanilla Extract
- 1 cup of Sugar
- 2 tablespoon of Brown Sugar
- 1 cup of Semi-Sweet Chocolate Chip



PUMPKIN PIE SPICE ICING

- 1/2 of an 8oz Cream Cheese
- 1 tablespoon of Pumpkin Pie Spice
- 1 tablespoon of Cinnamon
- 1 tablespoon of milk
- 1 cup of Powder Sugar
- 1 tablespoon of Vanilla Extract

Pre heat oven to 350 degrees

- Put your frozen bag of rice sweet potato into a microwave and follow directions on the back.
- In a blender or magic bullet puree your sweet potato with a little water until creamy. I like mine to have a little chunks in it.
- In a mixing bowl add your pancake mix, pumpkin pie spice, cinnamon and mix it together.
- Melt your butter in the microwave for 15 seconds.
- In another bowl mix sweet potato puree, egg, vanilla, brown sugar, sugar and butter in a bowl.
- Mix the wet ingredients and dry ingredients together until it fully corporate.
- Last, add your Semi-Sweet Chocolate Chip and fold it into your batter.
- Spray your loaf pan with non-stick cooking spray and pour the mixture into the loaf pan and bake it for 45 mins (depending on oven) and do the toothpick/fork test to make sure it done.
- Take out oven and let cool completely.



PRINTABLE BOOKMARKS





Printable Bookmarks



TAKE CARE OF YOUR SELF CARE

CHECKLIST

	M	T	W	T	F	S	S
Meditate for 10 min	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Deep breathing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Walk for at least 15 min	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Talk to friends	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Journal for 15 min	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Listen to a podcast or read a book	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Exercise or run for 30 min	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Healthy diet	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Take vitamins	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
No technology 30 min before bedtime	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7-8 hours of sleep	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

NOTES



BOOK CLUB

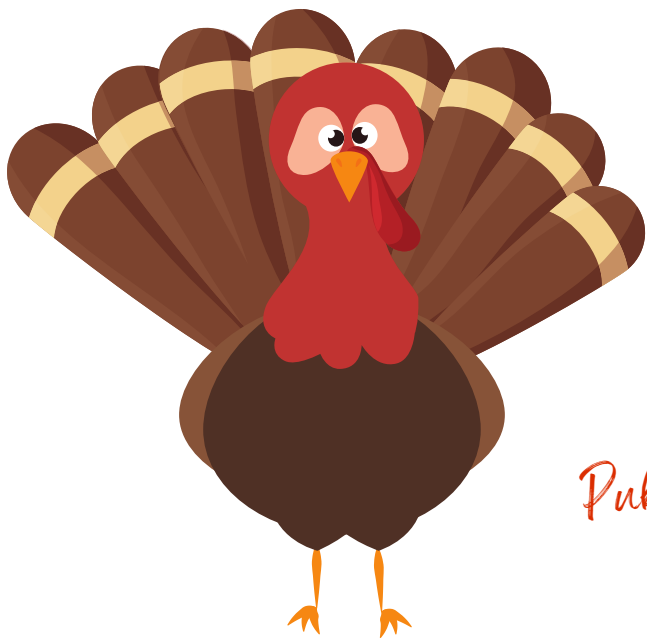


JOIN ME FOR A BOOK

DISCUSSION EACH
MONTH



November Digest Coming Soon



Published on October 1, 2023

