



Issue 6, June 2023

MY LIFE AS

Love Life As It Is, Enjoy What You Do

A MOM

BLOG
MAGAZINE

Garden
Projects

WINE
TASTING

EDITOR NOTES

Affiliates
Cricut
Cents of Style
The California Wine Club
Kiyonna Clothing
Seven Sister Scones
EasyCloset
ShareaSale
Minted
Monday.com
Basic Invites
BeeBeeCraft
Brytn Smile
AccuQuilt
Art of Tea
momAgenda
ist in Coffee
Barkev
Natalie Mills
Amazon
Tea Collection
Grove Collaborative
Bumpin Blends
Wickbox
Garden in Minutes
Decor Steals
and more..



Hey Friends,

June is here and that means summer when everyone is getting ready to head out on summer vacation, relax and enjoy the beautiful hot weather. This summer I will be sharing with you the new seedlings that I have been growing, the summer vacation that has been taken and so much more this summer.

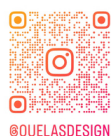
I will be also sharing some summer recipes that are light and refreshing and easy to make. Stay tuned for those delicious recipes.

Love essential oils like I do visit me on my website for great home remedies on how to use your favorite essential oils in your everyday life. Check out "...Of the Month" for books, cookbooks, make-up recommendations, and more. Join me and follow me on My Life As A Mom Blog social media by scanning the QR code on your left.

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Taquela Hudson
Blogger & Editor

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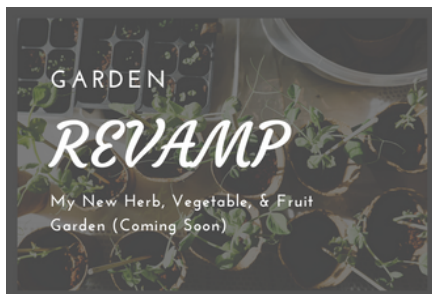
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15

Learn the benefits of essential
oils and more..

GARDEN UPDATE

NEW THINGS IN THE GARDEN



NEW THINGS TO COME

- Greenhouse Clean with Me
- Plant New Seeds with Me
- Organize the Garden with Me
- New Garden Plans
- Come Transplant with Me
- My Garden Board

Storing Seeds

- Store your seeds in air tight container in a cool place
- Label your container to make sure you know what type of seeds are in each container
- Make a sure all of your seeds are dried before storing them
- -----

LANDSCAPE

Rearranging the Garden and Greenhouse



This April you will see my garden in a very different light. Everything you see (picture above) will be completely different. The greenhouse that is circle in red that you see flip over in the woods is finally back up and in a new location. Very excited to show and share the new plans and ideas for it.

Garden Area and Small Greenhouses



In the first greenhouse that you see (picture on the left) I store all of my planted vegetables, herbs, and fruit seeds in here. This month I am very excited to transplant everything that is there to the main garden and start on new seeds. I get very excited around this time of year and watching everything that I planted grow from a seed to an actual vegetable or fruit just amazed me every time.



In the second greenhouse (picture on the right) I store all of my seeds, soil, tools, and more in here. Eventually, I will do the same thing to this greenhouse as the other one but right now until I finish with the Big Greenhouse this will be my storage greenhouse. I also, start some new seeds that will eventually be moved to the other greenhouse with the sprinkler system, so they can get the same treatment as the other ones did before they got moved to their new permanent home.

THINGS I DO IN MY SPARE TIME



LOOK AT
PLANTS



THINK ABOUT
PLANTS



RESEARCH
PLANTS



HANG OUT
WITH PLANTS



TALK ABOUT
PLANTS



WATCH PLANT
VIDEOS

... of the Month

Garden Book of the Month

Mini Farming

Mini Farming describes a holistic approach to small-area farming that will show you how to produce 85 percent of an average family's food on just a quarter acre—and earn \$10,000 in cash annually while spending less than half the time that an ordinary job would require.

Even if you have never been a farmer or a gardener, this book covers everything you need to know to get started:

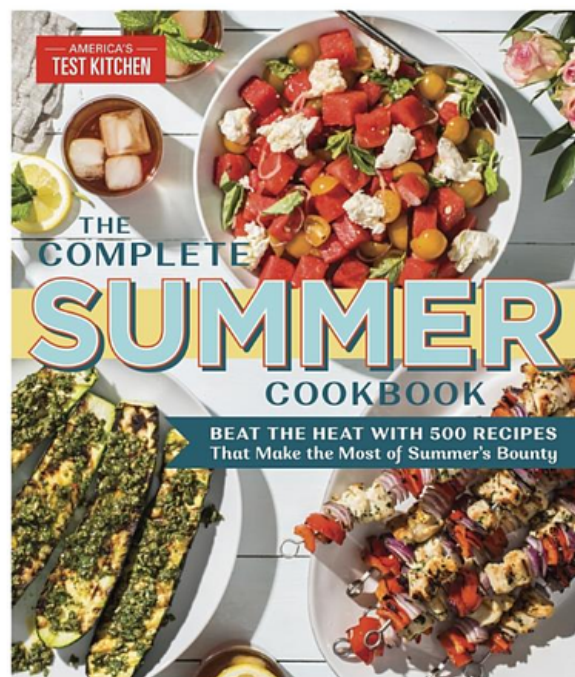
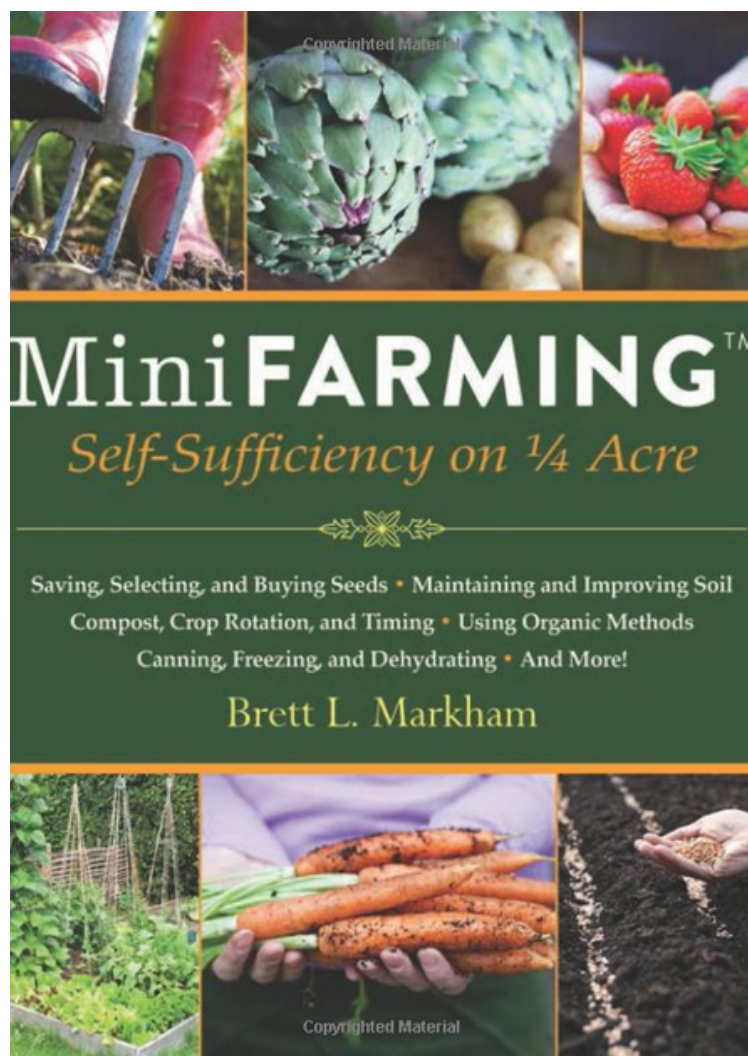
- Buying and saving seeds
- Starting seedlings
- Establishing raised beds
- Soil fertility practices
- Composting
- Dealing with pest and disease problems
- Crop rotation
- Selling your produce and planning, and much more.

Because self-sufficiency is the objective, subjects such as raising backyard chickens and home canning are also covered along with numerous methods for keeping costs down and production high. Materials, tools, and techniques are detailed with photographs, tables, diagrams, and illustrations.

Summer Cookbook of the Month

The only cookbook you'll need during the year's warmest months

A hot day and hanging over your stove were never meant to be. When fresh produce beckons but you haven't much energy to respond, these recipes help you settle into a more relaxed kind of cooking designed to keep you and your kitchen cool.



Essential Oil of the Month

Celery Seed

Sourced from the celery plant, Celery Seed essential oil improves digestion when taken internally.* It is soothing to the skin and adds to a comforting after-workout massage.

Celery was used as early as the 5th century by the Chinese, and is widely used in Indian Ayurvedic practices today. Conventionally grown grocery store celery looks nothing like the celery seen at local farmers' markets. The celery plant grows up to three feet tall, is bright green, and radiating with life. Celery has a complex, strong, sweet, and spicy aroma.



Skin Care of the Month


Femme Collection By Beverly Hill Global








MINDFULNESS FOR MENTAL HEALTH

Cultivating awareness and inner peace

 Mindfulness is the practice of being present and aware in the moment. It can help reduce stress and anxiety, improve mood, and promote overall well-being. Here are some tips to help you cultivate mindfulness.

 Start with your breath. Take a few deep breaths and focus on the sensation of the air moving in and out of your body. This can help you become more grounded and present.

 Practice mindful meditation. Set aside a few minutes each day to sit in quiet reflection. Focus on your breath, body sensations, or a mantra to help you stay present.

 Engage your senses. Take a few moments to notice the sights, sounds, smells, and tastes around you. Engaging your senses can help bring you into the present moment.

Sip & Slice

Wine Tasting

Sip your favorite wine with your favorite slice of pizza.



Low Sugar Red
\$143.10



Low Sugar White
\$184.50



Scan QR code shop

Pizza Night
Gift Set
(Choose your wine)
Starting at \$65



What to look for this Month?

Top Podcast

Sharing my favorite Podcast for summer.

Affiliate Post

Look out for some affiliate posts for great deals and sales.

All About Wine

Wine Wine Winesday

Garden Saturday

Get Summer ready with me in my garden and let's plan and plant some great things together.



SOCIAL MEDIA

FIND MY LIFE AS A MOM ON SOCIAL MEDIA AND KEEP UP-TO-DATE WITH OUR
WEEKLY NEWSLETTER AN SO MUCH MORE.

SUBSCRIBE ONLINE

Social Media

Facebook: @mylifehobbiesasamom / @quelasdesign

Facebook Group: Quela's Sip & Party

Instagram: @mylifeasamomblog / @quelasdesign

@quelassipnparty

Website

Blog: www.mylifehobbiesasamom.com

One Hope Wine:

<https://www.onehopewine.com/myshop/taquela-hudson>

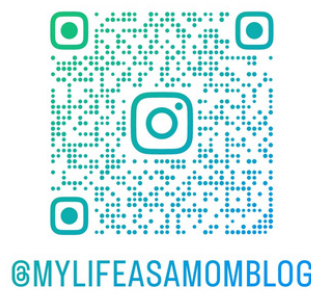
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Etsy Shop: www.etsy.com/shop/quelasdesign

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My Life As A Mom

Wedding Celebration



Happily Ever
After Begins
Here!
Wine Tasting

Like Wine Love Gets Better With Age



Get Your Copy By Downloading it Today

GREENHOUSE GARDEN

Issue 5 May 2023



LEARN PLANT GROW

Come join me in my garden
for a fun, exciting,
educational way to grow your
vegetables at home whether
its big or small.

mylifehobbiesasamom.com

June 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 BUT FIRST Skin care Thursday 	2 OF THE MONTH	3 
4 	5  Mindful Monday	6 Tippy Tuesday 	7	8 BUT FIRST Skin care Thursday 	9 OF THE MONTH	
11 	12  Mindful Monday	13 Tippy Tuesday  NATIONAL SEWING MACHINE DAY 	14	15 BUT FIRST Skin care Thursday 	16 OF THE MONTH 	
18 HAPPY FATHER'S DAY 	19  June 19th	20 Tippy Tuesday 	21 HELLO SUMMER 	22 BUT FIRST Skin care Thursday 	23 OF THE MONTH	
25 	26  Mindful Monday	27 Tippy Tuesday 	28	29 BUT FIRST Skin care Thursday 	30 OF THE MONTH	



WHAT ARE ESSENTIAL OILS?

Essential oils are the essence of a plant, a gift from the earth, distilled and prepared for you to bring the power of nature into your home.

Inside many plants—hidden in roots, seeds, flowers, bark—are concentrated, highly potent chemical compounds. These natural compounds are essential oils.

Essential oils give a plant its scent, protect it from hazardous environmental conditions, and even assist it with pollination, among other important functions and benefits.

HOW DO ESSENTIAL OILS WORK?

When you open a bottle of pure, unadulterated essential oil, your senses are instantly filled with its potent aroma, even from a distance. What your nose detects are the naturally occurring elements of the essential oil. Every essential oil varies in its natural makeup, so aromas and benefits are also unique. For example, Lavender oil includes elements that make it effective for soothing skin irritations, and promoting a restful environment for sleep. Meanwhile, when taken internally, Frankincense oil supports immune, nervous, and digestive systems, and aids in healthy cellular function.*

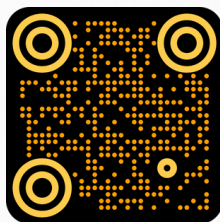


METAPWR™ STARTER SYSTEM

Supporting your metabolism, energy and health on a cellular level.*



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Designed to be used in a system, each MetaPWR product offers a specialty, while also supporting and enhancing the benefits of the other products. The MetaPWR System Collection includes the following:

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- MetaPWR Advantage with Collagen + NMN
- MetaPWR Metabolic Blend Softgels
- MetaPWR Metabolic Blend Beadlets
- MetaPWR Metabolic Blend Satiety Gum
- One year of doTERRA Wholesale membership

Newsletter

SUBSCRIBE

Signup for our weekly newsletter to get the latest news, updates and amazing offers delivered directly in your inbox.



The California Wine Club has some fantastic wines to choose from during the summer season. Shop for great wine and more with The California Wine Club

Get Gift Cards,
Two Extra Bottles
Bubbly on Us, and so much more.

Learn more on My Life As A Mom

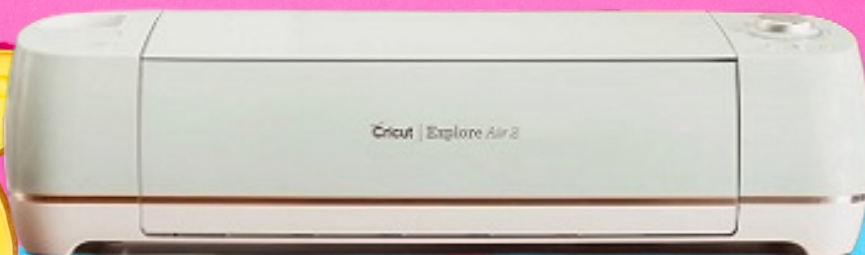


Seven Sisters
SCONES

Summer is around the corner. Order your delicious scones today! Try their special



Craft your Spring
decor with Cricut





Days of the year

SUMMER EDITION

EVERY THURSDAY

LOOK OUT FOR DAYS OF THE YEAR

National Day of your favorite

- Ice Cream
- Holiday
- Causes
- Flower
- Pet
- Show
- and so much more...

SUMMER
HOLIDAYS

PLANNER

MY YEARLY PLANNER

COLOR CODE SYSTEM

*How I keep everything
organize with my color
code system*

DUE DATES FOR BILL

*Reminder to write down
all of your due date for
each bill coming up*

SAVING IDEAS

Learn how to save on a
budget with Saving
Organizer

Backyard
Style



Greenhouse Gardening

*Plants aren't just a hobby,
they're a lifestyle.*



Learn how to grow all things in a small or big space. Whether it's fruit, vegetables, herbs, shrubs, or more, join me in learning all things crops in the garden.



June Brunch

Let's Have Brunch

Scrambled Eggs, Home
Fried Potatoes, Pork
Bacon, Sausage Link,
Fried Chicken, Salmon,
Croquette, Pancake, Fruit
Plate, Waffle, Orange
Juice, Lemonade, Water,
Tea, and Hot & Ice
Coffee.



My Life As A Mom

MOMENT AS A MOTHER

LEARN THE STRENGTH
WITHIN



#Momlife



Natural Cleaning Recipes

Come make homemade
sanitizers, disinfectants,
and more with me on
My Life As A Mom Blog



Design

Coming Soon

Father's Day

Gift Ideas



July Back to School Shopping



July Digest Coming Soon



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