

MY LIFE AS A

Love Life As It Is, Enjoy What You Do

MOM

Issue 2, February 2023

BLACK
HISTORY
IS
WORLD
HISTORY

BLOG MAGAZINE

BLACK HISTORY

WINE TASTING

EDITOR NOTES

Affiliates
Cricut
Cents of Style
The California Wine Club
Kiyonna Clothing
Seven Sister Scones
EasyCloset
ShareaSale
Minted
Monday.com
Basic Invites
BeeBeeCraft
Brytn Smile
AccuQuilt
Art of Tea
momAgenda
ist in Coffee
Barkev
Natale Mills
Amazon
Tea Collection
Grove Collaborative
Bumpin Blends
Wickbox
Garden in Minutes
Decor Steals
and more..



February is Black History Month when we celebrate the history and honor our African-Americans, learn the history, and celebrate what we overcome. This month acknowledge the key figures that change the black community and celebrate them. Are you looking for that special gift for your sweetheart or Valentine's Day, well check out some great deals from my affiliates on the My Life As A Mom blog. Mardi Gras is February 21st, what are some of your favorite food from the Mardi Gras celebration? Look out for more great deals, tips, and tricks for this month of February. Learn about budgeting, crafting, gardening, and so much more.

Taquela Hudson
Blogger & Editor



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ESSENTIAL OILS AND MORE..



Valentine's Day **CHECKLIST**



GETTING READY FOR SPRING



- How are you preparing for your spring garden?
- What are you planting for the spring season?



Learning the plans of planting new seeds for the Winter Season in the Garden.

Creating a new Spring gardening is very exciting to me. I cannot wait to share with you on my blog the new and exciting things to come.

Here are some of the ideas that I am thinking of growing in my garden:

- Cabbage
- Peas
- Collards
- Carrots

just a few to name. Come join me in my garden and help me plant some Winter Seeds.



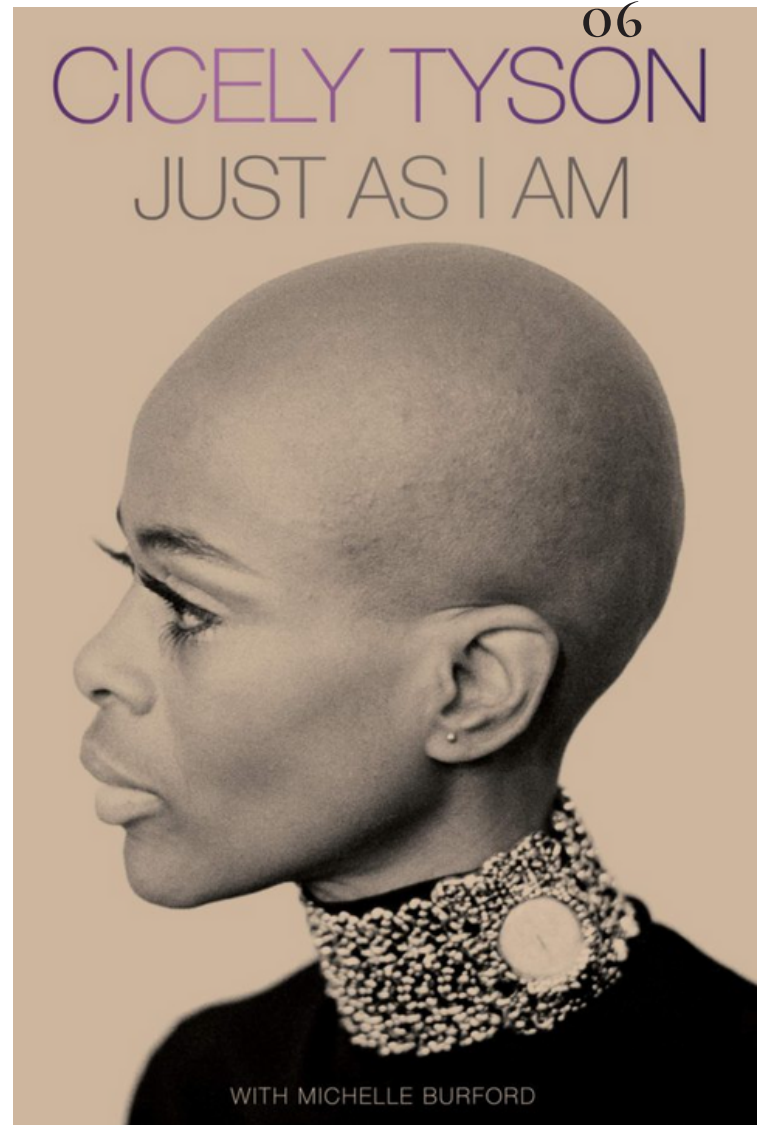
... of the Month

Book of the Month

Just As I Am

"In her long and extraordinary career, Cicely Tyson has not only succeeded as an actor, she has shaped the course of history." -President Barack Obama, 2016 Presidential Medal of Freedom ceremony

"Just as I Am is my truth. It is me, plain and unvarnished, with the glitter and garland set aside. In these pages, I am indeed Cicely, the actress who has been blessed to grace the stage and screen for six decades. Yet I am also the church girl who once rarely spoke a word. I am the teenager who sought solace in the verses of the old hymn for which this book is named. I am a daughter and a mother, a sister and a friend. I am an observer of human nature and the dreamer of audacious dreams. I am a woman who has hurt as immeasurably as I have loved, a child of God divinely guided by his hand. And here in my ninth decade, I am a woman who, at long last, has something meaningful to say." -Cicely Tyson



Cookbook of the Month

Want to bake the most-awesome-ever cupcakes? Or surprise your family with breakfast tacos on Sunday morning? Looking for a quick snack after school? Or maybe something special for a sleepover? It's all here. Learn to cook like a pro—it's easier than you think.

For the first time ever, America's Test Kitchen is bringing our scientific know-how, rigorous testing, and hands-on learning to help KIDS in the kitchen! Using kid-tested and approved recipes, America's Test Kitchen has created THE cookbook every kid chef needs on their shelf. Whether you're cooking for yourself, your friends, or your family, The Complete Cookbook for Young Chefs has delicious recipes that will wow!

Essential Oil of the Month

SuperMint

*I Crisp, clean, and compelling, doTERRA SuperMint brings together CPTG® Peppermint, Japanese Mint, Bergamot Mint, and Spearmint essential oils for a powerfully refreshing blend. When diffused or used topically, doTERRA SuperMint offers an invigorating and energizing aroma, creating an uplifting environment that's ideal for mental focus and enhanced stamina. Menthol—the primary chemical constituent of doTERRA SuperMint—promotes a cooling sensation when inhaled, which may contribute to feelings of open airways. When applied to the skin during a massage, its cooling effect may be soothing and comforting. This synergistic blend helps freshen the breath and can be taken internally to support a healthy digestive system.**



Make-up of the Month

Gel Pen



Skin Care of the Month



Just For You



Recipe of the Month

Heart Shape Chocolate Chip Cookies

SERVINGS: 12

PREPPING TIME: 10 MIN

COOKING TIME: 20 MIN

Ingredients

- 1/2 cup of shorten
- 1 cup of brown sugar
- 1 teaspoons vanilla extract
- 2 cups of baking mix
- 1 cup of milk chocolate chip
- 1 egg

Directions

In a large mixing bowl add your shortening, brown sugar, and vanilla flavor and blend it with your handheld mixer for until the mixture is nicely whipped.

Next, add your egg and beat it with the mixture for one minute.

Third, add your baking mix to the mixture until the mixture forms a dough.

Last, add and fold your chocolate chip into the dough.

After, everything is fully mixed together adds flour to your surface or cupboard. Put your dough on top of the floured surface and roll your dough out until to the thickness that you like. Use heart shape cookie cutter or any cookie cutter that you like and cut the cookies and place them on a cookie sheet.

Bake the cookies for 10 to 15 minutes or until the cookies are golden brown.

Take the cookies out of the oven and let them cool for 10 minutes and enjoy!!

SWEETHEART

Wine Tasting

Valentine's Day is around the corner and Quela's Sip & Party has all the wines you need to celebrate with your sweetheart.

Check out the sweet selection



Sweet 6-Pack
\$151.20



Moscato Lover Pack
\$104.50



CA Brut Sparkling Rosé
Pink Shimmer Etched
Edition -
I Love You More Than Wine



What to look for this Month?

Monday Inspirational Workout Post

Come join me on my Monday Inspirational Workout where I workout on certain area of my body and more. I will also take you on my meal journey as well all of the things that I will be eating throughout the day and week.

Affiliate Post

Look out for some affiliate post for great deals and sale.

Wednesday Madness

Lookout for:
Wedding Wednesday Celebration
Wine Wine Winesday
Wing Wednesday
Wellness Wednesday

Garden Saturday

Get Spring ready with me in my garden and lets plan and plant some great things together.



SOCIAL MEDIA

FIND MY LIFE AS A MOM ON SOCIAL MEDIA AND KEEP UP-TO-DATE WITH OUR WEEKLY NEWSLETTER AN SO MUCH MORE.

SUBSCRIBE ONLINE

Social Media

Facebook: @mylifehobbiesasamom | @quelasdesign

Facebook Group: Quela's Sip & Party

Instagram: @mylifeasamomblog | @quelasdesign

@quelassipnparty

Website

Blog: www.mylifehobbiesasamom.com

One Hope Wine:

<https://www.onehopewine.com/myshop/taquela-hudson>

doTerra: my.doterra.com/quelascents

Etsy Shop: www.etsy.com/shop/quelasdesign



ONE HOPE



dōTERRA[®]





Wedding Wednesday
Celebration

GET ORGANIZE!

ORGANIZE YOUR FINANCES

Gather all your bills and corresponding paperwork and decide on one place to keep all of them together.

ORGANIZE YOUR BILL-PAYING SYSTEM

Decide on a comfortable place to pay your bills. It could be a home office, but if you don't like your office area or don't want to spend time there, find a place you do like.

ORGANIZE YOUR RECEIPT & TAXES

Gather all of your loose receipts. Sort them into piles: Bank receipts, Credit Card Receipt and more.



Stay Organized

Once a Month

- Schedule a day for yourself
- Write in your journal for a few minutes

Every 3-6 Month

- Spend an hour alone to take stock of your emotional state

Once a Year

- On your birthday make an effort to reflect the past year. What did you learn?

Get yourself organize for the new year with the Organize Now! book this book can help you not only get your mental self right but also your personal and house in order.

Use the Organize Now! A week-by-week guide to simplify your space and your life

by Jennifer Ford Berry





February 2023



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JUNIPER BERRY ESSENTIAL OIL

Balsamic, fresh, woody, spicy

Derived from the coniferous tree, Juniper Berry essential oil has a rich history of traditional uses and benefits. Juniper Berry used internally supports healthy kidney and urinary tract function.* Juniper Berry acts as a natural skin toner and reduces the appearance of skin blemishes. Its woody, spicy, yet fresh aroma is calming and grounding. When diffused, Juniper Berry creates a grounding environment.

LEMON EUCALYPTUS ESSENTIAL OIL

Fresh, lemony

Lemon Eucalyptus essential oil is derived from a lemon scented blue gum eucalypti plant, a tall tree with smooth bark. Native to northern Australia, the oil is known for its refreshing aroma that helps create an invigorating environment.



METAPWR™ STARTER SYSTEM

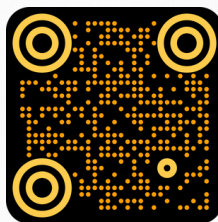
Supporting your metabolism, energy and health on a cellular level.*



Designed to be used in a system, each MetaPWR product offers a specialty, while also supporting and enhancing the benefits of the other products. The MetaPWR System Collection includes the following:

- MetaPWR Metabolic Blend
- MetaPWR Assist
- MetaPWR Advantage with Collagen + NMN
- MetaPWR Metabolic Blend Softgels
- MetaPWR Metabolic Blend Beadlets
- MetaPWR Metabolic Blend Satiety Gum
- One year of doTERRA Wholesale membership

Subscribe



Newsletter

SUBSCRIBE

Signup for our weekly newsletter to get the latest news, updates and amazing offers delivered directly in your inbox.





The California Wine Club has some fantastic wines to choose from for Valentine's Day.

Get Gift Cards, Two Extra Bottles Bubbly on Us, and so much more.

Learn more on My Life As A Mom



Galentines & Valentine's Day is around the corner.

Order your delicious scones today! Try their special Strawberry and Champagne flavor scones!



Craft your Valentine with Cricut



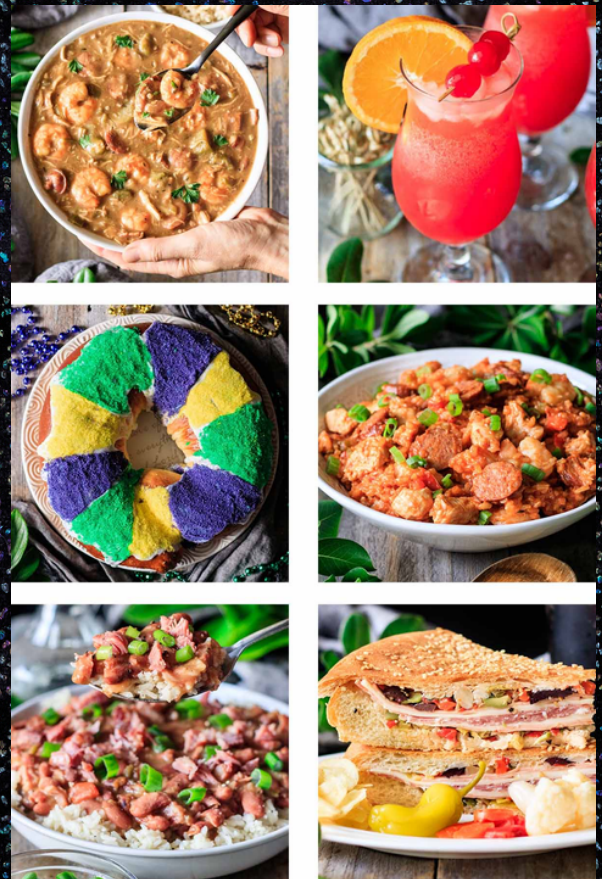


MARDI GRAS

The origins of Mardi Gras can be traced to medieval Europe, passing through Rome and Venice in the 17th and 18th centuries to the French House of the Bourbons. From here, the traditional revelry of "Boeuf Gras," or fatted calf, followed France to her colonies.

Learn more information about Mardi Gras by visiting <https://www.mardigrasneworleans.com/history/>

Mardi Gras Food



PLANNER

MY YEARLY PLANNER

COLOR CODE SYSTEM

*How I keep everything
organize with my color
code system*

DUE DATES FOR BILL

*Reminder to write down
all of your due date for
each bill coming up*

DUE DATES FOR BILL

*Reminder to write down
all of your due date for
each bill coming up*

Backyard
Style



Greenhouse Gardening

*Plants aren't just a hobby,
they're a lifestyle.*



Learn how to grow all things in a small or big space. Whether its fruit, vegetables, herbs, shrubs or more. Come join me into learning all things crop in the garden.

BLACK History MATTERS

Black History Month was created to focus attention on the contributions of African Americans to the United States. It honors all Black people from all periods of U.S. history, from the enslaved people first brought over from Africa in the early 17th century to African Americans living in the United States today.



MOMENT AS A MOTHER

LEARN THE STRENGTH WITHIN



FIND STRENGTH

ONE STEP

BE YOURSELF

LIFT OTHERS



Shopping Haul

Come join me on my shopping haul adventure whether its grocery, clothes, etc.

~ Jaquela





March Digest
Coming Soon



Published on January 31, 2022